



Eau Claire County Aging Plan 2025-2027

Table of Contents

Executive summary

Context

Development of the aging plan

Goals and strategies

Program advancement

Organizational structure and leadership of the aging unit

Budget summary

Verification of intent

Appendices

Terms and Acronyms

Executive summary

The Aging & Disability Resource Center (ADRC) of Eau Claire County's mission is to advocate for individuals age 60+ and adults living with disabilities, and assist them in securing needed services or benefits, live with dignity and security, and achieve maximum independence and quality of life. We empower individuals to make informed choices and to streamline access to the right and appropriate services and support.

Eau Claire County ADRC provides a central foundation of reliable and unbiased information and assistance, outreach, long-term care options counseling, elder benefit specialist services, disability benefit services, health promotion and prevention, short-term service coordination, dementia-specific programs and education, transportation options and nutritional services. ADRC services are available to older adults and adults living with disabilities regardless of income and regardless of the individual's eligibility for publicly funded long-term care. ADRC services are also available to families, caregivers, and others who work with or care about older people or adults with disabilities.

The Aging and Disability Resource Center of Eau Claire County is a fully integrated aging unit and ADRC. It is housed as a stand-alone department of Eau Claire County government. The ADRC's primary location is at the Eau Claire County Government Center within the City of Eau Claire. At this location, the ADRC is co-located with Eau Claire County Veteran Services. There is also a satellite office located in Augusta at the Augusta Senior and Community Center and operate a central kitchen that is co-located with the highway department. The satellite office in Augusta is open the first Wednesday of every month so residents of the rural area of the county have an opportunity to have walk-in services and benefits within their local community. The central kitchen operates Monday through Friday and provides a daily lunch for the congregate and home delivered meal programs and has office space available.

Eau Claire County's 2025-2027 Aging Plan was developed with input from the community and goals emphasize development of new services, expansion of existing services, and enhancing our efforts to connect with people before they are in crisis or in need of more long-term care supports.

We initiated two community engagement activities, which resulted in 383 survey responses and 284 additional individuals were given a presentation on the aging plan and the importance of filling out the survey. The top health concerns identified were brain health, arthritis, preventing falls and sufficient exercise opportunities. The survey also showed that community members feel affordable housing, transportation, home

health options and help with repairs and upkeep are the primary issues facing older adults. As a result of the community engagement activities, the following goal statements were established to assist in addressing current needs and challenges within our community:

- More than 40% of Eau Claire County survey participants report that brain health and dementia are a top concern as they age. To help mitigate these concerns, the Dementia Care Specialist will implement a brain health “Knowledge is Power” campaign in rural communities of Eau Claire County (Fall Creek, Augusta, and Fairchild). Education on brain health and dementia can help older adults make better decisions about brain health, boost problem-solving skills, build confidence, support behavior change, and achieve success. Correct information can also protect individuals from misinformation and lay the foundation for a better future including follow-up and better care with a primary care physician when concerned about memory loss.
- Non-professional caregivers are as vital a resource to aging Wisconsinites as ever. The ADRC/Aging Unit wants to provide education, support and emotional buoyancy to these important caregivers. The Eau Claire ADRC/Aging Unit will create a new, comprehensive guidebook for caregivers of all types (not dementia specific).
- To provide equitable access to evidence-based programs, fostering a sense of belonging, and mitigating the negative effects of social isolation and loneliness, the ADRC will implement quarterly presentations promoting health promotion through DIII Healthy Aging programs in rural communities of Eau Claire County in the first year. The presentation aims to create a “choose your own adventure” interactive demonstration to give participants a sampling of activities from three evidence-based workshops that foster feelings of connection, support, and empowerment.
- The Eau Claire ADRC team will create new strategies toward helping Eau Claire County Residents Age in Place.
- The Nutrition Program will provide more culturally diverse meals at our Congregate Dining locations.

The ADRC of Eau Claire County takes necessary steps to strive for excellent delivery of services. Our goals for the 2025-2027 plan show our commitment to the individuals we serve. The programs and services offered through the ADRC are continually being evaluated for effectiveness, efficiency and relevance. We have the benefit of a diverse leadership team, staff and ADRC Board that assisted in guiding this process.

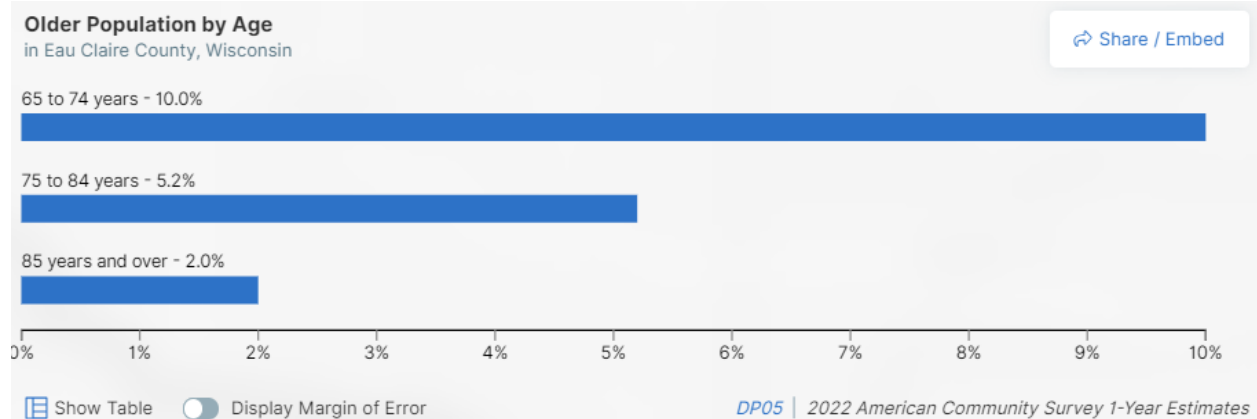
Context

Eau Claire County is in west-central Wisconsin. The county is a mix of both rural and urban communities. This can create some unique challenges when it comes to programming offered by ADRC as resources and desires may differ from community to community. The county is comprised of three cities (Altoona, Augusta, and Eau Claire), two villages (Fairchild and Fall Creek), and 13 townships. Bordering counties include Chippewa to the north; Dunn and Pepin to the west; Buffalo, Trempealeau, and Jackson to the south; and Clark to the east. Eau Claire is the largest county within those borders.

There are several challenges in meeting the needs of the population we serve with a community our size; availability of resources, especially in the rural areas, the growing aging population and lack of funding to name a few. With challenges also comes opportunities and we are fortunate that we collaborate with many outside agencies (nonprofits, businesses, nearby ADRC's) and other county departments. We also have staff in numerous coalitions and taskforces which allows us as an agency to be solution focused.

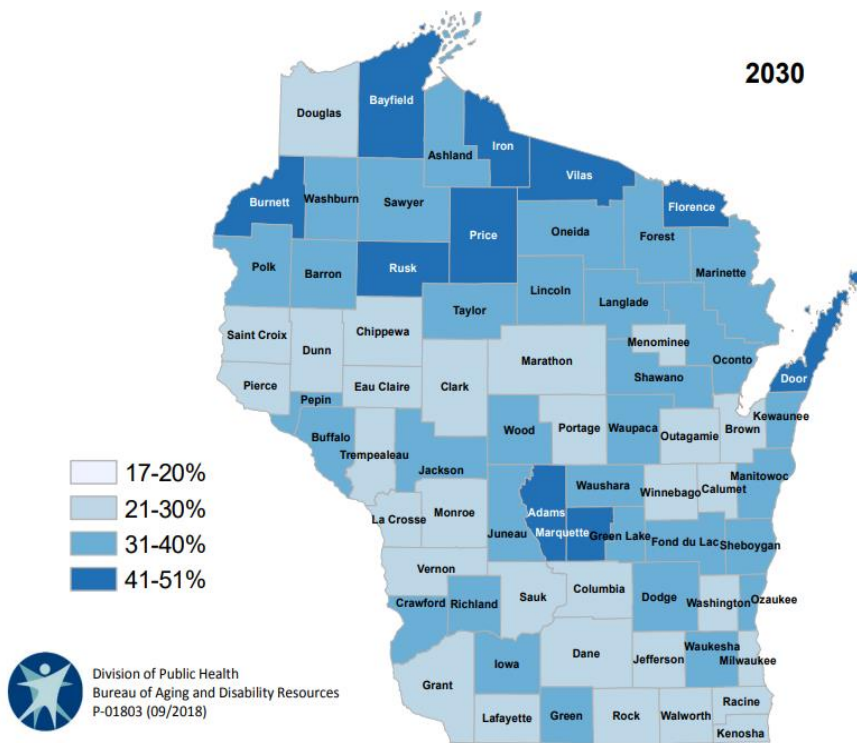
The total population of Eau Claire County is 105,710 individuals. Eau Claire, the county seat, is 66% (69,737) of the county population and encompasses 32 square miles.

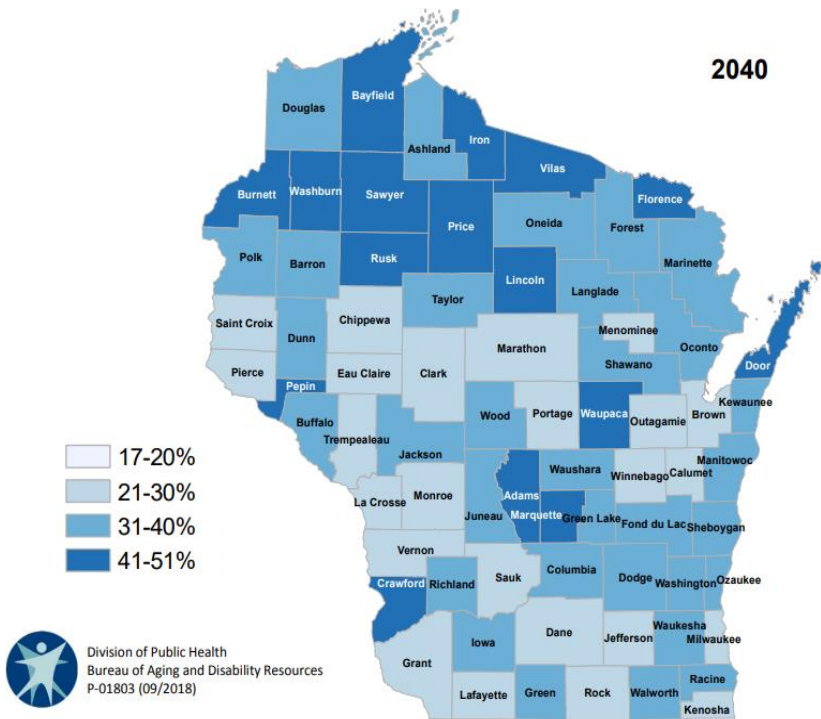
The populations of those age 60+ continues to increase at a rapid rate as the baby boomers grow older. All communities throughout the United States are experiencing this to some degree and Eau Claire County is no exception. It is anticipated that the percentage of adults 60+ in Eau Claire County will continue to grow. From 2010 to 2020, Eau Claire County had an increase of 26% and from 2020 to 2040, we are projecting to have an additional 18% increase in this population.



	Ages 60 and Older	Ages 60 and Older	Ages 60 and Older	Ages 60 and Older	Ages 60 and Older	Ages 60 and Older	Ages 60 and Older	% Ages 60 and Older	% Ages 60 and Older
County	2010	2015	2020	2025	2030	2035	2040	2010	2040
Eau Claire	17,745	20,975	23,915	26,610	28,015	28,660	29,230	18.0%	26.2%

Percent of Projected Population Ages 60 and Older





According to the US Bureau of Census data, White/Caucasian individuals (93,277) make up most of the county's population of 105,710. Asians coming in next at 4,401 of the population.

Label	Eau Claire County, Wisconsin
▼ Total:	105,710
▼ Population of one race:	100,701
White alone	93,277
Black or African American alone	1,255
American Indian and Alaska Native alone	527
Asian alone	4,401
Native Hawaiian and Other Pacific Islander alone	83
Some Other Race alone	1,158

Development of the aging plan

Community engagement

See attached Community Engagement report in appendices section

Partners and resources

A draft of the Aging Plan was presented to the ADRC board on Monday, October 28th. During that meeting questions and feedback were given. Updates to the plan were made and then publicized on the ADRC website and copies were available in office. Two board members ran the public hearing which was held on November 18th, followed up by a board meeting and a motion to pass the plan.

Public hearings

See attached public hearing report in appendices section

Goals and strategies

Supportive Services: Aging Plans for 2025–2027

Goal Writing Template

<p>Older Americans Act program area (Select a program area if applicable.)</p> <p><input checked="" type="checkbox"/> Title III-B Supportive Services</p> <p><input type="checkbox"/> Title III-C1 and/or III-C2 Nutrition Program</p> <p><input type="checkbox"/> Title III-D Evidence-Based Health Promotion</p> <p><input type="checkbox"/> Title III-E Caregiver Supports</p>
<p>Aging Network value (Select a value if applicable.)</p> <p><input checked="" type="checkbox"/> Person centeredness</p> <p><input type="checkbox"/> Equity</p> <p><input type="checkbox"/> Advocacy</p>
<p>Goal statement:</p> <p>The Eau Claire ADRC/Unit will create new strategies toward helping Eau Claire County residents Age in Place.</p>
<p>Plan or strategy:</p> <p>Efforts toward this goal will include 3 strategies.</p> <p>1) Mugs for Rugs events: throw rugs are known to cause falls. ADRC/Aging Unit will host events (or piggyback onto existing events) to take old throw rugs and provide a coffee mug in its place.</p> <p>2) A supply of grab bars (both regular and suction cup) will be made available to Eau Claire County residents, free of charge, wishing to enhance the safety of their home.</p> <p>3) Educational materials related to the above two strategies will be developed and included to take the educational piece even further. For example, the benefits of</p>

decluttering and other home safety tips will also be covered along with the throw rug safety.

Documenting efforts and tools:

Documenting **how much** has been done:

Numbers of grab bars distributed and throw rugs retrieved will be recorded.

Documenting **how well** it has been done:

Surveys will be sent to participants at the end of each plan year to assess satisfaction.

Assessing whether anyone is **better off**:

Surveys will be sent to participants at the end of each plan year to assess falls and perceived safety.

OPTIONAL: Notes on considerations for framing goals

1. Why are we choosing this thing to focus our efforts on?
Aging in Place is an almost universal desire. Community feedback indicated home modification/aging in place is an area of interest. In order to make this safely happen, a variety of equipment, education and small & large modifications may be needed. These efforts are a direct, albeit not all-inclusive, tangible way to facilitate safety needed for Aging in Place. It also brings general attention to other ways to Age in Place.

Brain Health/Dementia: Aging Plans for 2025–2027

Goal Writing Template

Older Americans Act program area (Select a program area if applicable.)

- Title III-B Supportive Services
- Title III-C1 and/or III-C2 Nutrition Program
- Title III-D Evidence-Based Health Promotion
- Title III-E Caregiver Supports

Aging Network value (Select a value if applicable.)

Person centeredness

Equity

Advocacy

Goal statement:

More than 40% of Eau Claire County survey participants report that brain health and dementia are a top concern as they age. To help mitigate these concerns, the Dementia Care Specialist will implement a brain health “Knowledge is Power” campaign in rural communities of Eau Claire County (Fall Creek, Augusta, and Fairchild). Education on brain health and dementia can help older adults make better decisions about brain health, boost problem-solving skills, build confidence, support behavior change, and achieve success. Correct knowledge can also protect individuals from misinformation and lay the foundation for a better future including follow-up and better care with a primary care physician when concerned about memory loss.

Plan or strategy:

The strategies to incorporate the Knowledge is Power campaign will include:

- 1) Brain Health Check-Ups (includes memory screen and education)
- 2) “Brainy Bits” information in rural Meals on Wheels bags 1x-2x/month
- 3) Wits Workout, Boost Your Brain & Memory Class, and/or Better Brain Wednesdays presentations (Fall Creek Village Hall, Augusta Senior Center, Fairchild Community Center, libraries, banks)
- 4) Education/flyer in August Senior Center newsletter, libraries, local banks
- 5) Provide continued advocacy for increased ADRC funding to expand brain health/dementia related programs in the rural areas of Eau Claire County. This investment is essential to address the growing needs of individuals in these underserved communities.

Documenting efforts and tools:

Documenting **how much** has been done:

- Number of brain health check-ups (memory screens)

- Number of presentations and individuals attending
- Number of flyers

Documenting **how well** it has been done:

- Feedback from post-presentation surveys, classes, and brain health checkups.

Assessing whether anyone is **better off**:

- Increase opportunities for rural older adults to learn about brain health strategies to reduce their risk of developing Alzheimer’s disease or other dementias.
- Increase opportunities for rural older adults concerned about memory loss and/or who have scored poorly on the memory screen to contact their primary care provider for follow-up.

Caregiver Supports: Aging Plans for 2025–2027

Goal Writing Template

Older Americans Act program area (Select a program area if applicable.)

- Title III-B Supportive Services
- Title III-C1 and/or III-C2 Nutrition Program
- Title III-D Evidence-Based Health Promotion
- Title III-E Caregiver Supports

Aging Network value (Select a value if applicable.)

- Person centeredness
- Equity
- Advocacy

Goal statement:

Non-professional caregivers are as vital a resource to aging Wisconsinites as ever.
The ADRC/Aging Unit wants to provide education, support and emotional buoyancy to

these important caregivers. The Eau Claire ADRC/Unit will create a new, comprehensive guidebook for caregivers of all types (not dementia specific).

Plan or strategy:

A new booklet will be created to serve as a comprehensive guidebook regarding many aspects of caregiving and include local Eau Claire County resources. This booklet will be in print and posted online so that busy caregivers, perhaps those still working, can access it on their terms.

To maximize National Family Caregiver Support Program (NFCSP) funding, we will advocate for removal of the Alzheimer’s Family and Caregiver Support Program (AFCSP) means test requirement. Eliminating the means test would allow ADRC’s to continue to use AFCSP funding as match dollars for the NFCSP. thereby amplifying its impact and broadening its reach.

Documenting efforts and tools:

Documenting **how much** has been done:

This will have a clear completion of a published booklet available in several mediums for Eau Claire County caregivers. Efforts will be made to proactively get this into the hands of caregivers by distributing and outreaching to partner agencies and groups.

Documenting **how well** it has been done:

Feedback will be solicited from 10 caregivers who have received it to determine if information is clear, helpful and comprehensive.

Assessing whether anyone is **better off**:

Feedback will be solicited from 10 caregivers who have received it to determine if they felt more prepared, empowered and appreciated in their caregiving role.

OPTIONAL: Notes on considerations for framing goal

Why do we believe this particular effort will make things better?

We have many other written materials but not one dedicated to caregivers, so this will be a lasting resource to update into the future.

Health Promotion: Aging Plans for 2025–2027

<p>Older Americans Act program area (Select a program area if applicable.)</p> <p><input type="checkbox"/> Title III-B Supportive Services</p> <p><input type="checkbox"/> Title III-C1 and/or III-C2 Nutrition Program</p> <p><input checked="" type="checkbox"/> Title III-D Evidence-Based Health Promotion</p> <p><input type="checkbox"/> Title III-E Caregiver Supports</p>
<p>Aging Network value (Select a value if applicable.)</p> <p><input checked="" type="checkbox"/> Person centeredness</p> <p><input checked="" type="checkbox"/> Equity</p> <p><input type="checkbox"/> Advocacy</p>
<p>Goal statement:</p> <p>To provide equitable access to evidence-based programs, fostering a sense of belonging, and mitigating the negative effects of social isolation and loneliness the ADRC will implement quarterly presentations promoting health promotion through DIII Healthy Aging programs in rural communities of Eau Claire County in the first year. The presentation aims to create a “choose your own adventure” interactive demonstration to give participants a sampling of activities from three evidence-based workshops that foster feelings of connection, support, and empowerment.</p>
<p>Plan or strategy:</p> <p>Develop an interactive “Sample platter” presentation that will increase awareness of what evidence-based health promotion programs have to offer and demonstrate the type of support participants receive for making healthy behavior change in the workshops.</p> <p>As these are group events, the presentations will provide an opportunity for older adults to foster meaningful social connections to enhance both physical and mental health outcomes and reduce social isolation and loneliness. Post surveys will also identify barriers older adults experience participating in an evidence-based workshop. We will use feedback collected in 2025 to plan interventions and programming in the rural communities of Fairchild and Augusta in 2026.</p>

Documenting efforts and tools:

Documenting **how much** has been done:

- The “Sample platter” presentation and participant handout that will be developed in the first quarter
- Number of presentations implemented in year one
- Number of participant post-presentation surveys

Documenting **how well** it has been done:

- Assess recruitment efforts based on presentation turnout
- Compile qualitative feedback from presentations (would they recommend it to a friend or relation?)

Assessing whether anyone is **better off**:

- Increase opportunities for rural older adults to participate in evidence-based programming
- Address identified barriers to participating in programs for program planning purposes in 2026

OPTIONAL: Notes on considerations for framing goals

1. Why are we choosing this thing to focus our efforts on?

Eau Claire County’s Aging Plan survey asked community members what their top three health concerns are as they age. Responses included arthritis, exercise, prevention falls, and bowel and bladder health. Health promotion program offerings currently include: Stepping On, StrongBodies™, Walk With Ease, Healthy Living with Chronic Pain, Healthy Living with Diabetes, Mind Over Matter and Med Wise Rx. Rural community members are less likely to sign up for classes.

2. Why do we believe this particular effort will make things better?

Presentations can be a catalyst toward encouraging people to take the first step in making positive behavior change, increasing knowledge about programs that support behavior change, and addressing reluctance to participate in a workshop.

3. How do we think this leads to people being better off?

This plan employs active outreach and increases knowledge among older adults about programs to improve their well-being and social connectiveness.

4. How will we know when we're done with this effort?

This goal will be achieved after the four quarterly presentations are delivered. Additionally, post survey results will provide information for program planning in the subsequent year.

5. How will we know whether anyone is better off because of this effort?

Responses from post presentation surveys and participation numbers in classes will illustrate improvements in well-being and social connection.

Nutrition: Aging Plans for 2025–2027

Older Americans Act program area (Select a program area if applicable.)

- Title III-B Supportive Services
- Title III-C1 and/or III-C2 Nutrition Program
- Title III-D Evidence-Based Health Promotion
- Title III-E Caregiver Supports

Aging Network value (Select a value if applicable.)

- Person centeredness
- Equity
- Advocacy

Goal statement:

The Nutrition Program will provide more culturally diverse meals at our Congregate Dining locations, helping to increase meals provided to our senior dining sites, Fairchild Community Center, Augusta Senior Center, St. Johns Apartments, LE Phillips Senior Center.

Plan or strategy:

The Nutrition Program will partner with local agencies to offer “pop – up” Senior Dining, offering a variety of different meals from around the world.

Documenting efforts and tools:

Documenting **how much** has been done:

- Documenting how many additional pop – up meal sites have been completed each year beginning in 2025.
- Documenting how many Senior Dining Participants we had in each year starting in 2025.

Documenting **how well** it has been done:

- Included in our 2025 annual survey we will gather feedback from pop – up meal site participants overall satisfaction.

Assessing whether anyone is **better off**:

- In our annual survey for 2025 we will request feedback about overall satisfaction of the pop – up meal sites regarding location, food choices, social isolation and overall satisfaction.

OPTIONAL: Notes on considerations for framing goals

1. Why are we choosing this thing to focus our efforts on? We want to increase our overall participation for Senior Dining. We also want to provide a variety of food choices to our participants.
2. Why do we believe this particular effort will make things better? This will provide individuals with additional options for meals, additional options for social connectedness as well as an opportunity to try foods they may not otherwise have access to.
3. How do we think this leads to people being better off? It leads to more opportunity for individuals to socialize, meet new people and experience new foods. This helps provide opportunities that weren't once available.
4. How will we know that when we're done with this effort? This will be an ongoing effort and a project we will want to maintain as a regular part of our Nutrition

Program. Overall, we anticipate additional participants and meals served with these extra meal sites and additional food choice options.

5. How will we know whether anyone is better off because of this effort? Increase participation in our Nutrition Program will allow more individuals earlier access to the ADRC. It will provide additional opportunity to reduce social isolation as well as extra support for nutritional support. We will know this based on increased numbers in participation and overall nutrition survey scores indicating satisfaction with the program.

Program advancement

Title III and Title VI coordination

We will coordinate with local tribes and determine if there are tribal members who are interested in accessing our programs/services. We will also work with local tribes to assist with connecting tribal consumers to Tribal Aging Units if requested. This will be done initially via SharePoint list serve that is provided by DHS.

Aging unit integration and collaboration with the local aging and disability resource center

The Aging and Disability Resource Center of Eau Claire County is a fully integrated aging unit. The ADRC is housed as a stand-alone department of Eau Claire County government. The ADRC's primary location is at the Eau Claire County Government Center in the City of Eau Claire. At this location, the ADRC is also co-located with Eau Claire County Veteran Services. There is also a satellite office located in Augusta at the Augusta Senior and operate a central kitchen located on the southside of Eau Claire. The satellite office in Augusta is open twice monthly, giving residents of the rural area of the county an opportunity to access needed services and benefits within their local community. The central kitchen operates Monday through Friday. The ADRC's management team consist of one director and two managers, all of whom have years of experience in the social service field.

Emergency preparedness

During COVID-19 public health emergency, ADRC of Eau Claire County learned valuable lessons that have shaped our approach to emergency preparedness, ensuring continuity of aging program operations and essential services.

Lessons Learned:

1. Adaptability and Flexibility: We quickly adapted service delivery models to ensure that older adults and individuals with disabilities continued to receive essential services. This included shifting to virtual or remote service provision and leveraging technology to connect with consumers.

2. Importance of Collaboration: COVID-19 highlighted the critical need for partnerships across sectors. We enhanced partnerships with public health agencies, local governments, nonprofits, and private sector organizations to address service gaps, secure resources, and ensure access to services.

3. Communication and Outreach: Proactive communication with clients, caregivers, and stakeholders became crucial during the pandemic. We enhanced outreach through regular check-ins, informational hotlines, and dissemination of up-to-date guidance on safety measures, vaccination, and other health protocols.

4. Resource Mobilization: Securing and reallocating resources was essential in responding to the pandemic. We learned the importance of having a flexible and agile resource mobilization strategy, whether in terms of funding, staff, or technology, to meet increased demands during crises.

5. Focus on Equity: COVID-19 disproportionately impacted certain communities, prompting ADRCs to prioritize equitable service delivery. Efforts were made to reach underserved populations, including racial and ethnic minorities, rural communities, and individuals with disabilities who faced greater barriers to accessing services.

Partnerships Formed:

1. Public Health and Emergency Management- We partnered with local public health departments to align efforts with state and national health directives, ensuring that services remained operational and safe during the pandemic.

2. Nonprofit and Volunteer Organizations- Organizations such as Meals on Wheels and local volunteer groups collaborated with ADRCs to deliver food, COVID tests, and essential supplies to homebound older adults and individuals with disabilities.

3. Digital Equity- To address social isolation and the digital divide, we formed partnerships with technology providers to deliver tablets, internet access, and tech training to older adults and people with disabilities.

ADRCs Approach to Emergency Preparedness:

1. Comprehensive Emergency Plans- ADRCs have incorporated lessons from COVID-19 into more robust emergency preparedness plans. These plans now include strategies for remote operations, continuity of care, and coordination with other emergency response agencies to ensure seamless service provision during future crises.

2. Virtual and Hybrid Service Delivery- The use of technology during COVID-19 has led to a permanent shift towards virtual or hybrid models. This flexibility is crucial for ensuring continuity during emergencies.

3. Training and Capacity Building- We have invested in training staff on emergency protocols, technology use, and crisis communication. Additionally, we have developed

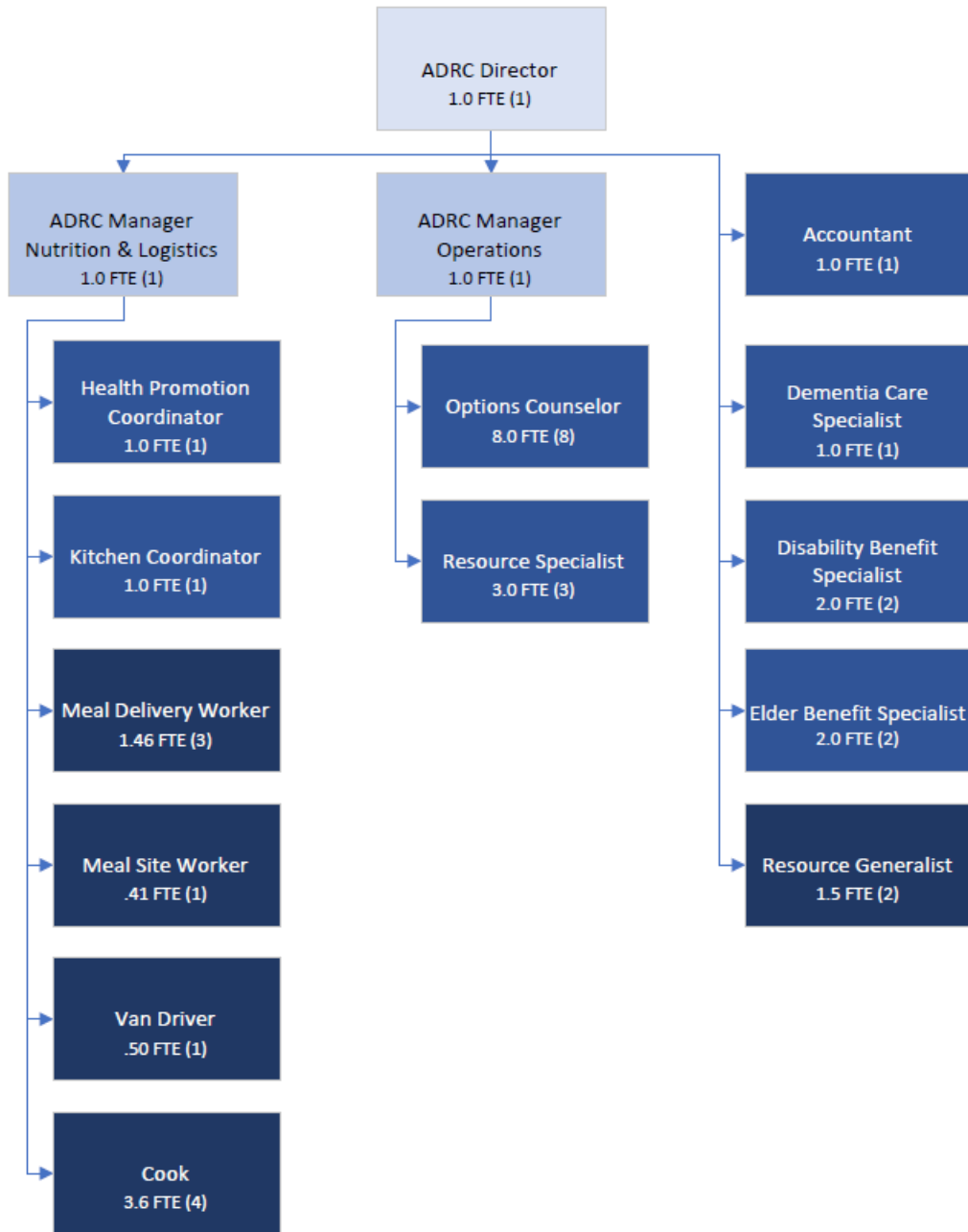
contingency staffing plans to ensure that essential functions can continue even if personnel are impacted by future emergencies.

4. Community Resilience and Support Networks- We have enhanced our role in fostering community resilience by building stronger networks of support. These networks include family caregivers, community-based organizations, and local governments that can step in to assist with service delivery during times of crisis.

Organizational structure and leadership of the aging unit

Aging and Disability Resource Center (ADRC)

2024 FTE: 29.47



Primary contact

Name: Linda Struck

Title: ADRC Director

County: Eau Claire

Organizational Name: ADRC of Eau Claire County

Address: 721 Oxford Avenue, Suite 1130, Eau Claire, WI 54703

Email Address: linda.struck@eauclairecounty.gov Phone: 715-839-6713

Statutory requirements for the structure of the aging unit

This section refers to requirements in [Chapter 46.82 of the Wisconsin Statutes](#).

Consider if the aging unit is in compliance with the law. If the aging unit is integrated with the local ADRC, the requirements of [Chapter 46.82](#) still apply.

State law does not permit a waiver of the requirements in this section. If a real or potential violation of the requirements of [Chapter 46.82](#) exists, contact GWAAR for assistance in arranging a corrective action plan. Failure to do so could result in non-approval of the plan and suspension of funding.

Organizational structure: Choose the option that represents the organizational structure of the aging unit.	Check one
(1) An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	<input checked="" type="checkbox"/>
(2) A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe.	<input type="checkbox"/>
(3) A private, nonprofit corporation, as defined in s. 181.0103 (17).	<input type="checkbox"/>
Composition of the policy-making body: Choose the option that represents the composition of the policy-making body.	Check one
For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	<input checked="" type="checkbox"/>
For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	<input type="checkbox"/>
For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	<input type="checkbox"/>
Full-time aging director: The law requires that the aging unit have a full-time aging director.	Check one
The aging unit has a full-time aging director as required by law.	<input checked="" type="checkbox"/>
The aging unit does not have a full-time aging director as required by law.	<input type="checkbox"/>

Policy-making body

Official name of the policy-making body: ADRC Board

Chairperson of the policy-making body: Tami Schraufnagel

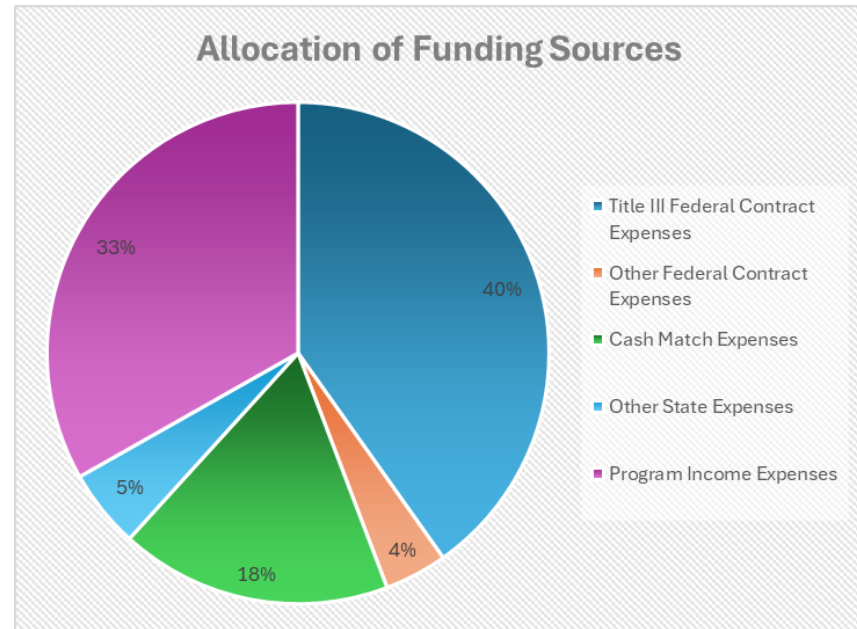
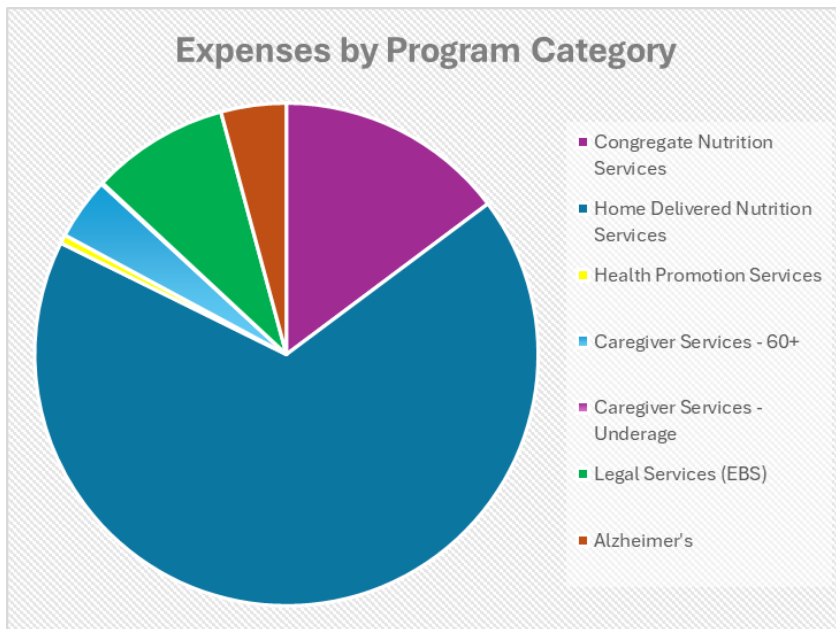
Advisory committee

Official name of the advisory committee: Nutrition Advisory Committee

Chairperson of the advisory committee: Sue Miller

Budget summary

	Title III Federal Contract Expenses	Other Federal Contract Expenses	Cash Match Expenses	Other Federal Expenses	Other State Expenses	Other Local Expenses	Program Income Expenses	Total Cash Expenses	In-Kind Match Allocations	Grand Total
Supportive Services	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Congregate Nutrition Services	\$ 113,704.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 41,800.00	\$ 155,504.00	\$ 18,236.00	\$ 173,740.00
Home Delivered Nutrition Services	\$ 176,489.00	\$ 42,549.00	\$ 174,907.00	\$ -	\$ 9,136.00	\$ -	\$ 307,647.00	\$ 710,728.00	\$ 385,358.00	\$ 1,096,086.00
Health Promotion Services	\$ 5,964.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 5,964.00	\$ 17,662.00	\$ 23,626.00
Caregiver Services - 60+	\$ 41,990.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 41,990.00	\$ 14,306.00	\$ 56,296.00
Caregiver Services - Underage	\$ 927.00	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 927.00	\$ -	\$ 927.00
Legal Services (EBS)	\$ 83,860.00	\$ -	\$ 9,318.00	\$ -	\$ -	\$ -	\$ -	\$ 93,178.00	\$ 16,661.00	\$ 109,839.00
Alzheimer's	\$ -	\$ -	\$ -	\$ -	\$ 44,138.00	\$ -	\$ -	\$ 44,138.00	\$ -	\$ 44,138.00
Elder Abuse	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Grand Total	\$ 422,934.00	\$ 42,549.00	\$ 184,225.00	\$ -	\$ 53,274.00	\$ -	\$ 349,447.00	\$ 1,052,429.00	\$ 452,223.00	\$ 1,504,652.00



Verification of intent

The purpose of the verification of intent is to show that county government has approved the plan. It further signifies the commitment of county government to carry out the plan. Copies of approval documents must be available in the offices of the aging unit. Use the template provided below and insert a signed copy of it in the aging plan.

Signed verification of intent

The person(s) authorized to sign the final plan on behalf of the commission on aging and the county board must sign and indicate their title. This approval must occur before the final plan is submitted to the area agency on aging for approval.

In the case of multi-county aging units, the verification page must be signed by the representatives, board chairpersons, and commission on aging chairpersons, of all participating counties.

We verify that all information contained in this plan is correct.

Signature and Title of the Chairperson of the Commission on Aging	Date
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Signature and Title of the Authorized County Board Representative	Date
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Appendices

- Assurance of compliance with federal and state laws and regulations
 - County aging units must review, sign, and include the Assurances of Compliance with Federal and State Laws and Regulations document as an appendix to their aging plan when submitting to the area agency on aging. The assurances need not be included with copies of the plan distributed to the public.
- Community engagement reports
- Public hearing reports
 - Complete one [Public Hearing Report](#) for each public hearing held to collect feedback and comments from the public to improve the draft plan prior to the policy-making body approving the final aging plan. Aging units must conduct one or more public hearings.

Terms and Acronyms

NFCSP – National Family Caregiver Support Program

AFCSP – Alzheimer’s Family Caregiver Support Program

Better Brian Wednesday’s – Brain health presentations on a variety of brain health topics from experts in the field.

Boost Your Brain and Memory – A holistic approach to improving brain health in older adults, through learning new habits to maintain cognitive health, practicing new skills for better memory performance.

Healthy Living with Chronic Pain - A series of workshops with topics that included mind-body connection, sleep, relaxation, breathing, stress and depression management.

Healthy Living with Diabetes – A series about healthy eating, food label reading, meal planning and monitoring blood sugar.

MedWiseRx – Skills-based education program designed to improve older adults communication with pharmacists and other providers.

Mind Over Matter (MOM) – Provided information on bladder and bowel control, techniques and exercises to help prevent or improve symptoms.

Stepping On – Program to learn strength and balance exercise, how medications, vision changes, and footwear and home modifications affect fall risks.

StrongBodies™ – Strength and balance training program designed for older adults, which includes weight-training and flexibility exercises.

Walk With Ease - A series to learn the basics of arthritis, how to exercise safely, ways to make walking fun.

Wits Workout – Offers opportunities for older adults to engage intellectually and to increase their socialization through ongoing group participation.