


## ADRC RURAL VAN SCHEDULE—October 2024

The ADRC van has room for one wheelchair and 3 additional individuals for no cost non-medical trips. The van is available for seniors 60+ and adults living with a disability in Eau Claire County. Contact Dave, Transportation Coordinator to schedule at 715-225-0975. **Priority given to individuals who live rurally.**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Open date call to schedule trip.	2 Open date call to schedule trip.	3 Open date call to schedule trip.	4 Open date call to schedule trip.
7 Open date call to schedule trip.	8 Open date call to schedule trip.	9 Open date call to schedule trip.	10 Open date call to schedule trip.	11 St. John's—Walmart trip. Pickup at 9AM
14 Open date call to schedule trip.	15 Open date call to schedule trip.	16 Unavailable for trips today.	17 Unavailable for trips today.	18 Unavailable for trips today.
21 Open date call to schedule trip.	22 Open date call to schedule trip..	23 Open date call to schedule trip.	24 Open date call to schedule trip.	25 St. John's—Woodman's trip. Pick up at 9AM
28 Open date call to schedule trip.	29 Open date call to schedule trip.	30 Open date call to schedule trip.	31 Open date call to schedule trip.	

### Augusta Senior Center Featured Activities—616 W. Washington St.



#### Boost Your Brain with a WITS Workout

Based on the research that intellectual challenge and social connectedness are two of several factors that contribute to bringing health throughout life, WITS Workouts provide purposeful opportunities to engage intellectually and increase socialization. Join guest speaker, Lisa Wells for a morning of brain health fun!

**Location:** Augusta Senior Center  
616 W. Washington St., Augusta, WI 54722

**When:** Thursday, October 10, 2024

**Time:** 10:30 a.m.-11:30 a.m.

Please register by Noon on Wednesday, October 9, 2024 by calling the Center at 715-286-2953.



#### Rock Painting Art Class

This is your opportunity to tap into your creative side, and learn this meditative art of rock painting!

No painting experience necessary. Supplies are available or bring your own.



**Location:** Augusta Senior Center  
616 W. Washington St., Augusta, WI 54722

**When:** Friday, October 11th, 2024

**Time:** 10:00 am

To register call the Center at 715-286-2953.