



The 12 Days of Holiday Caregiving

Caring for someone living with dementia can bring added stress during the holidays. It's OK to give yourself a break this year...come and learn some tips to help you make it through the holiday season with more joy and less stress.

Wednesday
November 20, 2024
1:00 pm

Peace Lutheran Church
501 E. Fillmore Avenue, Eau Claire

Reserve your spot today at www.adrcevents.org or
call the Aging & Disability Resource Center at
715-839-4735 or 888-338-4636.

