## Caring for Those Who Give the Most

## A Day of Wellness for Dementia Caregivers

Wednesday, October 9, 2024 11:00 am - 3:15 pm Trinity Equestrian Center S5300 WI-37, Eau Claire



## Per Hour

Designed for dementia caregivers to relax and enjoy this no-cost retreat at the ranch. Experience time with the horses, workshops to boost resilience and creativity, opportunities to connect with others, lunch, and a wellness gift bag full of goodies.

## To Register:

Registration is limited to the first 20 people. Register at www.adrcevents.org or call 715-839-4735 by Friday, October 4th.

Need respite care to attend? Contact the ADRC to learn more.

