

# Brain Health Check-Up

## A Closer look at Memory Changes

A brain health check-up (memory screen) is a wellness tool that helps identify possible changes in memory and cognition. We screen for other things, why not your memory?

It creates a baseline of where a person is at so that future changes can be monitored.

It's Free, confidential, and takes only 15 minutes!



**WHEN:** Tuesday, September 24, 2024  
**TIME:** 8:30 am - Noon (20 minute appointments)  
**LOCATION:** Augusta Senior and Community Center  
616 W. Washington St, Augusta

To schedule an appointment, call the Aging & Disability Resource Center at  
715-839-4735, 888-338-4636 or [adrc@eauclairecounty.gov](mailto:adrc@eauclairecounty.gov)

### Get immediate results

#### Early detection is important

Just as blood pressure, cancer, diabetes, or stroke screening contribute to prevention and better treatments, so do memory screens.

#### Treatment may be possible

Some types of dementia are reversible, like those from nutritional & vitamin deficiencies, depression, thyroid issues, and more.

#### Knowledge means more control

Dementias that are not reversible may be treated with medications that could help with symptoms and preserve quality of life for a longer period of time.

