

DEMENTIA 101

What We Know and How
You Can Reduce Your Risk

Tuesday

April 23, 2024

10:00 - 11:30 AM

L.E. Phillips Senior Center
1616 Bellinger Street
Eau Claire

Why do I need to know about dementia? Knowledge is power! More than 6 million Americans are living with Alzheimer's disease or another form of dementia. That number is expected to double by 2040. In this presentation you will learn:

- What's normal...what's not
- Differences between Alzheimer's and dementia
- Signs and symptoms
- Common types of dementia
- Risk Factors
- How dementia affects various parts of the brain
- Strategies to reduce your risk
- Options and resources when caring for someone living with dementia



To register, visit
www.adrcevents.org or call
the Aging & Disability
Resource Center at
715-839-4735.



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