



Brain Check-Up

A Closer look at Memory Changes

A brain health check-up (memory screen) is a wellness tool that helps identify possible changes in memory and cognition. We screen for other things, why not your memory?

It creates a baseline of where a person is at so that future changes can be monitored.

It's Free, confidential, and takes only 15 –20 minutes!

WHEN: Wednesday, March 6th, 8:30 - 11:30 am
Thursday, April 11th, 1:00 - 4:00 pm
Wednesday, May 15th, 8:30 - 11:30 am

TIME: 20 minute appointments

LOCATION: L.E. Phillips Senior Center

To schedule an appointment, register online at the Aging & Disability Resource at www.adrcevents.org or call 715-839-4735.

Get immediate results

Early detection is important

Just as blood pressure, cancer, diabetes, or stroke screening contribute to prevention and better treatments, so do memory screens.

Treatment may be possible

Some types of dementia are reversible, like those from nutritional & vitamin deficiencies, depression, thyroid issues, and more.

Knowledge means more control

Dementias that are not reversible may be treated with medications that could help with symptoms and preserve quality of life for a longer period of time.