



- A skills-based educational program to improve older adults' communication with pharmacists and other providers for safer medication management.
- Meets for two 1.5-hour classes, separated by one week for home practice.
- It's **free**, convenient, and empowering!
- Join the program evaluation study by the University of Wisconsin School of Pharmacy.

WHEN: **Tuesdays, 9:30 - 11:00 am / March 5 & 19, 2024** OR
Fridays, 9:30 - 11:00 am / May 3 & 17, 2024
(depending on which group you are assigned to)

LOCATION: Virtually, from the comfort of your home or office

TO REGISTER: Call the Aging & Disability Resource Center at **715-839-4735** or go online
www.adrcevents.org.

Medication management can be challenging

Medication errors can result in unwanted effects from medicines, and worse, falls, hospitalizations and even death.

Poor communication and medication coordination problems with multiple people prescribing a person's medications can increase these errors even more.

Build knowledge and skills with Med Wise Rx

The pharmacist is important to help people manage their medications and address their medication-related questions and concerns. Yet, patients and caregivers often are unsure what questions to ask their pharmacist or how to ask them.

- Gain confidence in talking with your pharmacist
- Learn what to ask about your medicines
- Learn how to ask for a medication check-up

Who is eligible?

- Older adults (at least 65 years old)
- Taking 4 or more multiple medicines regularly (this includes nonprescription drugs)
- Able to navigate and join two Webex meeting (at home, ADRC, library, etc.)
- Able to participate in phone interviews and provide feedback

Participants will receive up to \$75 in thank you gift cards for participating in this study.

This project is a partnership between
the UW School of Pharmacy,
ADRC of Eau Claire County, ADRC of Calumet County, and
the Community & Academic Aging Research Network

