

Eau Claire Memory Café 2024

January 9

Let's start the year off right with brain-healthy foods and a cooking demonstration with registered dietitian Pam VanKampen!

Refreshments sponsored by the Aging & Disability Resource Center



February 13

It's Valentine's Day! Let's have something red and talk about...what else...CHOCOLATE! Chocolate has an amazing history and offers many complex flavors. Enjoy tasting and rating some different flavors of chocolate from milk chocolate to rich dark chocolate and learn how it is made. Be sure to wear "RED!"

Refreshments sponsored by Visiting Angels

March 12

Did you know that Wisconsin is 4th in the nation in maple syrup production? It's time to 'syrup' some fun and hear from Beaver Creek Reserve to learn about the process of maple syrup thrown in with some trivia. Be sure to come hungry...pancakes and syrup will be served!

Refreshments sponsored by Village Caregiving

April 9 – Outing at Green Oasis

Can you smell it? Ahhh....spring and dirt! Speaking of dirt, let's get our hands dirty out at Green Oasis with a fun, spring project. We will meet at Green Oasis 1403 122nd Street, Chippewa Falls at 10:00 am.

May 14

It's spring and it's time to get in shape for all the fun summer activities. Join us for Zumba Gold with Gloria, a low-intensity movement that is gentle on the joints and fun to do!

Refreshments sponsored by Aveanna Home Health

June 11

June is Dairy Month in Wisconsin and what better way to celebrate than with CHEESE! Come and learn about and taste a variety of cheeses. YUM!

Refreshments sponsored by Cornerstone Caregiving

July 9

It's summertime and that means going outside and having a picnic. We will meet at the museum's outside picnic area for some good food and summer games.

Refreshments sponsored by Visiting Angels

August 13

Music makes the world go round...and a whole lot of other great benefits! Join us for a game of "Name That Tune" with musical director Cathy Reitz. Enjoy a little competition and singing of a few favorites!

Refreshments sponsored by Aveanna Home Health

September 10

It's time to do some "Show and Tell!" You choose the topic and bring an item, object, experience, adventure, or whatever that you would like to share and 'Show and Tell!'

Refreshments sponsored by Village Caregiving

Eau Claire Memory Café 2024

October 8 – Outing to Leffel Roots Apple Orchard

Autumn is in the air and so are apples! Leffel Roots Apple Orchard is a family-owned and run orchard that is tucked away in beauty! Come and learn about the business, pick a few apples, watch how they are buffed and shined, shop in their store, and best of all....enjoy some apple pie. We will meet at the Orchard, W2369 Maple Road, Eau Claire, at 10:00 am.

November 12

Let's honor our veterans and learn about flag etiquette with the Eau Claire County Veteran's Administration. Do you have a veteran's cap? Be sure to wear it!

Refreshments sponsored by Cornerstone Caregiving

December 10

Ahhh....the sights and sounds of the holidays are here! Join us for a fun hands-on Christmas painting project with Jodi as we listen to our favorite music and enjoy the goodies of the season!

Refreshments sponsored by Aging & Disability Resource Center, Aveanna Home Health, Visiting Angels, and Cornerstone Caregiving

The Eau Claire Memory Café is held the 2nd Tuesday of every month from 10:00 – 11:00 am at the Chippewa Valley Museum in Carson Park, 1204 E. Half Moon Drive, Eau Claire. The café is a social gathering for people affected by memory challenges and their care partners that provides an opportunity to enjoy a creative activity and conversation, promoting cognition and reducing isolation and boredom.

For more information, contact Lisa Wells,
at the Aging & Disability Resource Center of
Eau Claire County, 715-839-4750

