

Eau Claire Caregiver Café



**1st Tuesday of each Month
9 to 10:30 A.M.**

**Location: The French Press
2823 London Road, Eau Claire, WI 54701**

What is a Caregiver Café?

The caregiver café is an informal gathering place where caregivers can drop in, relax and connect with others while enjoying a cup of coffee/tea and delicious Treats made fresh by THE FRENCH PRESS CAFÉ & BAKERY! An ADRC staff person is available to provide information and assistance regarding resources available in our community. Everything is provided so just show up!

What Can You Expect?

- Social connection with others
- Peer Support
- An informal and relaxed environment
- Reduced Stress
- Refreshments
- Respite funds may be available. Please contact the ADRC if respite is needed.

For more information, contact the
Aging & Disability Resource Center at
715-839-4735 or ADRC@co.eau-claire.wi.us

