



THE NATURE PRESCRIPTION

Horticulture-Inspired Program for People Living with Dementia and Their Care Partners

3rd Thursday of the Month
1:00 - 3:00 pm

Hands-on, nature inspired experiences that provide opportunities to stimulate the senses, enjoy social interactions, and provide physical activity while imparting a sense of purpose.
All supplies, materials, and refreshments provided.

Thursday, May 18, 2023

Aging & Disability Resource Center MOWs Kitchen
5061 US Hwy 53, Eau Claire
Get a tour of the new Meals on Wheels kitchen and help plant vegetables and herbs in the raised gardens.

Thursday, June 15, 2023

Chippewa Valley Growers
7825 Prill Road, Eau Claire
Learn about the history and take a tour of the greenhouse, ask questions, and shop for your favorite flowers and plants.

Thursday, July 20, 2023

To be announced

Thursday, August 17, 2023

Aging & Disability Resource Center MOWs Kitchen
5061 US Hwy 53, Eau Claire
It's time to harvest the crops!. Learn how to harvest, wash, and take home some goodies.

Thursday, September 21, 2023

Location to be announced
Learn and create a small fall porch pot with a variety of fall flowers.

Thursday, October 19, 2023

Location to be announced
Take a tour of an orchard, learn about and pick your favorite apples.

Thursday, November 16, 2023

UW-Extension Eau Claire County
227 1st St W, Altoona
Growing Succulents - learn how to plant and care for a succulent plant.

Thursday, December 21, 2023

UW-Extension Eau Claire County
227 1st St W, Altoona
Create and learn about Christmas Kissing Balls made with evergreen boughs.

Registration required **for each program.**

Register online at www.adrcevents.org or
call the ADRC at 715-839-4735



Extension Eau Claire County
University of Wisconsin-Madison