



3rd Monday of the Month

1:00 - 2:30 pm

**TRINITY LUTHERAN CHURCH
1314 E. LEXINGTON BLVD
EAU CLAIRE**

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- This is a free, ongoing support group for adults 60 and over who are feeling isolated and/or grieving a loss
 - This group is an opportunity to make social connections, learn evidence-based coping strategies, try a variety of hobbies, and share experiences

2023 Dates

April 17

May 15

June 19

July 17

August 21

September 18

October 16

November 20

December 18

FOR MORE INFORMATION,
contact the Aging & Disability Resource Center
of Eau Claire County at
715-839-4735 or adrc@eauclairecounty.gov

