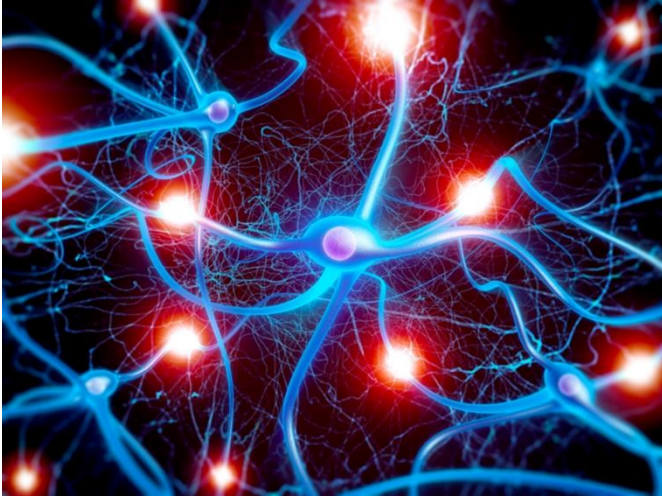


The Aging & Disability Resource Center of Eau Claire County Presents:



How Grief and Loss Rewires the Brain and What YOU Can Do About It

Wednesday, November 16, 2022
1:00 – 2:30 pm

L.E. Phillips Senior Center
1616 Bellinger Street, Eau Claire

Grief and loss are normal and come in many forms. The stress caused from grief and loss can cause a reduction in nerve growth and memory. Learn what you can do through a variety of strategies to help you rewire your brain! Resources and handouts provided.

Register by calling the
L.E. Phillips Senior Center at
715-839-4909 by Monday,
November 14, 2022

Presented by:
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Dementia Care Specialist
Grief Support Specialist
Aging & Disability Resource Center
Of Eau Claire County



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