

AGENDA

Eau Claire County
Aging & Disability Resource Center Board
Monday, April 11, 2022, at 3:00 pm
721 Oxford Ave
Room 1301/1302
Eau Claire Wi, 54701

Those wishing to make public comments must submit their name and address no later than 30 minutes prior to the meeting to brianna.werner@co.eau-claire.wi.us. Comments are limited to 3 minutes; you will be called on during the public section of the meeting. Written comments will also be accepted and should be submitted to brianna.werner@co.eau-claire.wi.us

1. Welcome & Call to Order
2. Confirmation of meeting notice
3. Introductions
4. Public Comment
5. Review of March 14th ADRC Board Minutes / Discussion – Action Handout #1
6. Chair/Vice Chair Report
7. Nutrition Updates
 - Eastridge congregate dining site/ Discussion-Action
8. Board terms ending/recognition
9. 2021 Financials Handout #2
10. Director Report
 - Covid Operation Updates
 - Vacancy-Personnel Update
 - Hwy-MOW facility
 - Board bylaws/ Discussion- Action Handout #3
11. Reports from members on state advisory councils/committees
12. Advocacy
13. Upcoming Events Handout #4
14. Future agenda items- May 9th
15. Adjourn

Prepared by Brianna Werner

PLEASE NOTE: Upon reasonable notice, efforts will be made to accommodate the needs of individuals with disabilities through sign language, interpreters, remote access, or other auxiliary aids. Contact the clerk of the committee or Administration for assistance (715-839-5106). For additional information on ADA requests, contact the County ADA Coordinator at 839-6945, (FAX) 839-1669 or 839-4735, TTY: use Relay (711) or by writing to the ADA Coordinator, Human Resources, Eau Claire County Courthouse, 721 Oxford Avenue, Eau Claire, WI 54703.

Eau Claire County Aging & Disability Resource Center Board
Monday, March 14, 2022, 3:00 pm
Remote Meeting via Webex Events

Chair Kimberly Cronk called the meeting to order at 3:00pm.

Roll Call/Members Present: Ruth Adix, Carl Anton, Kimberly Cronk, Chris Hambuch-Boyle, Sandra McKinney, Sue Miller, Sandra Romey, Tami Schraufnagel, Dan Sippl.

Others Present: Lisa Riley, Linda Struck, Brianna Werner.

Confirmation of meeting notice- yes.

Public Comment- none. Dan Sippl makes motion to close. Tami Schraufnagel seconds the motion. All in favor none opposed. Public comment session closed.

Review February 14, 2022, ADRC Board Minutes. Dan Sipple motion to approve minutes. Sue Miller Seconds the motion. All in favor. None opposed. Minutes approved as presented.

Chair Report – Kim Cronk. Back to in person meetings starting 3/15/22. Updated adaptations for people to connect. Changing of boards, election coming up. Keeping goals of aging plan and ADRC in mind when thinking of how you vote, keeping vision and mission in mind.

Vice Chair Report - Sue Miller- report that many newsletters were dropped off at Festival on Birch, 10 left on Friday. Being utilized and read. Serving a lot of people. Great job to staff. Linda- will be renting two racks, doubling our numbers at all 3 festivals.

Nutrition Updates- Linda Struck- proceeding with Hy-Vee site, in recruitment with volunteer one day a week. March for meals campaign, give people an opportunity to sponsor meals, businesses, and individuals, \$2,500 in sponsorship so far. Usually generate around \$6,000. All congregate sites are open, still have option to grab n go. Still in talks with Eastridge. Discussion about what materials are used to be more environmentally friendly.

ADRC Website/Resources Enhancements- Lisa- presentation on website. Discussion about access to data for people we work with who have computers.

Board terms ending/recognition- Linda - Tami will be the only county board member that will stay on. Can do a proper recognition at the upcoming meeting. April meeting will be face to face. Please come to that meeting.

Director Report. Linda Struck

Covid Operations Update- Government center mask mandate has ended. Masks are still mandated for ADRC employees when meeting face to face with the individuals we serve. County has moved from medium to low COVID 19 levels.

Vacancy-Personnel Updates- Options Counselor, Dana, accepted a position with Human Services and last day is April 8th, Brianna got promoted to OC. Two resource specialist II positions open, part time cook position, meal site worker position are all being recruited for.

Highway/MOW facility- No new updates. There is a live feed you can go see the building being built.

Board Bylaws Discussion- Action Handout #2- Linda suggests we align term lengths with the county board terms. Citizen members can serve 3- two-year terms. Will act on at next meeting.

Future Board mtgs- face to face starting next meeting.

Reports from members -no updates.

Advocacy- no updates.

Upcoming events- Handout #3.

Future agenda items- bylaw, recognition of board members.

Next meeting date April 11, 2022, at 3:00pm in person.

Motion by Chris Hambuch-Boyle to adjourn. Sandra McKinney seconds the motion. Meeting adjourned 4:12 pm.

Respectfully Submitted,

Brianna Werner

Aging & Disability Resource Center Board

Eau Claire County - ADRC Fund

Quarterly Department Report - Summary

For Period Ending: Q4, 2021

43 - ADRC

Fund	Revenue:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
215	01-Tax Levy	87,691	87,105	21,923	21,923	21,923	21,336	87,105	100.00%
	04-Intergovernment Grants and Aid	1,838,852	1,903,218	0	431,864	494,197	685,006	1,611,067	84.65%
	06-Public Charges for Services	13,000	13,000	1,895	1,290	1,980	1,890	7,055	54.27%
	09-Other Revenue	2,000	2,000	1,020	0	0	500	1,520	76.00%
Total Revenue - ADRC		\$1,941,543	\$2,005,323	\$24,838	\$455,077	\$518,100	\$708,732	\$1,706,747	85.11%
Fund	Expenditures:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
215	01-Regular Wages	-1,168,918	-1,152,485	-221,501	-263,528	-307,321	-354,735	-1,147,085	99.53%
	02-OT Wages	0	0	-24	-10	-36	-21	-91	0.00%
	03-Payroll Benefits	-551,369	-551,142	-110,542	-121,357	-127,562	-139,770	-499,231	90.58%
	04-Contracted Services	-73,148	-74,342	-14,374	-18,512	-21,763	-13,970	-68,618	92.30%
	05-Supplies & Expenses	-111,345	-190,591	-17,343	-15,117	-29,739	-36,148	-98,346	51.60%
	07-Fixed Charges	-34,600	-34,600	-9,465	-7,815	-7,995	-6,495	-31,771	91.82%
	09-Equipment	-2,163	-2,163	-4,454	-4,338	-4,212	-4,695	-17,700	818.30%
Total Expense - ADRC		-\$1,941,543	-\$2,005,323	-\$377,703	-\$430,677	-\$498,628	-\$555,834	-\$1,862,842	92.89%
Net Surplus/(-Deficit) - ADRC		\$0	\$0	-\$352,865	\$24,400	\$19,472	\$152,898	-\$156,095	

Dec Claim \$162,970
Updated Surplus \$6,875 Levy

Eau Claire County - ADRC Fund
Quarterly Department Report - Summary

For Period Ending: Q4, 2021

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Date Ran: 3/21/22

44 - Nutrition

Fund	Revenue:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
215	01-Tax Levy	85,265	85,265	21,316	21,316	21,316	21,316	85,264	100.00%
	04-Intergovernment Grants and Aid	361,824	283,575	0	76,874	77,178	200,976	355,028	125.20%
	06-Public Charges for Services	178,000	178,000	34,811	58,351	51,850	87,450	232,462	130.60%
	09-Other Revenue	188,000	213,000	69,230	67,480	81,813	71,932	290,454	136.36%
Total Revenue - Nutrition		\$813,089	\$759,840	\$125,356	\$224,020	\$232,157	\$381,674	\$963,208	126.76%

Fund	Expenditures:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
215	01-Regular Wages	-324,892	-279,892	-60,228	-74,908	-88,273	-100,758	-324,167	115.82%
	02-OT Wages	0	0	-111	-196	-375	-480	-1,162	0.00%
	03-Payroll Benefits	-60,817	-58,838	-12,148	-15,008	-16,896	-17,290	-61,343	104.26%
	04-Contracted Services	-12,250	-12,250	-820	-1,277	-822	-9,089	-12,007	98.02%
	05-Supplies & Expenses	-371,530	-340,260	-80,373	-97,367	-103,727	-130,361	-411,828	121.03%
	07-Fixed Charges	-39,600	-39,600	-13,200	-9,900	-9,900	-6,600	-39,600	100.00%
	09-Equipment	-4,000	-29,000	-16,521	-1,011	-30,036	-27,447	-75,016	258.68%
Total Expense - Nutrition		-\$813,089	-\$759,840	-\$183,401	-\$199,668	-\$250,029	-\$292,025	-\$925,123	121.75%
Net Surplus/(-Deficit) - Nutrition		\$0	\$0	-\$58,044	\$24,353	-\$17,872	\$89,649	\$38,085	

Dec Claim \$49,017
Updated Surplus \$87,102

Surplus Detail
Levy \$85,264
Catering Profit \$1,838

Eau Claire County - ADRC Fund
Quarterly Department Report - Summary

For Period Ending: Q4, 2021

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Date Ran: 3/21/22

46 - Transportation

Fund	Revenue:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
215	01-Tax Levy	53,445	54,031	13,361	13,361	13,361	13,948	54,031	100.00%
	04-Intergovernment Grants and Aid	267,223	270,739	270,153	0	0	0	270,153	99.78%
	09-Other Revenue	0	0	0	0	0	120	120	0.00%
Total Revenue - Transportation		\$320,668	\$324,770	\$283,514	\$13,361	\$13,361	\$14,068	\$324,304	99.86%

Fund	Expenditures:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
215	01-Regular Wages	-27,459	-27,459	-4,736	-5,551	-6,958	-8,330	-25,575	93.14%
	02-OT Wages	0	0	-1	0	0	-1	-2	0.00%
	03-Payroll Benefits	-3,401	-3,401	-620	-697	-844	-944	-3,105	91.30%
	04-Contracted Services	-262,808	-266,910	-12,899	-54,650	-42,851	-46,464	-156,865	58.77%
	05-Supplies & Expenses	-7,200	-7,200	-2,623	-5,818	-856	-13,497	-22,794	316.58%
	07-Fixed Charges	-19,800	-19,800	-6,600	-4,950	-4,950	-3,300	-19,800	100.00%
	09-Equipment	0	0	-5,164	0	-4,784	0	-9,947	0.00%
Total Expense - Transportation		-\$320,668	-\$324,770	-\$32,643	-\$71,666	-\$61,244	-\$72,535	-\$238,088	73.31%

Net Surplus/(-Deficit) - Transportation	\$0	\$0	\$250,871	-\$58,305	-\$47,883	-\$58,468	\$86,216
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Surplus to
85.21 Trust

Eau Claire County - ADRC Fund

Quarterly Department Report - Summary

For Period Ending: Q4, 2021

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Date Ran: 3/21/22

Total ADRC Fund

Dept	Revenue:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
43	ADRC	1,941,543	2,005,323	24,838	455,077	518,100	708,732	1,706,747	85.11%
44	Nutrition	813,089	759,840	125,356	224,020	232,157	381,674	963,208	126.76%
46	Transportation	320,668	324,770	283,514	13,361	13,361	14,068	324,304	99.86%
Total Revenue: ADRC Fund		\$3,075,300	\$3,089,933	\$433,708	\$692,458	\$763,618	\$1,104,474	\$2,994,259	96.90%

Dept	Expenditures:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021	% of Budget
43	ADRC	-1,941,543	-2,005,323	-377,703	-430,677	-498,628	-555,834	-1,862,842	92.89%
44	Nutrition	-813,089	-759,840	-183,401	-199,668	-250,029	-292,025	-925,123	121.75%
46	Transportation	-320,668	-324,770	-32,643	-71,666	-61,244	-72,535	-238,088	73.31%
Total Expenditures: ADRC Fund		-\$3,075,300	-\$3,089,933	-\$593,747	-\$702,011	-\$809,900	-\$920,394	-\$3,026,052	97.93%

Dept	Net:	Orig Budget 2021	Adj Budget 2021	Q1 2021	Q2 2021	Q3 2021	Q4 2021	YTD 2021
43	ADRC	0	0	-352,865	24,400	19,472	152,898	-156,095
44	Nutrition	0	0	-58,044	24,353	-17,872	89,649	38,085
46	Transportation	0	0	250,871	-58,305	-47,883	-58,468	86,216
Net Surplus/-Deficit: ADRC Fund		\$0	\$0	-\$160,038	-\$9,552	-\$46,282	\$184,079	-\$31,793

Updated Net Surplus \$180,193

**Eau Claire County
Aging and Disability Resource Center Board
By-Laws**

Article I: DefinitionsSection 1:

1. "ADRC Board" means the Aging and Disability Resource Center Board.
2. "ADRC" means the Aging and Disability Resource Center.
3. "Older adults" means individuals 60 years of age or over.

Section 2:

The ADRC Board shall be the governing committee for the Aging and Disability Resource Center, which is the lead agency of municipal government representing the needs, concerns, interests, and well-being of older adults and individuals with disabilities in Eau Claire County.

Article II: Mission and DutiesSection 1:

The mission of the agency is to support older adults, individuals with disabilities, and individuals with mental health or substance abuse issues and their families and caregivers by offering easy access to services and fostering a caring community that values lifelong contributions, maximum independence and individual dignity.

Section 2:

The powers and duties of the Board shall be exercised and performed in conformity with the laws, ordinances and resolutions of Eau Claire County. Duties of the Board shall include the following:

- Develop a mission statement for the Aging and Disability Resource Center (ADRC) that is consistent with the goals of the statewide redesign long term care system;
- Determine the structure, policies and procedures of the ADRC within state guidelines and the local governance structure of the county;
- Be an ambassador for the ADRC, representing and promoting the ADRC and the services it provides to the community at large
- Ensure that the ADRC has a viable plan for implementation and operation;
- Oversee the operation of the ADRC;
- Annually, identify unmet needs and prepare plans to meet them;
- Ensure input from consumers, service providers and local constituents in general in the policies, practice and goals of the ADRC;
- Orient and train ADRC board members;
- Provide input to ADRC budget and review spending relative to the budget.
- Ensure that the terms of the State/County ADRC contract are fulfilled;
- Serve as a grievance committee after other local steps to resolve concerns about the ADRC, have proved unsuccessful.

Article III: ADRC Board Membership, Appointment and TenureSection 1:

- The ADRC Board will consist of 11 members appointed by the County Board Chair, with confirmation by the County Board.
- The ADRC Board will reflect the ethnic and economic diversity of the geographic area served by the resource center.
- At least one-fourth of the membership of the board will consist of individuals who belong to an ADRC

client group or their family members, guardians, or other advocates.

- The proportion of board members representing older adults, individuals who are physically disabled, and individuals who are developmentally disabled shall be the same as the proportion of individuals in these target groups statewide that are enrolled in Medicaid managed long-term care programs. These individuals will each only represent one target group.
- One member of the governing board will be an individual with a mental health or substance abuse issue, or their family member or other representative.
- One member of the governing board may represent youth transitioning to the adult system.

Section 2:

Initially 3 members shall serve a term of 1 year, 4 members shall serve a term of 2 years and 4 members shall serve a term of 3 years.

Section 3:

Thereafter all, County board members shall serve a term of 2 years from the 3rd Tuesday of April and until their respective successors are appointed and qualified. No member may serve more than 3 consecutive 2 -year terms. Citizen members shall serve for terms of 3 years, and no member shall serve more than 2 consecutive 3-year term. Any vacancy shall be filled for the unexpired term in the same manner as the original appointment.

The board shall be composed of:

1. 6 citizen members.
2. 5 members of the county board of supervisors with 1 member from the commission on aging and 1 member from the human services board and one member residing outside the City of Eau Claire.
3. Members shall be chosen on the basis of recognized ability and demonstrate an interest in services for older adults, individuals with physical or developmental disabilities, or individuals with mental health or substance abuse issues. No person shall be appointed who has a conflict of interest as determined by state law or regulations or by county ordinance. No member of the ADRC Board may have any direct or indirect financial interest in a managed care organization.

Section 4:

Eligibility to become a member of the ADRC Board shall be the same as those for other County Board appointments to committees.

Section 5:

Persons seeking to fill the position of citizen member must submit a letter and application to the Eau Claire County Administrator within the time frame identified.

Section 6:

Any member that has more than three (3) unexcused absences in a twelve (12) month period, from regular ADRC Board meetings, shall resign his/her position on the Board. An unexcused absence means that the absentee did not notify the Chair or the appointed agent that he/she would be unable to attend the meeting.

Section 7:

The current policies on payment of per diems for attending meetings for the county shall be applied to representatives appointed by the County to serve on the Board

Article IV: ADRC Board Officers

Section 1:

The County Board Chair shall appoint a chair pro tem to chair the first meeting. The ADRC Board shall elect a chair and a vice-chair. Officers so elected shall serve a term of 1 year from the 1st Monday of May following

their election or until their respective successors are elected and qualified. All succeeding terms shall be for one year.

Section 2:

The Chair shall:

1. preside at regular and special meetings of the ADRC Board
2. be prepared to report to the County Board and/or its committees, and to attend such meetings as are appropriate to the business of the ADRC Board
3. appoint committees as needed
4. approve and sign documents where appropriate

Section 3:

The Vice-Chair shall:

1. Assume the responsibilities of the Chair in the Chair's absence

Article V: Appointments

Section 1:

The Chair will make appointments to board committees and to regional and state committees as appropriate.

Article VI: Meetings

Section 1:

The ADRC Board shall meet as the members determine or the chair directs, but at least a minimum of six times per year. The majority of the ADRC Board shall constitute a quorum.

Section 2:

The ADRC Board shall determine its meeting schedule based upon the convenience of its members. Thereafter, a change in the regular schedule shall be approved by a two-thirds vote of the ADRC Board. The members shall be notified in advance of any change in the schedule.

Article VII: Committees

Section 1:

The ADRC Board may appoint sub-committees, or advisory committees consisting of either members or non-members or both, to encourage community involvement and carry out the purposes and objectives of the ADRC Board.

Article VIII: Code of Ethics

Section 1:

Both ADRC Board members and staff must abide by the Eau Claire County Ethics Code.

Section 2:

ADRC Board members shall not release the names and/or other confidential information about program participants without the consent of the participant. The responsibility to maintain confidentiality should be fulfilled in such a way as to not obstruct or preclude legitimate public access to records or information relative to the activities, programs, services and financing of the Aging and Disability Resource Center.

Article IX: Rules of Order

Section 1:

The ADRC Board shall conduct its business according to Roberts' Rules of Order.

Article X: Ratification of By-Laws

Section 1:

Ratification of these by-laws shall be by a two-thirds vote of the ADRC Board.

Section 2:

These by-laws may be amended as deemed necessary by a two-thirds vote of the ADRC Board at any regularly scheduled meeting provided there has been at least ten days advance notice of the intent to amend.

Approved 4/9/08

**Eau Claire County
Aging and Disability Resource Center Board
By-Laws**

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- Determine the structure, policies and procedures of the ADRC within state guidelines and the local governance structure of the county;
- Be an ambassador for the ADRC, representing and promoting the ADRC and the services it provides to the community at large
- Ensure that the ADRC has a viable plan for implementation and operation;
- Oversee the operation of the ADRC;
- Annually, identify unmet needs and prepare plans to meet them;
- Ensure input from consumers, service providers and local constituents in general in the policies, practice and goals of the ADRC;
- Orient and train ADRC board members;
- ~~Provide financial oversight of the ADRC, including preparation and submission of an annual budget;~~ and Provide input to ADRC budget and review spending relative to the budget.
- Ensure that the terms of the State/County ADRC contract are fulfilled;
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Section 2:

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Section 3:

Hereafter all, County board -members shall serve a term of 23-years from the 3rd Tuesday of April and until their respective successors are appointed and qualified. No member may serve more than 32 consecutive 23-year terms. Citizen members shall serve for terms of 3 years, and no member shall serve more than 2 consecutive 3-year term. Any vacancy shall be filled for the unexpired term in the same manner as the original appointment. The board shall be composed of:

1. 6 citizen members.
2. 5 members of the county board of supervisors with 1 member from the commission on aging and 1 member from the human services board and one member residing outside the City of Eau Claire.
3. Members shall be chosen on the basis of recognized ability and demonstrate an interest in services for older adults, individuals with physical or developmental disabilities, or individuals with mental health or substance abuse issues. No person shall be appointed who has a conflict of interest as determined by state law or regulations or by county ordinance. No member of the ADRC Board may have any direct or indirect financial interest in a managed care organization.

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Approved 4/9/08

April 2022 Events

Senior Dining sites offering Grab 'n Go or Congregate meals at lunchtime:

- St. John's Apartments, 815 Chapin St, Eau Claire, Monday through Friday, 10:45am. Grab and Go only
- Augusta Senior & Community Center, 616 W Washington St, Augusta, Monday through Friday, 11:30am.
- Fairchild Community Center, 121 Farmer Street, Fairchild, every Wednesday, 12:00pm.

Senior Dining sites offering Grand 'n Go or Congregate meals for Evening Meals:

- LE Phillips Senior Center, 1616 Bellinger St, Eau Claire, April 12, and April 26, 5:00pm.

Dementia Support (virtual, or in person):

Early-Stage Memory Loss Support Group (in person)

Wednesday, April 27, 1:30–3:00pm. Lake Street Methodist Church, 337 Lake St Eau Claire. To register contact Lisa @ lisa.wells@co.eau-claire.wi.us

Coffee Group for Men (in person)

Wednesdays, April 6 and April 20, 11:00am. Peace Lutheran Church, 501 E Fillmore, Eau Claire. To register contact Bob at 414-378-2114 or beevee6610@gmail.com.

Memory Café (in person)

Tuesday, April 8, 10:00-11:30am. Chippewa Valley Museum 1204 ½ Moon, Eau Claire. To register contact Lisa @ lisa.wells@co.eau-claire.wi.us

Lewy Body Dementia Support Group (in person)

Wednesday, April 13, 6:00pm-8:00pm. Porter Place, 914 Porter Ave, Eau Claire. To register contact Janelle at romatowskij@comcast.net or Amy at 715-379-3148 or amy@modularmarketingsystems.com

The DICE Approach (virtual)

Wednesdays April 6, 13, and 20, 9:30am-11:30 am. Virtual. Register at www.adrcevents.org or call the ADRC, 715-839-4735.

Stand in the Light Memory Choir Winter/Spring

Thursdays, January 3rd- April 21st. 10:00-11:00am. For more information call 715-210-4165 or email standinthelightchoir@gmail.com

Additional Programming

Medicare & You (in person)

Wednesday, April 6 at 10:00, and Friday, April 22 at 1:00pm in person, at 721 Oxford Ave Eau Claire. Register at www.adrcevents.org or call the ADRC 715-839-4735.

Eau Claire Caregiver Café (in person)

First Tuesday of the month, February 1st, 9-10:30am. French Press 2922 2823 London Rd Eau Claire. Register at www.adrcevents.org or call the ADRC, 715-839-4735.

Meet & Greet Webex Practice (virtual)

Tuesday, April 19, 2:00pm-3:00pm. Register at www.adrcevents.org or call the ADRC, 715-839-4735.

Mind over Matter: Healthy Bowels, Healthy Bladder (virtual)

Tuesdays April 26, May 10 and 24, 2:00pm-4:00pm. Register at www.adrcevents.org or call the ADRC, 715-839-4735.

Stepping on (in person)

Tuesdays, April 12- May 24, 10:00am-12:00 pm. Grace Lutheran Church 202 W Grand Ave Register at www.adrcevents.org or call the ADRC, 715-839-4735.

Stand Up and Move More (telephone conference)

Mondays, April 4-25, and May 23, 10:00am-11:00am. Register at www.adrcevents.org or call the ADRC, 715-839-4735.

Strong Bodies

Mondays and Wednesdays, April 4- June 13, 8:30-9:30, or 11:15-12:15, or 4:30-5:30 or 5:00-6:00. Tuesdays and Thursdays April 5-June 9, 8:30-9:30. Virtual or in person options. Register at www.adrcevents.org or call the ADRC, 715-839-4735

Healthy Living with Diabetes

Thursdays, April 21- May 26 and June 2, 10:00am-12:30pm. Eau Claire County Courthouse, 721 Oxford Ave. Register at www.adrcevents.org or call the ADRC, 715-839-4735