#### **AGENDA**

Eau Claire County
Aging & Disability Resource Center Board
Monday, February 14, 2022, at 3:00 pm
Remote Meeting via Webex Events

Those wishing to make public comments must submit their name and address no later than 30 minutes prior to the meeting to brianna.werner@co.eau-claire.wi.us. Comments are limited to 3 minutes; you will be called on during the public section of the meeting. Written comments will also be accepted and should be submitted to brianna.werner@co.eau-claire.wi.us

Public Access: 1-415-655-0001 US Toll, Access Code: 2592 969 7702

Link to join meeting:

https://eauclairecounty.webex.com/eauclairecounty/j.php?MTID=m357be302e642c13588f6e4887be46585

\*Mute your personal device upon entry

- 1. Welcome & Call to Order
- 2. Confirmation of meeting notice
- 3. Introductions
- 4. Public Comment
- 5. Review of January 10<sup>th</sup> ADRC Board Minutes / Discussion Action Handout #1
- 6. Chair/Vice Chair Report
- 7. Transportation Updates
- 8. Nutrition Updates
  - Approval of new senior dining site (Hy-Vee)/ Discussion-Action
- 9. Director Report
  - Covid Operation Updates
  - Hwy-MOW facility
  - 2021 ADRC Annual Report Handout #2
  - Personnel Updates
    - o FTE increase for Nutrition Program Cook/ Discussion-Action Handout #3
    - o Pay Grade/Title Change for Resource Specialist position/Discussion-Action Handout #4
    - Vacancy update
- 10. Reports from members on state advisory councils/committees

- 11. Advocacy
- 12. Upcoming Events Handout #5
- 13. Future agenda items- March 14th
- 14. Adjourn

# Prepared by Brianna Werner

PLEASE NOTE: Upon reasonable notice, efforts will be made to accommodate the needs of individuals with disabilities through sign language, interpreters, or other auxiliary aids. For additional information or to request the service, contact the County ADA Coordinator at 715-839-4710, (FAX) 715-839-1669, tty: use Relay (711) or by writing to the ADA Coordinator, Human Resources, Eau Claire County Courthouse, 721 Oxford Avenue, Eau Claire, WI 54703.

# Eau Claire County Aging & Disability Resource Center Board Monday, January 10, 2022, 3:00 pm Remote Meeting via Webex Events

Chair Kimberly Cronk called the meeting to order at 3:00pm

Roll Call/Members Present: Carl Anton, Kimberly Cronk, Chris Hambuch-Boyle, Sandra

McKinney, Sue Miller, Sandra Romey, Dan Sippl

Others Present: Linda Struck, Brianna Werner, Betsy Henck, Kelli Weiss, Jeneise Briggs

Confirmation of meeting notice- yes

Public Comment- none. Motion to close by Sandra McKinney, Dan Sippl seconds the motion. Public comment closed.

Review November 8, 2021, ADRC Board Minutes. Chris Hambuch- Boye motion to approve minutes, Carl Anton Seconds the motion. All in favor. None opposed. Minutes approved as presented

Chair Report – Kim Cronk. Thank you to Sandra McKinney and Chris Hambuch-Boyle for their service. Discussion of celebration. Thinking of Audrey Nelson. Volunteering opportunities at warming shelter. AARPA funding, housing discussion

Vice Chair Report. Sue Miller- nothing to add

Jeneise Briggs, EDI Coordinator- Presentation and discussion about EDI position at Eau Claire County Courthouse

Transportation Updates- Betsy Henck. Signed 85.21 grant, will receive funds. 2022 continue to waive out of county and project 2 fees for consumer. Rural ADRC van rides numbers; 61 rides in October, 77 rides in November, 93 rides in December. Discussion about advertising.

Nutrition Updates- shelf stable emergency food bags distributed end of November and again in February or March. Can call for additional ones. Still working with Hy-Vee for congregate dining site, restaurant style. Consumers will be given 10 options; 5 breakfast items, 5 lunch

items. Hy-Vee providing food. We would provide meal site worker. 9am-12pm on Tuesdays. March-April is start time goal. Talking to Eastridge Estates in Altoona about congregate dining site, discussing with GWAAR also. Would be Mon-Fri. Discussion about students helping with the HyVee site. Stepping up your nutrition class, 15 people at one time. Hosting in person in March

Director Report. Linda Struck

Covid Update- limit face to face interactions after the holidays. Directed staff to utilize phone or virtual if they can for the month of January. Certain circumstances that don't allow for phone or virtual, supervisor approval for those. Strict on 6 feet and face masks. Most positions can work from home. Some small support groups meet in person. Did change to grab n go for congregate dining sites for month of January. Still open for business, doors are open, and talking with walk-ins

Funding-7 pods of COVID funding \$535,000 total, spent \$261,000, have \$249,000 left, numbers through November 2021. Title 3 programs using the most; nutrition, congregate, caregiver programs. Neighborhood grant part of AARPA funding with Wisconsin DOA, haven't heard back. Supposed to hear end of December, sent email last week.

Vacancy/personnel update- Options Counselor position filled by internal candidate, Molly Yang. Resource Specialist position open, McGrath making sure it is rated correctly. Updated job description of position given. Admin position vacant County will be doing a market analysis of all positions in 2022. Discussion about employees/hiring.

Highway/MOW facility- on target to be completed the end of 2022.

Reports- Invitation from Chris Hambuch-Boyle to attend the Blue-Ribbon Commission Birthday Bash, January 14, 2022, 6pm

Advocacy/Upcoming events- AARPA funding rescue recovery suggestions/survey, ensure people have very basic needs met.

Upcoming events- Handout #3

Future agenda items- none

Next meeting date February 2022, at 3:00pm

Motion by Carl to adjourn- McKinney second. Meeting adjourned 4:33 pm

Respectfully Submitted,

Brianna Werner

Aging & Disability Resource Center Board

### **Aging & Disability Resource Center (ADRC)**

The mission of the ADRC is to help people age 60+ and adults with disabilities secure needed service or benefits, live with dignity and security and achieve maximum independence and quality of life. There are no income requirements to utilize the services of the ADRC. The ADRC also assists family members, friends, caregivers, and other professionals helping adults age 60+ and/or adults with disabilities.

### 2021 Highlights-Accomplishments

- Collaborated with Health Department on Vaccine Outreach efforts including identifying homebound individuals and assisting with vaccine appointments.
- 17,619 Information & Assistance contacts were made with individuals regarding ADRC services.
- Successfully followed up on 1,881 Options Counseling referrals for seniors and/or individuals living with a disability.
- Delivered 89,334 meals to our Meals on Wheels (MOW) participants. This is a 48% increase from 2019.
- Maintained a combination of virtual and face to face workshops in the areas of Dementia, Health Promotion, Medicare and ADRC presentations throughout the community.
- Secured additional COVID19 funding to support expansion of Meals on Wheels, Caregiver Programs and vaccine outreach during the pandemic.
- Continued success with ADRC Rural Van program, 749 rides given for non-medical appointments.
- A partnership with a local non-profit, Feed My People, has continued to keep the quality of the food high while managing costs for Meals on Wheels and Senior Dining sites.
- Groundbreaking of MOW kitchen and highway facility.
- Successfully issued four Vehicle Modification Grants for participants who needed modifications to their vehicle for accessibility and safety reasons.
- Collaborated with Parks and Forest to ensure accessible docs are available at Lake Eau Claire.
- Implemented and expanded the Connecting Eau Claire Program, which is where volunteers call homebound seniors who are isolated.
- Reopened congregate senior dining sites after being closed due to COVID.
- Added a new Options Counselor position to help manage the increasing aging population referrals.
- Implemented a new evidence-based prevention program, Stand Up and Move More.

#### **Alignment with Strategic Plan**

**Building and Infrastructure-** To improve investment in buildings and infrastructure to solve space, maintenance, efficiency, and security concerns.

- The Veterans Services Department and the ADRC are fully transitioned and are co-located. ADRC provides reception services for the Vet Department and co-location also allows for continuity of service between consumers.
- We continue to have outreach offices in Fall Creek at our Central (MOW) Kitchen and in Augusta at the Senior Center.
- Worked with Highway Department and Facilities Department to incorporate the Meals on Wheels Kitchen into the new Highway Facility, projected to be completed in 2022.
- Teleworking has proven to be an effective and efficient way to conduct ADRC business for all aspects except walk-in traffic, which has been reinstated safely.

**Funding & Revenue Generation-** To improve the budget situation of Eau Claire County through identification of cost savings, new sources of revenue, and prioritized budget reallocations in an environment of fixed levy rates.

- The ADRC provides ongoing training and support to staff to maximize federal revenue claiming to support operations as well as to support staff to further working knowledge and updates with programs and services to better service the consumers of Eau Claire County.
- The ADRC works collaboratively with outside agencies as well as continuously with volunteers to provide services to maximize budget including meals on wheels kitchen, drivers, prevention, and caregiver programs.
- ADRC is a service provider for Chippewa County and has contracts to provide Prevention services and meals for their homebound seniors and senior dining sites, thereby expanding our reimbursements.
- Secured additional COVID19 funding to support expansion of Meals on Wheels and Caregiver Programs during the pandemic.
- Future Kitchen co-location with the Hwy Department. This will reduce a rent obligation of \$6,600/month.
- Wrote for a Neighborhood Grant through the Department of Administration for \$1.75 million to cover the cost of the new MOW kitchen. Awards will be announced 1<sup>st</sup> quarter of 2022.

**Technology-** To develop a process for continuous improvement of modern and integrated technology infrastructure, including training, shared knowledge, automated workflow processes, and adequate security.

- E-Newsletters are an option for both the ADRC Monthly Newsletter and the Quarterly Dementia Newsletter.
- Enhanced ADRC website content and usability.
- Continued use of virtual platforms to diversify program service delivery.
- Continued enhancement of Meals on Wheels Database-App that was created in collaboration with our IT department. We use this application to automate our Meals on Wheels routes, daily logs, changes, and donation letters.
- Teleworking has proven to be an effective and efficient way to conduct ADRC business for all aspects except walk-in traffic, which has been reinstated safely.

**Staff-** To transform Eau Claire County into a preferred place of employment (hiring and retention), including addressing needs for compensation, benefits, succession planning and work culture.

- Increased flexibility of work hours and location were encouraged and implemented by many staff.
- Vacancy rate in 2021 was only 6%.

**Provision of Services-** To develop a countywide process to identify relevant services based on a defined evidence-based needs assessment, which will include criteria to determine adoption, continuation, or termination of specific programs and services.

- ADRC programming was delivered with a hybrid model (face to face and virtual).
- ADRC Staff continue to establish collaborative relationships with outside agencies to increase referral and presentation.
- There were significant adaptions to service provision due to the pandemic. Continued with several safety standards such as spacing, plexiglass in lobby and specially set up meeting rooms, office procedures, adjustments/expectations, and duties etc. Face to face appointments were shifted to phone or WebEx virtual platform as appropriate, some events were cancelled and any classes or group activities that were able to be moved to WebEx were re-envisioned and implemented.
- All prevention programs the ADRC offers are evidence-based and meet Title III Part D Disease Prevention and Health Promotion Older Americans Act funding requirements. We seek opportunities to bring new health promotion programs to Eau Claire County as they become available.
- Collaborated with other ADRC's to offer additional virtual programming each month.

**Communication-** To develop an effective, modern, and accessible communications system, including internal, external and advocacy, to better serve and engage the citizens of Eau Claire County.

- An electronic version of the ADRC and Dementia newsletter are available for individuals to sign up for.
- Sign Up Genius is used so that our participants can self-register for our programs.
- Social Media is used to promote our services.
- Provide virtual formats (WEBEX) for meetings, presentations, classes, etc.
- The ADRC has continued partnerships with the media, including WEAU13, WQOW, Volume One, and Leader Telegram.
- Finesse Call Center Phone System allows for more flexibility to add more staff to phones, when needed, monitoring purposes, data for performance management/state contracts, and telework opportunities.
- For those who cannot do things electronically, ADRC staff are available by phone to assist with electronic signup. We also provide paper copies for all home delivered meal participants and by request of anyone accessing our services.

## **2021 Future Opportunities-Challenges**

- The populations of those age 60+ continues to increase at a rapid rate as the baby boomers grow older. All communities throughout the United States are experiencing this to some degree and Eau Claire County is no exception. From 2010 to 2020, we had an increase of 26% and from 2020 to 2040, we are projecting to have an additional 18% increase in this population.
- Due to population increase in older adults, service demand for our programs continues to increase significantly, however the funding has remained still. We continue to explore ways to modify how we provide these services to keep up with the rising demand.
- Two key focus areas for our Aging plan are loneliness and technology. A main concern of consumers as well as professionals in the community for older adults is combating loneliness as well as reaching people with technology innovation. The pandemic has heightened these concerns.
- The population boom and the pandemic has put a strain on all resources for seniors and people living with a disability, such as low-income housing, nursing home beds, caregiver support, etc.
- State initiated Options Counseling standards-requirements have increased the workload for both the Options Counselors and Manager.
- COVID-19
  - o Virtual and phone programming can be very difficult for the population we serve.
  - O Moving everything to a virtual platform has taken staff time to learn themselves, implement and assist our consumers in getting connected. Staff that previously did face to face visits had to relearn how to assess individual's situations without the valuable context that comes with face to face.
  - o Future considerations of safely and gradually returning operations back to normal service provisions will be a challenge.
  - As pandemic conditions initially dictated offering online formats, post Covid-19 is likely to see a
    continuation in demand for some virtual workshops as it enables individuals with mobility,
    caregiver, or disability challenges to participate; and it eliminates a need to cancel classes due to
    inclement weather conditions.
  - There is an opportunity to fill virtual workshops to maximum capacity as participants can reside in any geographic location.

#### **ADRC**

The ADRC offfers information and assistance and access to a wide variety of services for people age 60 and older; adults with disabilities and their caregiver; regardess of income. The ADRC provides information on a broad range of programs and services, helps people understand the various long-term care options available to them, helps people apply for programs and benefits, serves as the access point for publicly funded long-term care, provides support for people living with dementia and their care partners and offers evidence based health promotion and prevention classes.

OUTPUTS	2018	<u>2019</u>	<u>2020</u>	YTD* 2021
Information & assistance contacts	17,265	17,005	15,557	17,619
Unduplicated number of people receiving assistance	6,048	5,156	4,555	5,093
Contacts for assistance ages 60+ (standard is 1,344)	13,337	13,078	11,826	14,068
Contacts for assistance ages 18-59 (standard is 768)	4,915	3,927	3,731	3,551
Options Counseling Referrals	1,676	1,651	1,442	1,881
Youth Transition Referrals	n/a	n/a	42	26
Disability Benefit Specialist Referrals	420	400	326	285
Elder Benefit Specialist Referrals	891	784	655	640
Medicare Annual Open Enrollment Referrals (October 15 - December 7)	219	145	194	187
Total Family Care Enrollments	198	210	183	198
Total IRIS Enrollments	78	58	54	44
Medical Assistance Applications the ADRC Assisted With	178	176	186	217
Functional Screens Completed	n/a	n/a	317	329
Memory Screens Completed	85	96	70	66
Total Prevention & Health Promotion Classes Offered	35	42	28	30
Total Number of Participants in Prevention & Health Promotion Classes	773	819	462	431
Adaptive Equipment Loans	364	441	259	397
Total number of volunteers for prevention	14	12	14	11
Hours donated by volunteers for prevention	668	749	309	372
Individuals receiving supportive and/or respite services	38	29	52	53
Staff presentations, workshops, support groups, and education outreach				159
Number of people attending presentations, workshops, support groups, and education outreach				1768
OUTCOMES	2018	2019	2020	YTD* 2021
Options Counselors record reviews will be at or above 85% accuracy				n/a
Less than 5% of calls coming into the ADRC queue will be abandoned by the caller				3.40%
95% of individuals responding to Prevention & Health Promotion post class surveys will indicate the information and education provided met or exceeded their expectations.	98%	99%	99%	98%

## \*YTD indicates Jan-Dec Result

#### Nutrition

This program includes Meals on Wheels delivered throughout the county. Senior dining sites located at the Augusta Senior Center, LE Phillips Senior Center, and St. John's Apartments are included. Additional services that support nutrition are also a part of this program area such as the liquid supplement program and volunteer drivers for Meals on Wheels.

OUTPUTS	<u>2018</u>	<u>2019</u>	<u>2020</u>	<u>YTD* 2021</u>
Congregate meals served	9,215	7,707	1,709	897
Meals on Wheels delivered	68,287	60,240	80,156	89,334
People served	1,139	1,140	1190	1166
Cases of Liquid Supplements distributed	1,297	1,134	871	708
Nutrition Risk Screens completed	521	612	625	528
Total average number of volunteers	222	86	106	160
Hours donated by volunteers	13,664	12,719	12,248	12,212
OUTCOMES	2018	<u>2019</u>	<u>2020</u>	<u>YTD* 2021</u>
85% of program participants responding to annual satisfaction surveys will indicate they would recommend meals on wheels to friends and family.	93%	95%	96%	96%
Average food-supply costs per meal will be below \$2.90/meal		\$2.74	\$2.91	\$3.13
*VTD indicates fan Dec Results				

#### \*YTD indicates Jan-Dec Resu

#### **Transportation**

The county partners with the City of Eau Claire to provide transportation for people age 60+ and adults with disabilities who do not have access to transportation. Rides are provided for medical, nutritional, social, and employment purposes. The program is funded with a WI Department of Transportation grant and levy match.

OUTPUTS	2018	2019	2020	YTD* 2021
Total number of Project 1 paratransit rides (normal bus hours)	21,402	25,744	9,172	8,203
Total number of Project 2 paratransit rides (non-bus hours)	3,119	2,984	1,257	1,901
Total number of out of county trips	194	196	1127	1,683
Total number of trips with ADRC van	586	898	882	749
Total number of rides for people age 60+ (all rides)	12,005	7,822	4,631	4,687
Total number of rides for people with disabilities (all rides)	12,011	11,326	6,931	7,086
OUTCOMES	2018	<u>2019</u>	2020	YTD* 2021
90% of users responding to semi annual surveys will indicate they are satisfied to very satisfied with Specialized Transportation services.	97%	93%	97%	96%
*YTD indicates Jan-Dec Result				

#### **FACT SHEET**

#### **TO FILE NO. 21-22.090**

The Aging & Disability Resource Center has submitted a request to increase the current 0.4 Program Cook position to a 0.6 Program Cook position for the Nutrition Program to assist with the increase demand of meals requested.

#### Background and Facts:

Meals on Wheels provides hot, ready to eat meals to our County's most vulnerable population. In 2019 we provided a total of 67,947. In 2020 we provided a total of 81,865 meals and in 2021 we provided 90,231 meals total to Eau Claire County.

In addition, we provide meals to Chippewa County's Meals on Wheels Program making 22,248 in 2019, 19,683 in 2020 and 23,270 in 2021.

Over the last 3 years we have a seen a 33% increase in demand and have only increased the FTEs in that area by .27 FTE (late in 2020 we increased a 29 hr./wk. position to 40 hours).

The Nutrition Program currently has 3.4 FTE in Cooks to plan, produce and package all those meals. This increase can help alleviate some of the workload brought forth by the extra demand. In addition, we have been struggling to fill a position that only works 16 hours per week. This increase will hopefully attract more potential candidates with increased hours and PTO benefit.

#### Fiscal Impact:

ADRC will be funding these additional hours with Grant funding and additional donation dollars. We will see an \$8,209 increase in wages.

Respectfully Submitted,

Sinds Struck

Linda Struck

Betsy Henck

Jessica Rubin

ADRC Director

ADRC Manager

Betry Henck

**HR Director** 

AUTHORIZING AN INCREASE IN THE CURRENT 0.4 PROGRAM COOK POSITION IN THE NUTRITION PROGRAM OF THE AGING AND DISABILITY RESOURCE CENTER (ADRC) TO A 0.6 FTE PROGRAM COOK POSITION

WHEREAS, the ADRC's Nutrition Program provides hot, ready to eat meals to both the Eau Claire County and Chippewa County Meals on Wheels programs providing a necessary service to some of the most vulnerable individuals in both counties; and,

WHEREAS, currently there are 3.4 FTE Program Cook positions allocated to the ADRC to serve the Nutrition Program. The Program Cooks are responsible to plan, produce (cook); and package all meals for these programs; and,

WHEREAS, over the past three years there has been an increase in the number of meals being prepared by the Nutrition Program for both Eau Claire and Chippewa County. With the total number of meals for each county being:

Eau Claire: 2019: 67,947 meals 2020: 81,865 meals

2021: 90,231 meals

23 Chippewa:

2019: 22,248 meals 2020: 19,683 meals

2021: 23,270 meals

WHEREAS, in the year 2020 a 0.73 FTE (29 hr./wk.) position was increased 0.27 to a 1.0 FTE (40 hr./wk.) position, in response to the increased demand for meals. Even with that increase in staffing, it has been difficult for the current staff to handle the increased workload because of a 33% increase in the demand for the number of meals prepared over the last three years; and

WHEREAS, the current 0.4 FTE position (16 hr./wk.) is a difficult to keep filled due to the lack of hours with no benefits. By increasing the position to a 0.6 FTE it will provide more hours and provide a prorated PTO benefit.

WHEREAS, the projected fiscal impact to increase the 0.4 FTE to 0.6 FTE will be approximately \$8,209. The ADRC can fund the increased cost with grant funding and additional donation dollars

NOW, THEREFORE BE IT RESOLVED by the Eau Claire County Board of Supervisors that the 0.4FTE Program Cook position in the ADRC Nutrition Program be increased to a 0.6 FTE position so that the total number of Program Cook positions will now be 3.6 FTE.

I hereby certify that the foregoing correctly represents the action of the Committee on Human Resources on	I hereby certify that the forgoing correctly represents the action of the Aging and Disability Resource Center		
February, 2022, by a vote of	Board on February , 2022, by a		
for, and against.	Vote offor, and against.		
Mark Beckfield, Chair	Kimberly Cronk, Chair		
Committee on Human Resources	Aging and Disability Resource		
	Center Board		

#### **FACT SHEET**

#### TO FILE NO. 21-22/095

## **ADRC Request**

The Aging & Disability Resource Center submitted a request to re-rate our Resource Specialist position from Pay Grade G to Pay Grade H. With this, a Title change to Resource Specialist II.

## **Background and Facts:**

Upon recent vacancy of the Resource Specialist position the job description was analyzed and improved. Due to changes to the Resource Specialist job description and responsibilities of this position, McGrath has supported a rating increase from Pay Grade G to Pay Grade H. Because this Title exists in another department on Pay Grade G, we propose changing the Title of this ADRC position to Resource Specialist II. We feel this is indicative of the true nature of the position.

<u>Fiscal Impact</u>: For 2022 there will be no fiscal impact. We currently have a Resource Specialist vacancy that will cover the increases. Had we not had a vacancy, the impact to our budget would be \$6,115.

Respectfully Submitted,

Binds Struck

Linda Struck

Lisa Riley

Jessica Rubin

**ADRC Director** 

ADRC Manager

Jisa Biley

**HR Director** 

# February 2022 Events

Senior Dining sites offering Grab 'n Go or Congregate meals at lunchtime:

- St. John's Apartments, 815 Chapin St, Eau Claire, Monday through Friday, 10:45am. Grab and Go only
- Augusta Senior & Community Center, 616 W Washington St, Augusta, Monday through Friday, 11:30am.
- Fairchild Community Center, 121 Farmer Street, Fairchild, every Wednesday, 12:00pm.

Senior Dining sites offering Grand 'n Go or Congregate meals for Evening Meals:

• LE Phillips Senior Center, 1616 Bellinger St, Eau Claire, February 8 & 22, 5:00pm.

## <u>Dementia Support (virtual, or in person):</u>

Early-Stage Memory Loss Support Group (in person)

Wednesday, February 23, 1:30–3:00pm. Lake Street Methodist Church, 337 Lake St Eau Claire. To register contact Lisa @ lisa.wells@co.eau-claire.wi.us

Coffee Group for Men (in person)

Wednesdays, February 2 and February 16<sup>th</sup>, 11:00am. Peace Lutheran Church, 501 E Fillmore, Eau Claire. To register contact Bob at 414-378-2114 or <a href="mailto:beevee6610@gmail.com">beevee6610@gmail.com</a>.

Memory Café (in person)

Tuesday, February 8<sup>th</sup>, 10:00-11:30am. Chippewa Valley Museum 1204 ½ Moon, Eau Claire. To register contact Lisa @ lisa.wells@co.eau-claire.wi.us

Lewy Body Dementia Support Group (in person)

Wednesday, February 9, 6:00pm-8:00pm. Porter Place, 914 Porter Ave, Eau Claire. To register contact Janelle at romatowskij@comcast.net or Amy at 715-379-3148 or amy@modularmarketingsystems.com

Dementia Caregiving 101(virtual)

Thursday, February 24, 2022. noon-1:30pm. Register at www.adrcevents.org or call the ADRC, 715-839-4735

Dementia Live-ADRC Volunteers (virtual)

Wednesday, February 2<sup>nd</sup>, 9:00-10:00am or Noon-1:00pm and February 16<sup>th</sup>, 9:00-10:00am or Noon-1:00pm. Register at <a href="https://www.adrcevents.org">www.adrcevents.org</a> or call the ADRC, 715-839-4735

Savvy Caregiver Workshop (virtual)

Wednesdays, February 23<sup>rd</sup>-March 30<sup>th</sup>, 9:00-11:00am. Register at <u>www.adrcevents.org</u> or call the ADRC, 715-839-4735

Stand in the Light Memory Choir Winter/Spring

Thursdays, January 3<sup>rd</sup>- April 21<sup>st</sup>. 10:00-11:00am. For more information call 715-210-4165 or email standinthelightchoir@gmail.com

Boost Your Brain & Memory (in person)

Mondays, February 14-March 28, 22, 10:30-11:00am. L.E. Phillips Senior Center. Register at <a href="https://www.adrcevents.org">www.adrcevents.org</a> or call the ADRC, 715-839-4735

# **Additional Programming**

Medicare & You

Wednesday February 9th, virtual via Webex at 10:00am and February 18<sup>th</sup>, in person, at 721 Oxford Ave Eau Claire at 1:00pm. Register at <a href="https://www.adrcevents.org">www.adrcevents.org</a> or call the ADRC 715-839-4735.

Eau Claire Caregiver Café (in person)

First Tuesday of the month, February 1<sup>st</sup>, 9-10:30am. Cabin Coffee 2922 Meadowlark Lane Altoona. Register at <a href="https://www.adrcevents.org">www.adrcevents.org</a> or call the ADRC, 715-839-4735

Webex Meet & Greet (virtual)

Monday, February 7, 2022, 1:00pm-2:00 pm. Register at www.adrcevents.org or call the ADRC, 715-839-4735

Mind over Matter: Healthy Bowels, Healthy Bladder (virtual)

Mondays, February 14, 28 and March 14, 1:30-3:30pm. Register at <a href="www.adrcevents.org">www.adrcevents.org</a> or call the ADRC, 715-839-4735

Stepping on (virtual)

Tuesdays, February 1-March 15, 10:00am-12:15 pm. Register at <a href="www.adrcevents.org">www.adrcevents.org</a> or call the ADRC, 715-839-4735