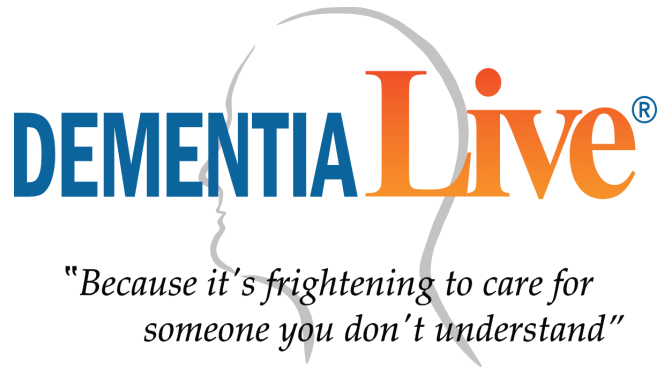


# ADRC Volunteers - Dementia Training



Dementia Live is an evidence-informed virtual simulation that immerses participants into life with dementia resulting in a deeper understanding of what it is like to live with cognitive impairment and sensory changes.

The virtual simulation is an excellent opportunity to assist you with family members, friends, or neighbors. In addition, learn tips and tools to improve communication and understanding.

This is a free, virtual training provided by the Dementia Care Specialist that you can take in the comfort of your home. Please choose one date/time to attend.

## Wednesday, February 2nd

- 9:00 - 10:00 am
- Noon - 1:00 pm

## Wednesday, February 16th

- 9:00 - 10:00 am
- Noon - 1:00 pm

### To Participate, You Will Need:

- Electronic device (desktop, laptop, tablet/iPad)
- Sunglasses
- Pair of gloves
- A beverage (water, tea, or coffee, etc.)
- Wallet or purse (with wallet inside)
- Pad of paper, pen, and paperclips
- Sticky notes
- Cell phone
- Magazine or book

Register online at

[www.adrcevents.org](http://www.adrcevents.org)

or call the ADRC at 715-839-4735

Once registered, an email will be sent with a Webex link to join the meeting at your choice of date and time.