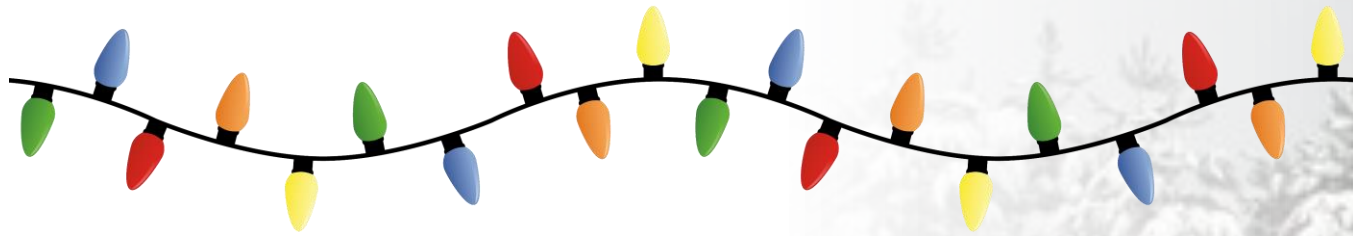


# Making Spirits Brighter



## Happier Holidays for Families Coping with Dementia

**WHEN:** Wednesday, December 1, 2021

**TIME:** Noon – 1:30 pm

**WHERE:** Comfort of your home

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Join Dementia Care Specialist Lisa Wells and retired chaplain, author, and caregiver Moira Kneer, for an afternoon of learning, conversation, and practical self-care tips for happier holidays.

Register online at [www.adrcevents.org](http://www.adrcevents.org) or call 715-7839-4735 by November 30<sup>th</sup>. Once registered, all participants will receive an email link to join the webinar by phone or online.

