

Eau Claire Caregiver Café



**1st Tuesday of each Month
9 to 10:30 A.M.**

**Location: The French Press
2823 London Rd in Eau Claire, WI 54701**

What is a Caregiver Café?

The caregiver café is an informal gathering place where caregivers can drop in, relax and connect with others while enjoying a cup of coffee/tea and delicious pastries made fresh by The French Press. An ADRC staff person is available to provide information and assistance regarding resources available in our community. Everything is provided so just show up!

What Can You Expect?

- Social connection with others
- Peer Support
- An informal and relaxed environment
- Reduced Stress
- Refreshments
- Respite services are available. Please contact the ADRC if respite is needed.

For more information, contact the
Aging & Disability Resource Center at
715-839-4735 or ADRC@co.eau-claire.wi.us

