

AGENDA

Eau Claire County
Aging & Disability Resource Center Board
Monday, February 8, 2020 at 3:00 pm
Remote Meeting via Webex Events

Those wishing to make public comments must submit their name and address no later than 30 minutes prior to the meeting to brianna.werner@co.eau-claire.wi.us. Comments are limited to 3 minutes; you will be called on during the public section of the meeting. Written comments will also be accepted and should be submitted to brianna.werner@co.eau-claire.wi.us

Public Access:

1-415-655-0001 US Toll, Access Code: 145 844 3935##

*Mute your personal device upon entry.

1. Welcome & Call to Order
2. Confirmation of meeting notice
3. Introductions
4. Public Comment
5. Review of January 11th, 2021 ADRC Board Minutes / Discussion – Action Handout #1
6. Presentation Trualta and Dementia Programming-Lisa Wells, Handout #2
7. Presentation on Options Counseling Standard- Lisa Riley, Handout #3
8. Chair/Vice Chair Report
9. Director Report
 - Personnel-Vacancy Update
 - COVID Updates- Vaccine Assistance
 - MOW Kitchen Lease Updates
 - 2022-2024 Aging Plan
 - Disability Advocacy day, Handout #4
10. Nutrition Updates
11. Reports from members on state advisory councils/committees
12. Advocacy

13. Upcoming Events, Handout #5

14. Future agenda items- March 8, 2021

15. Adjourn

Prepared by Brianna Werner

PLEASE NOTE: Upon reasonable notice, efforts will be made to accommodate the needs of individuals with disabilities through sign language, interpreters or other auxiliary aids. For additional information or to request the service, contact the County ADA Coordinator at 715-839-4710, (FAX) 715-839-1669, tty: use Relay (711) or by writing to the ADA Coordinator, Human Resources, Eau Claire County Courthouse, 721 Oxford Avenue, Eau Claire, WI 54703.

Eau Claire County Aging & Disability Resource Center Board
Monday, January 11, 3:00 pm
Remote Meeting via Webex Events

Chair Kimberly Cronk called the meeting to order at 3:00pm

Roll Call/Members Present: Ruth Adix, Carl Anton, Kimberly Cronk, Jason Endres,
Chris Hambuch-Boyle, Sandra McKinney, Tami Schrafnagel,
Clayton Wagner

Others Present: Linda Struck, Betsy Henck, Lisa Riley, Brianna Werner, Ruth Conje

Confirmation of meeting notice- yes

.

Public Comment- Chris Hambuch-Boyle Moved to close, Tami Schrafnagel 2nd motion. Motion Carried.

Review December 14, 2020 ADRC Board Minutes. Motion by Chris Hambuch-Boyle to approve, second by Sandra McKinney. Motion Carried.

Presentation on Jail Blitz and Mental health expansion- Ruth Conje
Discussion on presentation

Chair Report. Kimberly Cronk- No updates

Vice Chair Report. Sue Miller- not in attendance

Director Report. Linda Struck-

2020 budget projections- Due to CARES Act funding we have additional tax levy in nutrition and ADRC. We also have not spent all of our 85.21 funding, ridership is down.

Vacancy- one admin vacant. Will continue to keep vacant while doors lock.

Chippewa Valley Transformation Project- Linda nominated to be on advisory committee. Did accept. The goal of this project is to create a community that is grounded in anti oppression and become the most inclusive and affirming community for all people.

Long Path Organizational Training- statewide sponsored training. Similarities to the Transformation Project and the presentation from Ruth C. Need for systemic change. Training on TEAL organizations. Reinventing organization.

MOW kitchen lease- updated lease sent from landlord. 6-month notice to end lease. Will closely monitor highway facility progress.

Transportation updates- Linda Struck- no new updates. Still waiving fees and working on purchasing all-terrain wheelchair. Continue with COVID-19 changes.

Nutrition updates- Betsy Henck- December 10,144 meals served. Over 544 meals a day. Kudos to staff and volunteers. March for Meals Campaign starting soon, raise funding for nutrition program. Businesses/individuals can sponsor a route. More details in next newsletter.

Advisory updates- No updates

Advocacy- Chris Hambuch-Boyle- Budget Advocacy workshop. Will send details to Linda Struck

Upcoming events-

Future agenda items- Trualta, OC standards, COVID Vaccination update. 2020 Annual Report.

Motion by Ruth Adix to adjourn, second by Tami Schraufnagel. Meeting adjourned at 4:30 pm.

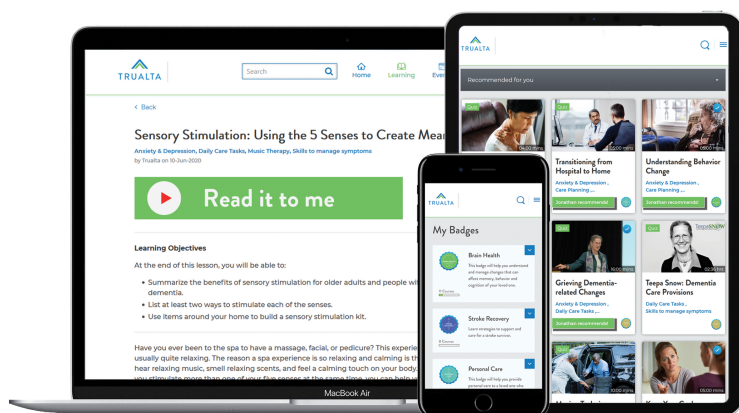
Respectfully Submitted,

Brianna Werner

Aging & Disability Resource Center Board



Trualta is an online learning portal designed for families. With articles, videos, tip-sheets, and professional level training, there is something for everyone. Trualta helps family caregivers reduce stress, find local resources, and provide better care for their loved ones.



“Helpful information while we are making changes in our home. I’m sure I’ll be referring back for reminders”

- Maureen

from "What is Dementia-Friendly Interior Design?"

Thousands of family caregivers across North America are using Trualta. Every caregiver has a custom learning journey, so you can choose the topics that interest you and learn any time of day.



For more information,
contact the Aging &
Disability Resource Center

715-839-4735 * 888-338-4636
adrc@eau-claire.wi.us

Dementia Care Specialist Webinar Series

In partnership with statewide dementia care specialists, the Wisconsin Department of Health Services will be hosting monthly webinars throughout 2021 for people with dementia and their family caregivers. Each presentation will cover a different topic and include practical tools and resources for families.

Webinar Date	Topic
January 13	Social Isolation
February 10	Intimacy and Relationship Changes
March 10	Incontinence Management
April 14	Care Transitions
May 12	Building a Support Network
June 9	Safety Planning
July 14	Driving
August 11	Grief
September 8	Palliative Care
October 13	Family Conflict and Changes in Social Support
November 10	Non-Pharmacological Approaches: Part 1
December 8	Non-Pharmacological Approaches: Part 2

[Register Here](#)

All webinars will take place live from 12 to 1 p.m. on the second Wednesday of the month.

Visit the [registration page](#) to sign up for any of the monthly webinars.

If you are unable to attend live, all webinars will be recorded and posted on the Department of Health Services website at a later date.

Sponsored by:



WISCONSIN DEPARTMENT
of **HEALTH SERVICES**



Aging & Disability Resource Center



Virtual Dementia Education Programs

Serving Northwest Wisconsin - February 2021

Early Diagnosis and Detection

Monday, February 1st, 5:00 - 6:00 pm
Carrie Myers, cmyers@burnettcounty.org
877-485-2372

Dementia 101

Wednesday, February 10th, Noon - 1:00 pm
Trisha, Witham, www.adrconnections.org
715-537-6225

Dementia Friends Information Session

Tuesday, February 9th, Noon - 1:00 pm
Natalie Schmaltz, nataliedementiacare@outlook.com
866-663-3607

Caregiver Book Club - *Creating Moments of Joy*

Thursdays, beginning February 4th, 3:30 - 4:30 pm
Lisa Wells/Carla Berscheid, www.adrcevents.org
715-839-4735

The DICE Approach

Wednesdays, February 10th - February 24th, 10:00 - 11:00 am
Carrie Myers, cmyers@burnettcounty.org
877-485-2372

Powerful Tools for Caregivers

Mondays, February 22nd - March 29th, 1:00 - 3:00 pm
Carrie Myers, cmers@burnettcounty.org
877-485-2372

Ask a Dementia Care Specialist

Monday, February 8th, 10:00 - 11:30 am
Lisa Wells/Carla Berscheid, www.adrcevents.org
715-839-4735

Tuesday, February 23rd, 10:00 - 11:30 am

Natalie Schmaltz, nataliedementiacare@outlook.com
866-663-3607

Dementia Live Virtual Experience

Tuesday, February 16th, 10:00 - 11:00 am
Amy Luther/Kim Bauer, amy.luther@co.pierce.wi.us
715-273-6780

Memory Café Time Traveler Series

2nd Tuesday of the Month, February - May
10:00 - 11:30 am
Lisa Wells/Carla Berscheid, www.adrcevents.org
715-839-4735



Program Descriptions

Dementia Friends Wisconsin

A global movement designed to change the way people think, act and talk about dementia. DFW teaches five key messages about dementia, outlines early warning signs and provides tips for effectively communicating with a person living with dementia. DFW is for anyone interested in making a positive difference in the lives of people living with dementia. The interactive session is 60 minutes long and can be provided face to face with precautions as well as virtually.

Dementia Live Virtual Experience

A simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory changes. Dementia Live can help elevate family engagement by improving family visits, interaction and communication. Dementia Live is best experienced in person however a virtual offering is available. The simulation experience allows for 4 people to participate at a time however larger groups can be accommodated.

The DICE Approach

Provides caregivers support in assessing and managing behavioral symptoms associated with dementia without the use of pharmaceuticals. DICE can be offered via virtual format or face to face when prudent and safe, for a group of caregivers as well as individuals. As dementia progresses, the person living with dementia becomes less able to express themselves and this difficulty can result in exhibiting challenging behaviors as their means of communicating.

Powerful Tools for Caregivers

A 6-week (once a week) educational workshop for people who are taking care of a family member or friend designed to support the family caregiver and improve his or her well-being. It does not teach hands-on care or focus on disease or other conditions, but rather helps the caregiver cope with the physical, emotional, and financial challenges of being a caregiver.

Dementia 101

A power point presentation packed with information on what dementia is and how it affects those living with it; provides suggestions and tips for ways to communicate with a person living with dementia to enhance interactions and minimize anxiety. Offered virtual as needed.

Early Diagnosis and Detection

There is a lot of confusion as to why getting examined at the first signs of dementia is so important. Many think there is no cure so what's the point? Dementia is dementia right, does it really matter what specific kind of dementia it is? In this one hour presentation learn why it is very important to talk with your doctor and/or get a memory screen as soon as you notice changes in your memory and cognition and how it can help you and your loved to know exactly what disease is causing the memory and cognition changes.

Ask a Dementia Care Specialist

An opportunity to ask questions from a Dementia Care Specialist and hear from other caregivers on dementia-related concerns.

Memory Café Time Traveler Series

The café offers a fun opportunity to connect, converse and learn something new! The Time Traveler's Series is in partnership with the Chippewa Valley Museum and open to all!

All the programs listed are offered free of charge and can be scheduled at times that work best for businesses, community groups or families.

In The Garden

by Matthew Widman, *The MemoryCare Plays Anthology*
a one act play about memory loss



Arthur Monsetin's adult children have come together to decide a course of action for their beloved father who is struggling with Alzheimer's disease. Long ingrained familial tensions come to the surface as Peter, Karen and Jamie wrestle with how best to treasure their father as they also come to terms with his limitations.

JOIN US! A FREE VIRTUAL EVENT!

February 23, 2021 • 6pm
reservations required, attendance is limited

Reserve tickets at:
<https://garden-eauclaire-022321.eventbrite.com>

Thank You To Our Sponsor:



www.RememberProject.org

The Remember Project is a program of MAAA.

OPTIONS COUNSELING STANDARDS

WHAT IS OPTIONS COUNSELING

Options counseling is a person-centered, decision-support service that empowers ADRC customers to make informed decisions along with their families, caregivers and guardians about current or future long-term care choices. Options counseling is not the same as information and assistance, enrollment counseling or other ADRC services; therefore, a specific training and certification program has been developed.

WHY IS THIS INITIATIVE OCCURRING?

This directive is coming from the Office for Resource Center Development (ORCD) at State DHS.

Standardizing ADRC services is necessary now that ADRCs are available statewide. Wisconsin is participating in a grant through the Administration for Community Living (ACL) that has provided the opportunity to develop standardized training materials and fidelity tools for the options counseling program. Standardized options counseling process across all ADRCs supports each ADRC's ability to provide consistent, high-quality customer experiences.

COMPONENTS OF THIS INITIATIVE:

1. Online Modules & Testing: occurred for us the early part of 2020; will be upon hire in the future.
2. Implement the 7 prescribed 'steps' of Options Counseling.
3. Robust documentation requirements covering 14 elements; very time intensive can take an hour to write one of these notes.
4. Action Plan– required to be offered.
5. Supervisor must do two reviews of documentation per year using a required Record Review Tool.
6. Observations: Supervisor must observe two Options Counseling Visits or one Supervisor and one Peer observation per year using a required feedback tool.

Action Plan



Customer Name: _____

Options Counseling Date: _____

Customer Phone Number: _____

ADRC/Tribal ADRS Staff Name: _____

ADRC/Tribal ADRS Staff Phone Number: _____

	My goal is...	How will I make this happen?	Who or what agency is going to help me?	What step(s) need to happen to set up the service or support?	By what date will step(s) be completed?	Who will be completing the step(s)?
Goal #1						
Goal #2						
Goal #3						

Customer Signature: _____

(In lieu of signature, please check ✓)

Date the staff person will call me to follow up: _____

FIDELITY TOOL REQUIREMENTS

	Peer Review			Directors or Supervisors			State Staff	
	Required or Optional	Completion Timeframe	Submission	Required or Optional	Completion Timeframe	Submission	Required or Optional	Completion Timeframe
SUPERVISOR OBSERVATION AND SUPPORT TOOL	Optional	Annual	ADRC Director	<u>2020</u> Optional <u>2021</u> Required 2 per year per staff	Annual	<u>2020</u> Optional <u>2021</u> Submit 1 per staff per year to ADRC SharePoint by December 31	Review Submissions	Annual
OPTIONS COUNSELING RECORD REVIEW TOOL	Optional	Annual	ADRC Director	Required 2 per year per staff	Annual	Submit 1 per staff per year to ADRC SharePoint by December 31	Required Annually & Review Submissions	Annual

*For additional details, please review the full [Options Counseling Training, Certification and Fidelity Guidelines](#).

Supervisor Observation and Support Tool:

- A minimum of one observation per year per staff completed by a director or supervisor; **and**
- A minimum of one observation per year per staff completed by a peer; **or**
- A minimum of two observations per year per staff completed by a director or supervisor.

Options Counseling Record Review Tool:

- A minimum of one record review per year per staff completed by a director or supervisor; **and**
- A minimum of one record review per year per staff completed by a peer; **or**
- A minimum of two record reviews per year per staff completed by a director or supervisor.



Survival Coalition

of Wisconsin Disability Organizations

Disability Advocacy Day of Action!

Tuesday, March 23, 2021
10:00 am - 12:00pm

[Virtually on Zoom](#)

Registration Opens February 15, 2021

Join
us!

Dance!

Cheer!

Poster
Contest!

Action!

Disability Day of Action is a virtual event focused on connecting Disability Advocates with their legislators to talk about issues that matter to them. Attendees are expected to participate in the morning briefing and call their legislators in the afternoon.

REGISTRATION INFORMATION

- Everyone MUST register to participate
- Use your HOME/VOTING address to register. Business addresses or PO Boxes are not allowed.

AGENDA AT A GLANCE

10:00– 12:00 - Check in to the **Zoom** meeting

- Briefing on issues

- Learn how to use the Phone2Action System to call your legislator

Afternoon: Use the Phone2Action System to call your legislators!

REGISTRATION AND EVENT INFORMATION ARE AVAILABLE AT
WWW.SURVIVALCOALITIONWI.ORG

SAVE THE DATE!



February 2021 Events

Senior Dining sites offering Grab 'n Go meals:

- St. John's Apartments, 815 Chapin St, Eau Claire, Monday through Friday, 11:15 am
- Augusta Senior & Community Center, 616 W Washington St, Augusta, Monday through Friday, 11:30am.
- LE Phillips Senior Center, 1616 Bellinger St, Eau Claire, February 9th and February 23rd, 2021, 5:00pm.
- Fairchild Community Center, 121 Farmer Street, Fairchild, every Wednesday, 12:00pm.

February Dementia Virtual Support (online webinar and/or conference call):

- Early-Stage Memory Loss Support Group. Wednesday, February 24th, 1:30–2:30pm. Register at www.adrcevents.org or call the ADRC 715-839-4735.
- Middle-Late Stage Alzheimer's/Dementia Caregiver Support Group. Tuesday, February 9th 1:30–2:45pm. To register contact Paula at paulajwaincott@gmail.com.
- Coffee Group for Men. Wednesdays, February 3rd and February 17th 11:00am. To register contact Bob at 414-378-2114 or beevee6610@gmail.com.
- Chippewa Valley Memory Café. 2nd Tuesday. February 9th 10:00-11:30am. Register at www.adrcevents.org or call the ADRC 715-839-4735.
- Ask a Dementia Care Specialist. Monday, February 8th 10:00- 11:30am. Register at www.adrcevents.org or call the ADRC 715-839-4735.
- Brain & Body fitness. Mondays and Wednesdays, January 18th- April 7th, 2021. 10:00am-11:30am. Register at www.adrcevents.org or call the ADRC 715-839-4735.
- Caregiver Book Club- *Creating Moments of Joy*. Thursdays beginning February 4th, 3:30pm-4:30pm. Register at www.adrcevents.org or call the ADRC 715-839-4735.
- Intimacy & Relationship Changes in Dementia; Opening up the Conversation for Caregivers. Wednesday, February 10th, 12:00-1:00pm. Register at https://dhswi.zoom.us/webinar/register/8216051240172/WN_313TCKvcSkCPFMw0YBNk3g
- In the Garden, a one act play about memory loss. Tuesday February 23rd 6:00pm. Reserve tickets at <https://garden-eauclaire-022321.eventbrite.com>
- Lewy Body Dementia Support Group. Wednesdays, February 10th and 24th, 6:00pm-8:00pm. To register contact Janelle at romatowski@comcast.net or Amy at 715-379-3148 or amy@modularmarketingsystems.com
- Soul-Care for Caregivers. Tuesday, February 23rd, 2021. 10:30am – 12 noon. To register contact Paula at paulajwaincott@gmail.com
- Stand in the Light Memory Choir Spring Semester. Thursdays January 7th -April 29th, 2021. 9:45am-11:00am. To register call 715-210-4165 or standinthelightchoir@gmail.com

Medicare & You

Virtual meeting via Webex. Friday, February 5th at 1:00pm or Wednesday February 17th at 10:00am Register at www.adrcevents.org or call the ADRC 715-839-4735.

Mind Over Matter: Healthy Bowels, Healthy Bladder

Virtual meeting via Webex. Mondays, February 15th, March 1st, and March 15th 1:00pm-3:00pm. Register at www.adrcevents.org or call the ADRC 715-839-4735.

Stepping On

Virtual via Webex. Tuesdays, February 2nd -March 16th, 10:00am 12:00 noon. Register at www.adrcevents.org or call the ADRC 715-839-4735.

Eau Claire Caregiver “Virtual” Café

Virtual Meeting via Webex. Tuesdays, February 2nd, and February 16th, 9-10:30am. Register at www.adrcevents.org or call the ADRC, 715-839-4735