



If you are caring for someone in the middle to late stages, you are not alone. Join other caregivers who understand what you are going through for support, information and education.

Facilitated by family caregivers,  
sponsored by the Aging & Disability Resource Center

**TIME:** 1:30 - 3:00 pm

**WHERE:** Comfort of your home

**WHEN:** 2nd Tuesday of each month

Contact Paula at [paulajwainscott@gmail.com](mailto:paulajwainscott@gmail.com). Participants will receive an email with a link to join the meeting via phone or virtual.

**2021 Dates**

January 12	May 11	September 14
February 9	June 8	October 12
March 9	July 13	November 9
April 13	August 10	December 14

Middle-Late Stage Dementia  
Caregiver Support Group