

## AGENDA

Eau Claire County  
Aging & Disability Resource Center Board  
Monday, December 14, 2020 at 3:00 pm  
Remote Meeting via Webex Events

Those wishing to make public comments must submit their name and address no later than 30 minutes prior to the meeting to [brianna.werner@co.eau-claire.wi.us](mailto:brianna.werner@co.eau-claire.wi.us). Comments are limited to 3 minutes; you will be called on during the public section of the meeting. Written comments will also be accepted and should be submitted to [brianna.werner@co.eau-claire.wi.us](mailto:brianna.werner@co.eau-claire.wi.us)

### Public Access:

1-415-655-0001 US Toll, Access Code: 145 844 3935

\*Mute your personal device upon entry

1. Welcome & Call to Order
2. Confirmation of meeting notice
3. Introductions
4. Public Comment
5. Review of November 9, 2020 ADRC Board Minutes / Discussion – Action Handout #1
6. Resolution 21-21/094- Supporting Increased Funding for Aging and Disability Resource Centers- Discussion/Action, Handout #2
7. Chair/Vice Chair Report
8. Director Report
  - Review Aging Plan, Handout #3
9. Nutrition Updates
10. Transportation Updates
11. Reports from members on state advisory councils/committees
12. Upcoming Events, Handout # 4
13. Future agenda items- January 11, 2020
14. Adjourn

Prepared by Brianna Werner

PLEASE NOTE: Upon reasonable notice, efforts will be made to accommodate the needs of individuals with disabilities through sign language, interpreters, or other auxiliary aids. For additional information or to request the service, contact the County ADA Coordinator at 715-839-4710, (FAX) 715-839-1669, tty: use Relay (711) or by writing to the ADA Coordinator, Human Resources, Eau Claire County Courthouse, 721 Oxford Avenue, Eau Claire, WI 54703.

Eau Claire County Aging & Disability Resource Center Board  
Monday, November 9, 2020, 3:00 pm  
Remote Meeting via Webex Events

Chair Kimberly Cronk called the meeting to order at 3:04pm

Roll Call/Members Present: Ruth Adix, Carl Anton, Kimberly Cronk, Jason Endres, Chris Hambuch-Boyle, Sandra McKinney, Sue Miller, Tami Schrafnagel, Audrey Nelson

Others Present: Linda Struck, Betsy Henck, Brianna Werner, Jason Barnes, Lisa Riley, Kelli Weiss

Confirmation of meeting notice- yes

Public Comment- Comment from Katherine Schneider reduced rates for low income paratransit riders.

Review- October 7 , 2020 ADRC Board Minutes. Motion Jason Endres to approve, second by Sue Miller . Motion Carried.

Chair Report. Kimberly Cronk-  
Budget passed  
Vice Chair Report. Sue Miller  
None

Director Report. Linda Struck  
Front doors have been locked following the “Skip the Trip” campaign for the courthouse. This is a temporary lobby closure to protect our consumers and staff.  
MOW kitchen was closed for two weeks. We were able to still serve meals to participants assistance from Taher Foods with the Altoona School District and Augusta Nursing Home.  
Quarter 3 board reports includes core data points. Most services remained the same, or with slight dip and trending back upwards. Paratransit has had the most significant decrease.  
Implemented new phone system which allows staff to work from home and provides good data to management. Approximately 75% of staff are working from home each day.

Collaborations have remained the same. Emergency plans with Augusta Nursing Home, Altoona School District and Taher for food supply if needed.

Collaborated with Parks and Rec to provide all terrain wheelchairs for consumers to use.

Social isolation project is still in place, looking for a volunteer.

Financials- Cares, FFC and RA are all in adjusted budget. Nutrition donations have been really good this year.

ADRC reinvestment resolution is a new funding methodology to fund all ADRCs the same.

One citizen board member vacancy. Highlighting board members in newsletter starting in January. Jason Endres will be first board member highlighted.

Personnel update- Administrative associate position has not been filled. With our doors bring locked, we are pausing on filling at the moment. Carmelita is continuing as a LTE with us.

Budget updates- budget passed for 2021

Highway facility was approved. Will start in 2021. MOW kitchen is looking to relocate to the new highway facility and will work with hwy commissioner.

Nutrition updates- Betsy Henck

MOW kitchen had to close temporarily. Participants had little disruption in receiving meals.

Augusta Nursing home provided meals to rural routes for three days. We were able to purchase frozen meals from the Altoona School District for all participants. Future emergency planning may include take home meals from Kwik Trip. Looking into catering service in Augusta also.

Currently working on emergency food bags for MOW participants.

Transportation updates- Betsy Henck

Public Hearing for 82.51 grant was prior to ADRC board meeting, do need approval to submit application.

Sue Miller moves approval on 85.21 as presented.

Carl Anton 2nds approval.

Action as voices- no opposed

Motion passes

Reports from members- no updates

Advisory updates- no new updates.

Upcoming events- no updates

Future agenda items- Internal and external education. Update on Shared Services Commission. Updates on ADRC reinvestment resolution.

Motion by Sandra McKinney to adjourn, second by Tami Schrafnagel. Meeting adjourned at 3:52 pm.

Respectfully Submitted,

Brianna Werner

Aging & Disability Resource Center Board

**FACT SHEET: 20-21/094\_ SUPPORTING INCREASED FUNDING FOR AGING AND DISABILITY RESOURCE CENTERS**

Aging and Disability Resource Centers across the state receive funding from the State of Wisconsin, based on different formulas. The differences in funding can be influenced by the date of establishment of the ADRC, where a first generation ADRC will receive more funding than 2<sup>nd</sup> and 3<sup>rd</sup> generation ADRCs, creating an inequity in how funding is distributed across the state. Also, funding does not account for factors such as health and social inequity, racial and ethnic minority status, income levels and the number of residents age 75 and older. The population served by the ADRC is the fastest growing demographic of the state's population. Despite this, the funding formula for ADRCs has not been changed or increased since the year 2006. The current funding in many cases does not allow the ADRCs to meet their mission as outlined in the Scope of Services addendum to the funding contract with the State of Wisconsin.

This resolution is supporting an increase in funding by the State of Wisconsin by providing an additional \$27.4 million GPR funding in the 2021-23 state biennial budget. This increase is based on the recommendations of a stakeholder advisory group that was created in 2017 by the Office of Resource Center Development (ORCD) and the Department of Health Services (DHS) to address ADRC funding. In addition, this resolution supports increases in funding to expand/equalize ADRC services across the state.

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RESOLUTION SUPPORTING INCREASED FUNDING FOR AGING AND DISABILITY RESOURCE CENTERS

WHEREAS, Aging and Disability Resource Centers (ADRC) are the first place to go to get accurate unbiased information on all aspects of life related to aging or living with a disability; and

WHEREAS, ADRC services include providing information and assistance, options and benefits counseling, coordinating short-term services, conducting functional screens, and enrollment processing and counseling; and

WHEREAS, in Wisconsin, there are currently 34 single-county ADRCs, 12 multi-county/tribal ADRCs, and seven tribal Aging and Disability Resource Specialists that work with an ADRC; and

WHEREAS, ADRCs serve the fastest growing demographic of our state’s population; and

WHEREAS, the funding method for ADRCs has not been revised in more than a decade, and funding for ADRCs has not increased since 2006; and

WHEREAS, it has become evident that ADRC funding needs revision for a number of reasons, including:

- The current inequitable distribution of funding among ADRCs.
- The need to increase funding so that all ADRCs may effectively meet their mission, as outlined in the Scope of Services contract addendum; and

WHEREAS, the Office for Resource Center Development (ORCD) within the Department of Health Services (DHS) established a stakeholder advisory group in 2017 to discuss ADRC funding; and

WHEREAS, the stakeholder advisory group identified a number of issues with the current funding formula, such as:

- Dollars are distributed based on the date of ADRC establishment - older ADRCs (Generation One) receive more funding than ADRCs established at a later date (Generation Two and Three ADRCs);
- The current funding formula does not address or take into account elements associated with health and social inequity that require a greater need for ADRC services – racial and ethnic minority status, income level, number of residents age 75 or older, rate of disability;
- The current formula does not adjust with need – Wisconsin’s aging and disability populations continue to grow and are expected to grow significantly over the next 20 years;
- The current formula does not account for needed cost of living adjustments; and

1 WHEREAS, a significant state GPR investment is needed to implement the  
2 recommendations of the stakeholder advisory group; and  
3

4 WHEREAS, such a significant state investment would provide consistency in ADRC  
5 funding statewide, cover the services required and recommended in the Scope of Services  
6 contract addendum, and equalize services among ADRCs; and  
7

8 WHEREAS, the work of the stakeholder advisory group complements the work of the  
9 Governor’s Task Force on Caregiving.  
10

11 NOW, THEREFORE, BE IT RESOLVED that the Eau Claire County Board of  
12 Supervisors does hereby support the following increases in the 2021-23 state biennial budget to  
13 ensure access to critical services provided by ADRCs to Wisconsin’s aging and disability  
14 populations:  
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- 16 • Provide an additional \$27,410,000 GPR in funding to our state’s ADRCs. It is  
17 important to note that the proposed change in the ADRC allocation methodology  
18 cannot occur unless the full \$27.4 million is allocated.
- 19 • Provide additional funding to expand/equalize ADRC services across the state:  
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  - 21 ○ Expand Dementia Care Specialist Funding Statewide: \$3,320,000
  - 22 ○ Fully Fund Elder Benefit Specialists Statewide: \$2,300,000
  - 23 ○ Expand Caregiver Support and Programs: \$3,600,000
  - 24 ○ Expand Health Promotion Services: \$6,000,000
  - 25 ○ Expand Care Transition Services: \$6,000,000
  - 26 ○ Fund Aging and Disability Resources in Tribes: \$1,180,000
  - 27 ○ Fully Fund Aging and Disability Resource Support Systems: \$2,650,000; and  
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29 BE IT FURTHER RESOLVED, that a copy of this resolution be sent to Governor Tony  
30 Evers, DOA Secretary Joel Brennan, DHS Secretary-designee Andrea Palm, the Wisconsin  
31 Counties Association, and all area legislators.  
32

33 I hereby certify that the foregoing  
34 correctly represents the action taken  
35 by the Aging and Disability Resource Center  
36 Board on December \_\_\_, 2020 by a vote of  
37 \_\_\_ for, and \_\_\_ against.  
38

39  
40 \_\_\_\_\_  
41 Kimberly Cronk, Chair  
42 Aging and Disability Resource Center Board  
43

43 TSJ/ljl



**Eau Claire County  
Plan on Aging  
2019-2021**

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**1. Verification of Intent**

This plan represents the intent of the county to assure that older people have the opportunity to realize their full potential and to participate in all areas of community life.

On behalf of county, we certify that these organizations have reviewed the plan, and have authorized us to submit this plan which outlines activities to be undertaken on behalf of older people during 2019-2021.

We assure that the activities identified in this plan will be carried out to the best of the ability of the county.

We verify that all information contained in this plan is correct.

**KATHERINE STANDISH SCHNEIDER**

\_\_\_\_\_  
Signature, and Title of the Chairperson of the Commission on Aging      10/19/18  
Date

*Sue Miller*  
\_\_\_\_\_  
Signature, and Title of the Authorized County Board Representative      10/23/18  
Date

**Annual Plan Status Meetings**

**2019**

Date of meeting: 9-30-19	Location: ADRC-Eau Claire
A/U Representative(s):	GWAAR Representative: Pam VanKampen
Linda Struck,	ADRC Director
Betsy Henk	ADRC Manager
Lisa Riley	ADRC Manager
Policy-making Board Chair email address: Katherine Schneider <a href="mailto:schneiks@uwec.edu">schneiks@uwec.edu</a>	
Advisory Board Chair email address: Sue Miller <a href="mailto:sue.miller@co.eau-claire.wi.us">sue.miller@co.eau-claire.wi.us</a>	

**2020**

Date of meeting: 9-25-20	Location: Microsoft Teams
A/U Representative(s):	GWAAR Representative:
Linda Struck	Pam VanKampen
Betsy Henck	
Lisa Riley	
Policy-making Board Chair email address: Kimberly Cronk <a href="mailto:kimberly.cronk@co.eau-claire.wi.us">kimberly.cronk@co.eau-claire.wi.us</a>	
Nutrition Advisory Board Chair email address: Sue Miller <a href="mailto:sue.miller@co.eau-claire.wi.us">sue.miller@co.eau-claire.wi.us</a>	

**2021**

Date of meeting:	Location:
A/U Representative(s):	GWAAR Representative(s):
Policy-making Board Chair email address:	
Advisory Board Chair email address:	

## 2. Executive Summary

Eau Claire County's 2019-2021 Plan on Aging was developed with a significant amount of input from the community. There are themes throughout all of the goals focusing on combating loneliness and isolation, improving outreach and education, focusing on prevention and improving access to resources. This plan also incorporates new partnerships with community agencies such as the public library, school districts, etc. and enhances some of the partnerships that already exist.

In addition to the required goal areas of Advocacy, Caregiving, Dementia, Healthy Aging and the Elder Nutrition Program we have also identified some core local priorities based on feedback the ADRC has received. We have set goals for local priority areas in combating loneliness and isolation as well as transportation.

In total, there are 25 goals that the ADRC will work on over the course of 2019-2021 specific to aging which expand and enhance services to meet the needs of older adults in Eau Claire County.

The plan includes the following new goals for federal, state and local focus areas:

- Increase board member attendance at Aging Advocacy Day
- Host information and exchange meetings with community agencies and surrounding counties to spread awareness of ADRC services
- Host a paratransit signing day to increase utilization of transportation services
- Add a meal site in the rural part of Eau Claire County to increase participation in congregate dining
- Provide transportation to congregate dining sites
- Work with local school districts to implement a job training site with the central kitchen
- Add a self-led caregiver café group
- Train additional leaders for the Powerful Tools for Caregivers Class
- Implement a caregiver mentor program for peer support in caregiving
- Create a Facebook support group page specific to Grandparents and other as Parents
- Create a quarterly e-newsletter for community members focused on dementia awareness
- Collaborate with the University of Wisconsin-Eau Claire and the City-County Health Department to create projects specific to dementia
- Collaborate with the Alzheimer's Association to establish the Dementia Friends program
- Implement the Purple Tube Project to assist with crisis and safety planning for those with dementia in the community
- Partner with the Dementia Coalition and Wi Alzheimer's Institute to engage health care providers in identifying those with dementia
- Establish a volunteer respite program to provide companionship to individuals so caregivers can receive respite

- Conduct a general wellness activity to increase participation and awareness of prevention program offered by the ADRC
- Implement a new prevention program and offer it to community members
- Collaborate with libraries in Eau Claire County for the “Big Read” program to increase awareness of aging issues
- Implement a communication network to connect individuals with like interests to help combat loneliness
- Work with a local movie theater to host a classic movie viewing
- Partner with local animal shelters to connect seniors to animals and establish a decreased adoption fee
- Create an online “Contact Us” form to streamline processes for communication with community agencies and partners
- Implement a “Let’s go Live” series on Facebook to increase community engagement with ADRC programs

### 3. Organization and Structure of the Aging Unit 3-A Mission Statement and Description of the Aging Unit

***“To help older people and adults with disabilities secure needed services or benefits, live with dignity and security, and achieve maximum independence and quality of life.”***

The Aging and Disability Resource Center of Eau Claire County is a fully integrated aging unit and ADRC housed as a separate department of Eau Claire County government. The ADRC’s primary location is at the Eau Claire County Government Center in the City of Eau Claire. At this location, the ADRC is also co-located with Eau Claire County Veteran Services. We also have a satellite office located in Augusta at the Augusta Senior and Community Center and operate a central kitchen located in Fall Creek. The satellite office in Augusta is open Mondays and Wednesdays giving residents of the rural area of the county an opportunity to access needed services and benefits within their local community. The central kitchen in Fall Creek operates Monday through Friday.

Primary contact information for the ADRC is:

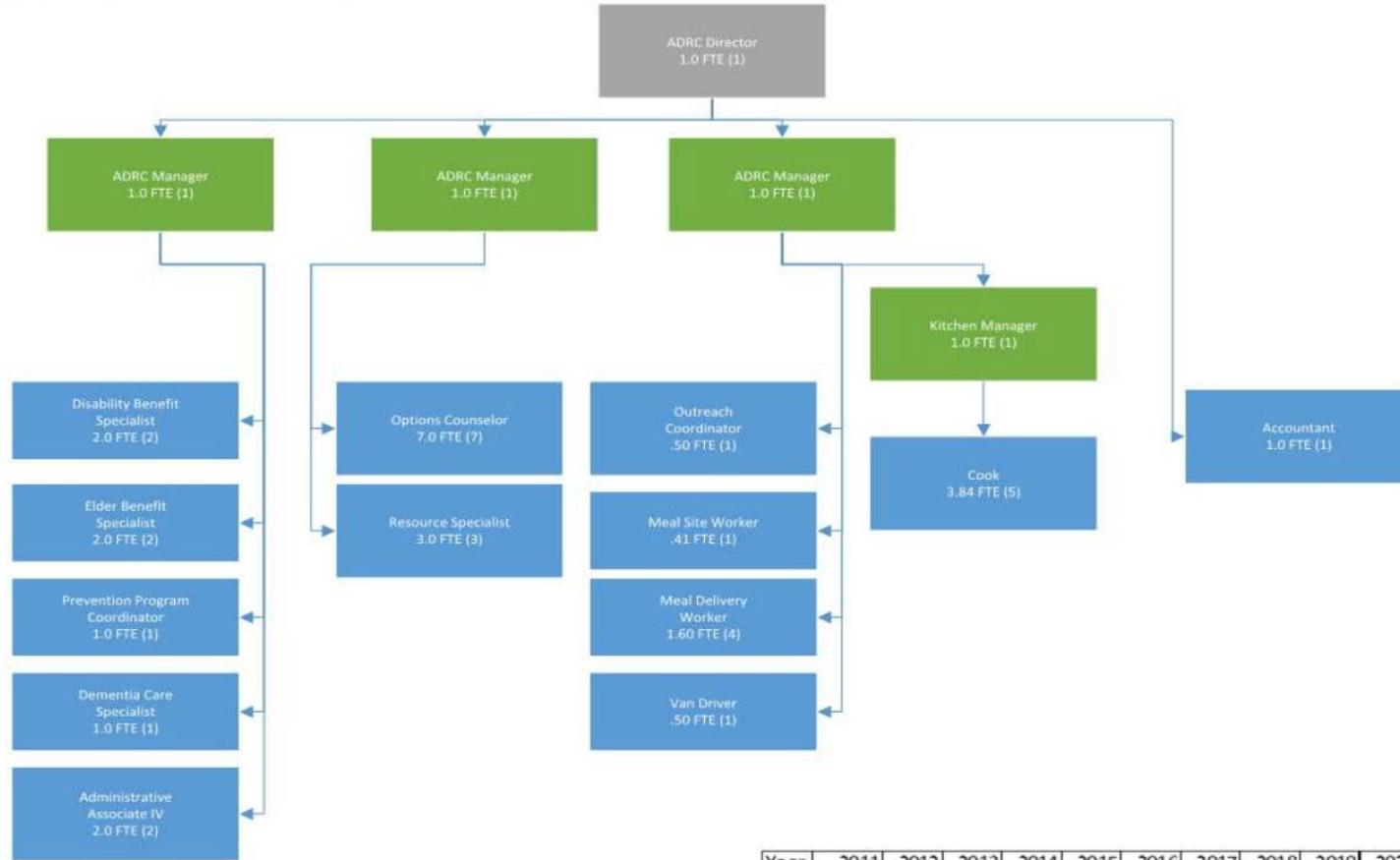
721 Oxford Avenue  
Suite 1130  
Eau Claire, WI 54703  
Phone: 715.839.4735  
Toll Free: 1.888.338.4636  
Fax: 715.839.4866  
Email: [adrc@co.eau-claire.wi.us](mailto:adrc@co.eau-claire.wi.us)  
Website: [www.eauclaireadrc.org](http://www.eauclaireadrc.org)

2020 New Website <https://www.co.eau-claire.wi.us/our-government/departments-and-facilities/department-directory/aging-disability-resource-center>

Questions or comments regarding the 2019-2021 Plan on Aging can be directed to ~~Jennifer Speckien~~, **Linda Struck** Director, at the contact information listed above.

### 3. Organization and Structure of the Aging Unit 3-B Organizational Chart of the Aging Unit

Update Org chart for 2020 and 2021 will send



Year	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
FTE	19.49	21.41	22.99	24.42	23.21	23.21	25.70	32.08	31.35	30.85

Budget 2020

### **3. Organization and Structure of the County Aging Unit 3-C Aging Unit Coordination with ADRCs**

In Eau Claire County, the ADRC and Aging unit have been operating as a single department since July 1, 2008. Since this time, the integration of ADRC and Aging unit services has continued to evolve to provide coordinated, streamlined and customer focused access to programs and services. This also allows for coordination of funds received for operating programs and services for older adults, caregivers and adults with disabilities. In Eau Claire County, aging and ADRC services are so well integrated that the customer experience and public perception of our agency is that we are the ADRC of Eau Claire County- one agency that provides a variety of services to older adults, adults with disabilities, caregivers and professionals. Some examples of our internal coordination and integration include:

**Caregiver Programs & Dementia Care Specialist:** The National Family Caregiver Support Program (NFCSP) and the Alzheimer Family Caregiver Support Program (AFCSP) are fully integrated into our information & assistance (I&A) and options counseling services. All staff providing options counseling and/or I&A are trained in the NFCSP and AFCSP program and are able to authorize services for caregivers in need. We also have options counseling staff that are trained in the Powerful Tools for Caregivers program and offer the program a minimum of two times per year. Although we have a staff member designated as the lead for caregiver coordination, all staff are trained in the programs and are able to assist customers needing the assistance of these programs.

Eau Claire County is also fortunate to have a Dementia Care Specialist (DCS). Although the DCS coordinates the AFCSP respite funds, all staff are trained and able to authorize services for caregivers in need. The DCS also works with all staff on dementia education and training to ensure that we are a dementia capable ADRC.

**Health Promotion:** The ADRC has a full time Prevention Program Coordinator whose role is to coordinate the evidenced-based prevention programs offered, expand programming options and provide community education on prevention and wellness topics as requested. We have a variety of staff trained as leaders for the health promotion programming that is offered.

**Nutrition Program**: The options counseling and I&A staff are all trained to conduct Meals on Wheels assessments to start new participants on the program. This has created efficiency for the nutrition program and better customer services as well allowing us to be extremely timely and responsive to new requests for the program. All staff regularly assists with presentations and programming at the dining sites as well.

**3. Organization and Structure of the County Aging Unit**  
**3-D Statutory Requirements for the Structure of the Aging Unit**

Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

<b>Organization:</b> The law permits one of three options. Which of the following permissible options has the county chosen?	<b>Check One</b>
1. An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	X
2. A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe.	
3. A private nonprofit corporation, as defined in s. 181.0103 (17).	
<b>Organization of the Commission on Aging:</b> The law permits one of three options. Which of the following permissible options has the county chosen?	<b>Check One</b>
1. For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	X
2. For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
3. For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
<b>Full-Time Aging Director:</b> The law requires that the aging unit have a full-time director as described below. Does the county have a full-time aging director as required by law?	<b>Yes</b>

### 3. Organization and Structure of the Aging Unit 3-E Membership of the Policy-Making Body

The commission is the policy making entity for aging services and an aging advisory committee is not the commission. Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

“Members of a county/tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms.” In the case of county board/tribal council members, the requirement is 3 consecutive 2-year terms.

Official Name of the County Aging Unit’s Policy-Making Body (list below)			
ADRC Board			
Name	Age 60 and Older	Elected Official	Year First Term Began
<del>Katherine Schneider</del> Kimberly Cronk, Chairperson	X		2015 2018
Sue Miller, Vice Chair	X	X	2017
Carl Anton		X	2019
Sandra McKinney		X	2020
<del>Lydia Beerboom</del>		X	2018
Kimberly Cronk, Chairperson		X	2016
<del>Thomas Christopherson</del>	X		2013
Jason Endres			2018
Ruth Adix			2019
Mary Pierce	X		2014
Audrey Nelson			2020
<del>Clayton Wagner</del>			2019
Chris Hambuch-Boyle	X		2020
Tami Schraufnagel	X		2020

### 3. Organization and Structure of the County Aging Unit 3-F Membership of the Advisory Committee

If the aging unit has an advisory committee, listed below are the members of the advisory committee. *An aging advisory committee is required if the commission (policy making body) does not follow the Elders Act requirements for elected officials, older adults and terms or if the commission (i.e. policy-making body) is a committee of the county board.*

Chapter 46.82 of the Wisconsin Statutes requires that the membership of the aging advisory committee (where applicable) must consist of at least 50% older people, and individuals who are elected to office may not constitute 50% or more of the membership.

<b>Official Name of the County Aging Unit's Advisory Committee (list below)</b>			
<b>Subcommittee on Older Americans Act Programs (Nutrition Advisory Council)</b> <i>Update list</i>			
Name	Age 60 and Older	Elected Official	Year lastet Term Began
<b>Chairperson: Sue Miller</b>		X	2020
<b>Mary Pica-Anderson, Vice Chair</b>	X		2020
Carl Anton		X	2016
Stella Pagonis	X		2017
Kenneth King	X		2018
<del>Catherine Barkovich</del>	<del>X</del>		2014
<del>Heather Garber</del>	<del>X</del>		2014
<del>Barb Baumgartner</del>	<del>X</del>		2014
<b>Frank Neibauer</b>	X		2020
<b>Sylvia Yaeger</b>	X		2019
<b>Noreen Trappa</b>	X		2019

For assessment only – Please update the Commission on Aging and Aging Advisory membership and answer questions below.

<i>Please answer “Y” or “N”</i>	2019	2020	2021	Describe
<b>Has the organization of the <i>Aging Unit</i> changed this past year?</b> Halftime outreach coordinator was deleted and replaced with 0.13 (5 hrs per week of Admin 3 that they bought time from).	Y	N		The Assistant Director Position has been eliminated and added 3 manager roles and reclassified the nutrition supervisors role.
<b>Has the organization of the <i>Commission on Aging</i> changed this past year?</b>	N	N		However, the Subcommittee on OAA programs has changed to the Nutrition Advisory Council
<b>Does the aging unit have a full-time aging director?</b>	Y	Y		
<b>Is the membership of the Commission on Aging in Compliance?</b>	Y	Y		

**3. Organization and Structure of the County Aging Unit  
3-G Staff of the Aging Unit**

Listed below are the people employed by the County Aging Unit. Include additional pages as needed.

<p>Name: Linda Struck          Job Title: ADRC Director          Telephone Number/email Address: 715-839-4735; <a href="mailto:Linda.Struck@co.eau-claire.wi.us">Linda.Struck@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The ADRC Director is responsible for the overall operations of the ADRC and Aging Unit in Eau Claire County. This includes staff oversight, program development, process improvement, strategic planning and budgeting. Provides direct supervision and oversight to the administrative staff, benefit specialists, all other specialty positions and all management positions within the department.</p>
<p>Name: <del>Emily Gilbertson</del>          Job Title: ADRC Assistant Director <del>Manager</del>          Telephone Number/email Address: 715-839-4735; <a href="mailto:Emily.Gilbertson@co.eau-claire.wi.us">Emily.Gilbertson@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: <del>The ADRC Manager is responsible for the day to day oversight and supervision of information and assistance, options counseling, public long term care eligibility, transportation and caregiver support programs.</del></p>
<p>Name: Lisa Riley          Job Title: <del>Options Counselor Supervisor</del> ADRC Manager as of 1/1/20          Telephone Number/email Address: 715-839-4735; <a href="mailto:Lisa.Riley@co.eau-claire.wi.us">Lisa.Riley@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: Provide supervision to Options Counselors and Resource Specialists. Function as lead worker for the SAMS database. Responsible for screen liaison responsibilities for the ADRC. Lead contract for enrollment and disenrollment activities.</p>
<p>Name: <del>Rebecca Hentz</del> Betsy Henck          Job Title: <del>Nutrition Program Supervisor</del> ADRC Manager as of 1/1/20          Telephone Number/email Address: 715-839-4735; <a href="mailto:betsy.henck@co.eau-claire.wi.us">betsy.henck@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Nutrition Program Supervisor is responsible for the day to day oversight and supervision of the senior dining programs including Meals on Wheels and Congregate Dining. <b>Additional duties and responsibilities have been added</b></p>
<p>Name: <del>Molly Yang, Yee Yang, Michelle Fellom-Heather Craker</del> and vacant FT position in the process of filling.          Job Title: Administrative Associate          Telephone Number/email Address/email Address: 715-839-4735; <a href="mailto:Molly.Yang@co.eau-claire.wi.us">Molly.Yang@co.eau-claire.wi.us</a>; <a href="mailto:Yee.Yang@co.eau-claire.wi.us">Yee.Yang@co.eau-claire.wi.us</a>; <a href="mailto:Michelle.Fellom@co.eau-claire.wi.us">Michelle.Fellom@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Administrative Associates provide all reception related functions for the department as well as office support for information and assistance,</p>

health promotion, adaptive equipment loan program, newsletter distribution and Meals on Wheels.
<p>Name: Leda Welke-Judd, Jessica Smith  Job Title: Elder Benefit Specialist  Telephone Number/email Address: 715-839-4735; <a href="mailto:Leda.Welke@co.eau-claire.wi.us">Leda.Welke@co.eau-claire.wi.us</a>; <a href="mailto:Jessica.Smith@co.eau-claire.wi.us">Jessica.Smith@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Elder Benefit Specialist provide benefit related assistance to adults age 60+ under the supervision of GWAAR legal counsel. Benefit assistance includes, but is not limited to, assistance with Medicare, Medicaid, other public benefits, supplemental insurance, claim appeals, etc.</p>
<p>Name: Jim Coldwell, Melissa Wendtland  Job Title: Disability Benefit Specialist  Telephone Number/email Address: 715-839-4735; <a href="mailto:Jim.Coldwell@co.eau-claire.wi.us">Jim.Coldwell@co.eau-claire.wi.us</a>; <a href="mailto:Melissa.Wendtland@co.eau-claire.wi.us">Melissa.Wendtland@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Disability Benefit Specialists provide benefit related assistance to adults with disabilities age 18-59 under the supervision of DRW legal counsel. Benefit assistance includes, but is no limited to, Social Security disability claims and appeals, Medicare, Medicaid, other public benefits, etc.</p>
<p>Name: <del>Kaylynn Stahlbusch</del>  Job Title: Outreach Coordinator <b>Changing to half time</b> This position has been eliminated.  Telephone Number/email Address: 715-839-4735; <a href="mailto:Kaylynn.Stahlbusch@co.eau-claire.wi.us">Kaylynn.Stahlbusch@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Outreach Coordinator is responsible for the coordination and development of all marketing and outreach activities for the department. This position is also responsible for volunteer recruitment and training for the department.</p>
<p>Name: Beth Martin  Job Title: Administratiive Associate 3: (Interdepartmental collaboration).(13 FTE)  Telephone Number/email Address: 715-839-6978. <a href="mailto:Beth.martin@co.eau-claire.wi.us">Beth.martin@co.eau-claire.wi.us</a></p>
<p>Name: Deb Bruning  Job Title: Prevention Program Coordinator  Telephone Number/email Address: 715-839-4735; <a href="mailto:Deb.Bruning@co.eau-claire.wi.us">Deb.Bruning@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Prevention Program Coordinator is responsible for the coordination and development of health promotion programming offered by the ADRC.</p>
<p>Name: Lisa Wells  Job Title: Dementia Care Specialist  Telephone Number/email Address: 715-839-4735; <a href="mailto:Lisa.Wells@co.eau-claire.wi.us">Lisa.Wells@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Dementia Care Specialist position is responsible for fulfilling all requirements of the DCS grant. This includes leading the development of the dementia friendly communities initiative, assisting those living with dementia and their</p>

caregivers, development of a dementia capable ADRC and more. This position provides a leadership role with the Dementia Coalition and represents the ADRC on several other workgroups and coalitions within the County.

Name: Dana Greicar, Jenna Belter, Dawnelle Horvath, Sue O'Branovich, Elizabeth Nett, Andrea Reischel, Jen Solfest  
Job Title: Options Counselor  
Telephone Number/email Address: 715-839-4735; [Dana.Greicar@co.eau-claire.wi.us](mailto:Dana.Greicar@co.eau-claire.wi.us); [Jenna.Belter@co.eau-claire.wi.us](mailto:Jenna.Belter@co.eau-claire.wi.us); [Dawnelle.Horvath@co.eau-claire.wi.us](mailto:Dawnelle.Horvath@co.eau-claire.wi.us); [Sue.O'Branovich@co.eau-claire.wi.us](mailto:Sue.O'Branovich@co.eau-claire.wi.us); [Elizabeth.Nett@co.eau-claire.wi.us](mailto:Elizabeth.Nett@co.eau-claire.wi.us); [Lisa.Riley@co.eau-claire.wi.us](mailto:Lisa.Riley@co.eau-claire.wi.us); [Andrea.Reischel@co.eau-claire.wi.us](mailto:Andrea.Reischel@co.eau-claire.wi.us)

Brief Description of Duties: Options Counseling staff are responsible for providing in depth options counseling and assistance to all customer groups utilizing the ADRC. Options Counselors also provide the eligibility determination, enrollment and disenrollment functions for the publicly funded long-term care programs offered in Eau Claire County. They provide short term service coordination when needed and also assist with assessments for the home delivered meal program as needed.

Name: Lindi Engedal, ~~Marlene Rud~~, Molly Yang; Brianna Werner  
Job Title: Resource Specialist  
Telephone Number/email Address: 715-839-4735; [Lindi.Engedal@co.eau-claire.wi.us](mailto:Lindi.Engedal@co.eau-claire.wi.us); ~~[Marlene.Rud@co.eau-claire.wi.us](mailto:Marlene.Rud@co.eau-claire.wi.us)~~; [Jennifer.Solfest@co.eau-claire.wi.us](mailto:Jennifer.Solfest@co.eau-claire.wi.us) add [brianna](#)

Brief Description of Duties: Resource Specialists provide information and assistance and function as the "triage" of all calls coming into the ADRC to ensure customers are being connected with the appropriate staff person within the agency. Resource Specialists also provide assistance with home delivered meal program, assistance with Medicaid applications, clerk for the board and advisory committee, assist with the website and newsletter development and maintain the resource information used by all staff.

Name: Kelli Weiss  
Job Title: ~~Fiscal Associate~~ Accountant  
Telephone Number/email Address: 715-839-4735; [Kelli.Weiss@co.eau-claire.wi.us](mailto:Kelli.Weiss@co.eau-claire.wi.us)

Brief Description of Duties: The Fiscal Associate is responsible for all fiscal and accounting duties for the ADRC. This position prepares the claims for all grants available to the department, assists with budget preparation and handles the day to day accounting functions of the department.

Name: Sheryl Sadzewicz  
Job Title: Kitchen Manager  
Telephone Number/email Address: 715-839-4735; [Sheryl.Sadzewicz@co.eau-claire.wi.us](mailto:Sheryl.Sadzewicz@co.eau-claire.wi.us)

Brief Description of Duties: The Kitchen Manager is responsible for the daily operations of the central kitchen. This includes preparing a monthly menu for the senior dining program, ordering of supplies, scheduling of cooking staff and ensuring proper food safety procedures are used.

<p>Name: Hailey Patterson, Aaron Pritzl, Linda Vogler, Gilda Hlbleib, Karin Kircher (Baker)  Job Title: Nutrition Program Cook  Telephone Number/email Address: 715-839-4735</p>
<p>Brief Description of Duties: The Nutrition Program Cooks prepare meals at the central kitchen for the senior dining program. They also assist with packaging.</p>
<p>Name: Gordon Geurnik, Gerald Carpenter, Doug Salter, Kris Bertrand  Job Title: Delivery Driver  Telephone Number/email Address: 715-839-4735</p>
<p>Brief Description of Duties: The Delivery Drivers are responsible for delivering meals from the central kitchen to the rural residents on the home delivered meal program. They also transport meals from the central kitchen to drop off locations throughout the City of Eau Claire which are then picked up and delivered to participants from volunteers.</p>
<p>Name: Carmelita Hogan  Job Title: Meal Site Worker  Telephone Number/email Address: 715-839-4735; <a href="mailto:Karin.Kircher@co.eau-claire.wi.us">Karin.Kircher@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Meal Site Worker is responsible for the daily oversight of the St. John's Apartments congregate dining site and the evening meal held in Eau Claire.</p>
<p>Name: Dave Okas  Job Title: Van Driver  Telephone Number/email Address: 715-225-0975; <a href="mailto:dave.okas@co.eau-claire.wi.us">dave.okas@co.eau-claire.wi.us</a></p>
<p>Brief Description of Duties: The Van Driver (Transportation Coordinator) is responsible for the coordination of special transportation for elderly and disabled in isolated rural areas of Eau Claire County.</p>

**New Position: Dave Okas- Transportation Coordinator- 20 hours per week.**

## 4. Context

### Geographic Information

Eau Claire County is located in west-central Wisconsin. The County is a mix of both rural and urban communities. This rural and urban mix creates some unique challenges when it comes to programming offered by the ADRC as resources and desires differ from community to community.

### Demographic Information

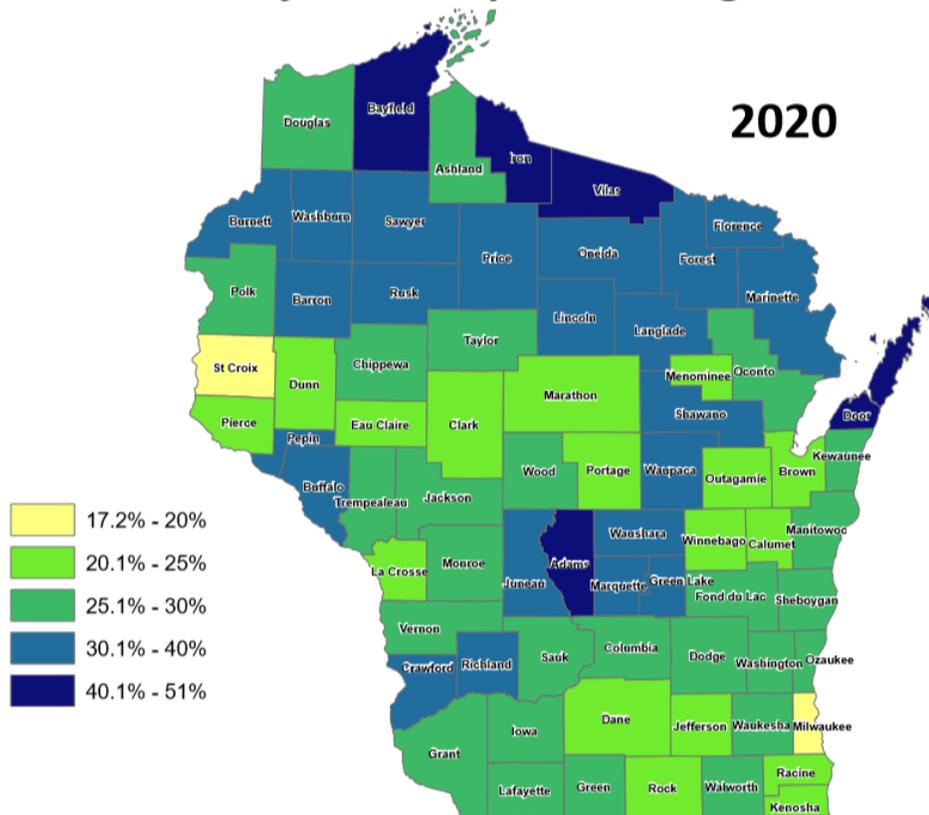
The total population of Eau Claire County is 101,907 individuals of which 19,938 are age 60 or older. Over half of the population of those ages 60+ resides within the City of Eau Claire.

<b>County</b>	<b>County, City, Town or Village</b>	<b>Population; total</b>	<b>Population; ages 60 and older</b>
<b><i>Eau Claire County</i></b>	<b><i>Eau Claire County</i></b>	<b><i>101,907</i></b>	<b><i>19,938</i></b>
Eau Claire County	Altoona city	7,193	1,496
Eau Claire County	Augusta city	1,564	429
Eau Claire County	Bridge Creek town	1,951	368
Eau Claire County	Brunswick town	1,603	425
Eau Claire County	Clear Creek town	829	174
Eau Claire County	Drammen town	752	202
Eau Claire County	Eau Claire city	65,871	11,448
Eau Claire County	Fairchild village	568	105
Eau Claire County	Fairchild town	395	99
Eau Claire County	Fall Creek village	1,400	323
Eau Claire County	Lincoln town	1,101	232
Eau Claire County	Ludington town	1,168	277
Eau Claire County	Otter Creek town	503	99
Eau Claire County	Pleasant Valley town	3,163	707
Eau Claire County	Seymour town	3,266	616
Eau Claire County	Union town	2,745	660
Eau Claire County	Washington town	7,344	2,166
Eau Claire County	Wilson town	491	112

The populations of those age 60+ will without a doubt continue to increase at a rapid rate as the baby boomers grow older. All communities throughout the United States are experiencing this to some degree and Eau Claire County is no exception. It is anticipated that the percentage of adults age 60+ in our communities will grow from the current 19% to over 26% by 2040.

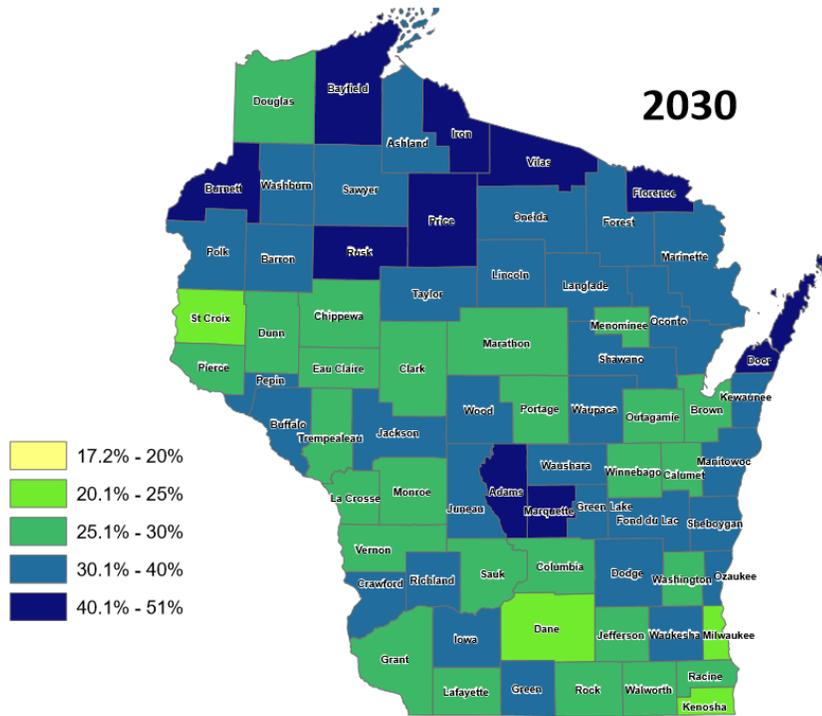
	Ages 60 and Older	% Ages 60 and Older	% Ages 60 and Older						
County	2010	2015	2020	2025	2030	2035	2040	2010	2040
Eau Claire	17,745	20,975	23,915	26,610	28,015	28,660	29,230	18.0%	26.2%

## Percent of Projected Population Ages 60 and Older



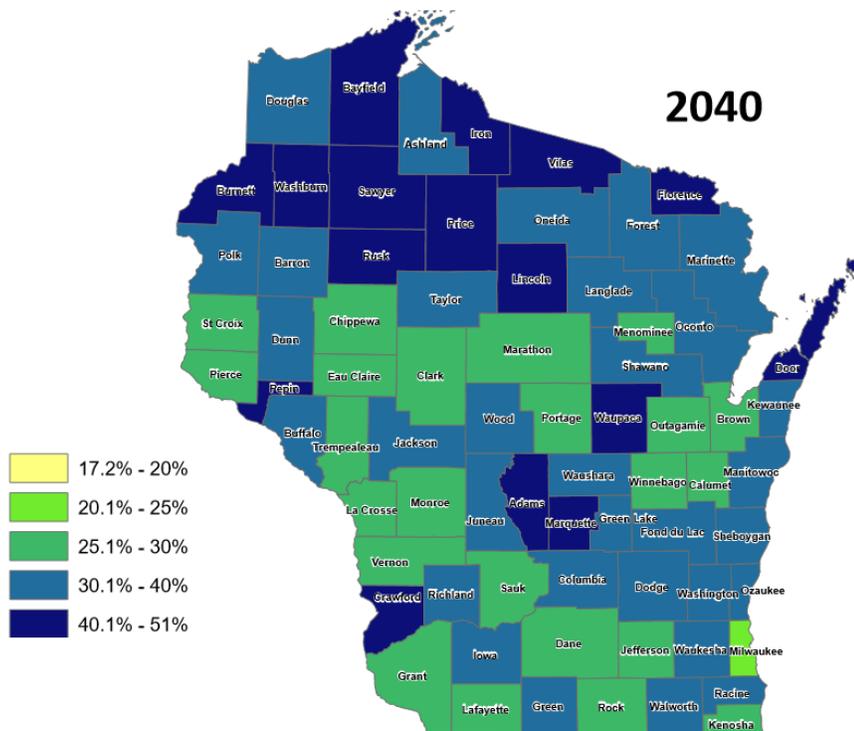
Source: Wisconsin Department of Administration, Demographic Services Center, Vintage 2013 Population Projections

## Percent of Projected Population Ages 60 and Older



Source: Wisconsin Department of Administration, Demographic Services Center, Vintage 2013 Population Projections

## Percent of Projected Population Ages 60 and Older



Source: Wisconsin Department of Administration, Demographic Services Center, Vintage 2013 Population Projections

## **Opportunities and Challenges**

### ***Volunteer Opportunities***

The increasing demographic of older adults in our community brings much opportunity. The availability of more retirees interested in participating in volunteer opportunities where they can use their skills and talents is an opportunity that has a lot of potential. On average, Eau Claire County's ADRC already receives over 14,000 hours of service from volunteers on an annual basis. This is the equivalent of having **7 additional full-time employees**. We know that the funding necessary to keep up with the increasing demand on services isn't likely to increase so we are going to need to find creative means to keep up. One way is to use the time and talents of older adults interested in giving back. One of the many examples of this is using retired nurses and pharmacists during Medicare open enrollment.

One of the primary program areas for volunteers is the delivery of home delivered meals. However, we receive calls on a regular basis from individuals looking for other opportunities. From assisting with reception duties, clerical assistance to helping to lead health and wellness programming offered by our agency. The opportunities are plentiful and we will need to continue to grow our volunteer program just to keep up with the demand for aging services.

### ***Advocacy***

Baby boomers grew up during a time of dramatic social change. There are many baby boomers that are comfortable advocating for programs and services. Aging units have the opportunity to capitalize on this by encouraging and creating meaningful ways for older adults to have their voices heard. Providing information regularly on legislative issues that may impact older adults is one way to engage boards and committees.

### ***Program Outreach & Awareness***

One theme throughout the public input sessions was the need for more outreach and awareness of the programs and services offered by the ADRC and to older adults in general in our communities. What's in a name? A lot according to the feedback received. From the name of our agency to the names of programs, when we use words like 'aging', 'elder', 'older', etc. many individuals who could be using those programs don't identify that it is for them because they don't see themselves as 'aging', 'elder', 'older', etc. Our strategies for marketing and outreach need to evolve. We need to dedicate time and make a priority of marketing and outreach; especially with our prevention and early intervention programs.

### ***Program Design***

There is certainly not a 'one size fits all' approach to programs and services for older adults. How programs are designed to attract older adults depends on many factors including age and geographic location. For example, a traditional congregate dining site is still something some of our customers wish to attend. On the other hand, we find that the 'younger' senior isn't as attracted to congregate dining in the traditional sense and is

looking for options with more variety, perhaps an intergenerational opportunity as well as flexibility. This variability exists across many program and services.

### ***Prevention & Wellness***

The demand for health promotion and prevention focused programming continues to grow year after year. In 2017, the ADRC offered 38 workshops serving 651 participants. Workshops range from falls prevention, chronic disease management, strength training, healthy eating and caregiving support. Demand for these programs continues to grow and will be necessary to help keep people healthy and independent for as long as possible.

According to the Eau Claire Healthy Communities health data, there are over 2,800 Medicare beneficiaries in Eau Claire County with diabetes. Increasing our capacity to offer Healthy Living with Diabetes workshops, nutrition education and diabetic friendly meals through the senior dining program will be imperative.

Over 27% of Medicare beneficiaries in Eau Claire County have arthritis. The community will need to expand program options to include evidenced based programs such as Walk with Ease which is specifically targeted for adults with arthritis.

It was also evident during the listening sessions that cost is a barrier for individuals wanting to get or stay healthy. Supporting community efforts like the Active Aging Park that is being planned at McDonough Park, is a great solution to the cost and accessibility barriers. The park will be available, free of charge and will be designed specifically with the needs of older adults in mind. It also will provide a great inter-generational opportunity for the community as well.

### ***Caregiver Workforce Crisis***

There is a significant crisis going on in the caregiver workforce. There simply are not enough people to fill the rising demand for caregiving jobs in assisting living and skilled nursing facilities. This crisis will require a multi-faceted approach to solve but Older Americans Act programs play a role in part of the solution. Prevention programs, specifically the home delivered meal program, can make the difference between someone being able to stay in their home or needing to go to substitute care in a facility. Providing a well-balanced, nutrient dense meal that is delivered daily by a volunteer or staff member goes a very long way in keeping someone living in their own home.

Between 2017-2018, Eau Claire County has had two skilled nursing facilities close. The majority of assisted living facilities have waiting lists. Senior apartment complexes for those wishing to downsize also have extensive waiting lists. Caregiver support programs will continue to play an integral role as well in keeping people at home for as long as possible.

### ***Loneliness & Isolation***

Nationally, 28% of people age 65 and older live alone. Loneliness is associated with a higher prevalence of poor health outcomes which also tends to lead to needing long-term care support such as assisting living or nursing home care. Social isolation is also

linked to higher rates of elder abuse including being targeted for scams. In Eau Claire County, the percentage of older adults living alone is higher than the national average at just over 32% making this a local priority for the community. In addition, we heard a lot of comments at the listening sessions about transportation being a major barrier for individuals living in our communities. For individuals that are living alone and already more susceptible to loneliness and isolation, transportation barriers make accessing a solution an even greater challenge.

County	County, City, Town or Village	Total, both sexes, ages 65 and older	Total, both sexes ages 65 and older, living alone	Both sexes, % living alone
Eau Claire County	Eau Claire County	14,136	4,572	32.3%
Eau Claire County	Altoona city	1,136	491	43.2%
Eau Claire County	Augusta city	319	81	25.4%
Eau Claire County	Bridge Creek town	249	34	13.7%
Eau Claire County	Brunswick town	259	38	14.7%
Eau Claire County	Clear Creek town	124	20	16.1%
Eau Claire County	Drammen town	113	14	12.4%
Eau Claire County	Eau Claire city	8,271	3,089	37.3%
Eau Claire County	Fairchild village	80	34	42.5%
Eau Claire County	Fairchild town	87	14	16.1%
Eau Claire County	Fall Creek village	261	92	35.2%
Eau Claire County	Lincoln town	157	34	21.7%
Eau Claire County	Ludington town	182	30	16.5%
Eau Claire County	Otter Creek town	69	10	14.5%
Eau Claire County	Pleasant Valley town	439	54	12.3%
Eau Claire County	Seymour town	457	86	18.8%
Eau Claire County	Union town	442	94	21.3%
Eau Claire County	Washington town	1,412	336	23.8%
Eau Claire County	Wilson town	79	21	26.6%

## 5. Public Involvement in the Development of the County Aging Plan

Please use the [Public Input Report form](#) to explain how you gathered information and ideas from the public prior to developing your plan. Attach completed forms to the plan.

Before submitting the final plan to the Area Agency on Aging (AAA), the aging unit must conduct one or more public hearings on the draft plan. Please use the [Public Hearing Report form](#) to document your public hearings and attach forms to the plan. (See appendix)



public input form  
2019-2021 listening s



public input form  
2019-2021 survey.do



publichearingnotice.p  
df

# Public Input Report

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.



<b>Your County or Tribe:</b> Eau Claire	<b>Your Name and Email:</b> Jennifer Speckien; Jennifer.Speckien@co.eau-claire.wi.us
<b>Type of Public Input:</b> <input checked="" type="checkbox"/> Community Forum or Listening Session <input type="checkbox"/> Focus Group Discussions <input type="checkbox"/> Structured Interviews (with individuals) <input type="checkbox"/> Paper or Internet Survey <input type="checkbox"/> Other (please describe): _____	
<b>Date/s of Event or Effort:</b> April 2, April 4 (x2)	
<b>Number of Participants or Respondents:</b> 55	
<b>Key Issues Discussed:</b> 1) Combating isolation and loneliness among older adults 2) Healthy Aging 3) Dementia 4) Caregiving 5) Access to program and services	
<b>Key Takeaways/Findings:</b>  The continued need for education and outreach about the ADRC and ADRC offerings continue to be an underlying theme.  Transportation barriers continue to be an issue.	
<b>Any Planned Response?</b>  Yes, the draft aging plan tries to address the issues discussed at the listening sessions.	

# Public Input Report

Complete one worksheet for each separate method of public input used. i.e. 12 interviews conducted can be compiled on one sheet.

<b>Your County or Tribe:</b> <b>Eau Claire</b>	<b>Your Name and Email:</b> <b>Jennifer Speckien; Jennifer.Speckien@co.eau-claire.wi.us</b>
<b>Type of Public Input:</b> <input type="checkbox"/> Community Forum or Listening Session <input type="checkbox"/> Focus Group Discussions <input type="checkbox"/> Structured Interviews (with individuals) <input checked="" type="checkbox"/> Paper or Internet Survey <input type="checkbox"/> Other (please describe): _____	
<b>Date/s of Event or Effort:</b> April 1-15	
<b>Number of Participants or Respondents:</b> 196	
<b>Key Issues Discussed:</b> 1) Combating isolation and loneliness among older adults 2) Healthy Aging 3) Dementia 4) Caregiving 5) Access to program and services	
<b>Key Takeaways/Findings:</b>  Community education and outreach needs to continue. Stigmas associated with 'asking for help' need to be addressed as it relates to caregiving. Transportation barriers continue to be a problem.	
<b>Any Planned Response?</b>  Yes, the draft aging plan attempts to address many issues brought up in the survey results.	

## 6. Goals for the Plan Period

11/4/19 Notes

Aging Unit Plan Goals <i>(write at least one goal per focus area per year - add extra boxes as needed – put cursor to the left of the box and click the + sign)</i>	Progress Notes <i>(briefly summarize only those activities completed as of Dec. of each year)</i>	check if completed		
		2019	2020	2021
<b>Focus Area 6-A. Advocacy Related Activities</b>				
The ADRC will coordinate to have a minimum of 4 ADRC board and/or Subcommittee on Older Americans Act Programs members attend Aging Advocacy Day on May 15, 2019.	2 board members, 2-3 ADRC staff attended Aging Advocacy Day May of 2019. Goal Completed  Have advocacy as a standing agenda item for ADRC Board and NAC	X		
<del>In order to increase awareness of community resources and services provided by the ADRC and local organizations in the Chippewa Valley, the ADRC will host a minimum of two information and exchange meetings. These will be done in a variety of capacities including in person, online and video. These will be held quarterly starting in the spring of 2020.</del>	<i>Did complete survey to community partners, low interest so not pursuing this activity further but did attempt. The ADRC is well connected in the community and advocacy is a top priority. Despite the formal information and exchange meetings not happening due to lack of interest, collaboration and information sharing continues. For example, the ADRC assisted LE Philips SC to get the word out about their new expansion with Facebook posts. They are always advocating for affordable housing, health and wellness activities and staying on the pulse of what the community wants and needs to best assist older adults, persons with disabilities and their caregivers. .</i>	X		

<p>In order to increase awareness and utilization of the paratransit program, the ADRC will work with the City of Eau Claire to host a paratransit “signing day”. This will allow for individuals to complete paratransit application on site and submit for quicker review and approval. This will be completed by October 1, 2021.</p>	<p>Betsy, Nutrition Supervisor is working on this in 2021 in collaboration with Augusta SC. Conversations and discussions continue with Augusta SC.</p>			
<p><b>Focus Area 6-B. The Elder Nutrition Program</b></p>				
<p>In order to reach rural areas of the county that are not presently being served and decrease the stigma associated with the program the ADRC will investigate Senior Dining locations that are not in “traditional” settings and determine the number of days per week the site is wanted. The meal site will open by December 31, <del>2019</del> 2020. The goal is to increase overall congregate dining participation by 5%.</p>	<p>Betsy and Linda are talking about this goal. It was discussed at the NAC in September. Looking at Fairfield and some other possible locations, including a restaurant site on the west side were discussed. Will move this goal to 2020. Betsy is meeting with Kelly from Chippewa Cty soon to know where to start. We also discussed the idea of “Pop-up” dining locations at locations such as the local movie theatre, bank, other non-traditional locations.</p> <p>Will check with Mayo D/C planners to be sure they are aware of both the Senior Dining and HDM program so they can promote as well.</p> <p>Changed goal date to December 31, 2020.</p> <p>Fairchild site was added in Jan of 2020 and ~ 25 per week on Wednesdays!! Goal met based on total meals. Changed from twice a month to once week. Very successful and nice community collaboration. We are thrilled to see this location going so well in Fairchild. Thank you for expanding back into this community.</p>		<p>X</p>	

<p>In order to increase participation at the Augusta senior dining site by 5% in 2019, the ADRC will coordinate transportation to and from the dining site one-time weekly beginning no later than July 1, 2019.</p>	<p>This is being done by Dave, transportation coordinator. Betsy will check on participation numbers to see if the goal of increase by 5% was obtained by the end of 2019. <b>Due to COVID this is hard to gauge. On hold for now.</b></p>	<p>X</p>		
<p>The ADRC will conduct a study of both current participants and non-participants about offering special diets as part of the senior dining program by <del>December 31<sup>st</sup>, 2019</del> <b>February 28, 2020.</b></p>	<p>Working on a survey to gather this data, hope to have distributed and compiled by the end of 2019. Will also discuss with d/c planners to see if not offering “special diets” is a barrier to referrals. We are working with 2 UW-Stout Students to analyze at least 3 months of the menus to see if adjustments are needed in order to meet Medically Tailored Meal criteria for Heart Healthy Carb Controlled. Adjustments will be made as needed. Currently CHO choices are started on the menu so persons with diabetes can make informed choices. We are meeting with Group Health Cooperative to see if there is interest in purchasing our meals, and if so, if they would be interested in general diet or medically tailored meals. <b>Changed goal date to February 28, 2020.</b> <b>UW Stout Students completed the Menu Review and identified areas that would need to be modified if we were going to pursue marketing the meals as Medically Tailored Meals. However, based on the demand at this time and the survey results, special diets are not in demand. The local hospitals know that the ADRC doesn’t offer special diets and the I&amp;A counselors are also aware. They do provide options via a handout</b></p>		<p>X</p>	

	<p>for those who need a special diet that the nutr. program is not able to provide. The nutrition program does provide education on the # of CHOs and alternatives for persons with Diabetes on their menus so participants can make informed choices. Additionally, Eau Claire Cty was the first program that utilized the Sustainable Kitchens, back to scratch cooking model, offered thru GWAAR. The chef trained staff on some cooking skills that incorporate scratch cooking vs using mixes. In general, the cooks do cook most things from scratch. Betsy has access to the full cloud bank of recipes from SK and we encourage you to revisit and utilize those recipes.</p>			
<p>In order to improve and enhance the senior nutrition program, the-nutrition staff will solicit feedback and input from participants by delivering home delivered meal routes and visiting the congregate dining sites at least once per month by July 1, 2020. The input obtained will incorporated into an action plan for implementation and evaluated at least quarterly.</p>	<p>The nutrition staff has solicited input in 2019. Input was a strong affirmation of what a great job the nutrition program is doing, they liked food, etc. Still need to develop an action plan for continual quality improvement that will be reviewed at least quarterly.  <a href="#">Progress: developing the Action Plan. Continue visits during this phase. Betsy has been doing this and improvements/adjustments made as identified. Ongoing.</a></p>		X	
<p>The ADRC's senior nutrition program will develop a work skill training program in partnership with an area school district using the central kitchen as a job training site by December 31, 2021.</p>	<p>This is happening now, in 2019, HS students from Fall Creek come to the central kitchen once a week for cleaning and special projects. Ongoing. Consider developing additional work skill tasks that can benefit both the students and the program. So awesome. <a href="#">Not doing during</a></p>	X	X	

	<p>COVID but this was being done very successfully prior to COVID with Fall Creek HS. Wildlands School also reached out and expressed interest in helping, which they did pre-COVID. The hope is to resume working with both schools in 2021 after COVID is well controlled.</p>			
<p><b>Focus Area 6-C. Services in Support of Caregivers</b></p>				
<p>In order to increase caregiver support, the ADRC will increase the Caregiver Café meeting sessions from one time monthly to bi-monthly by January 1, 2019.</p>	<p>This happened starting in Dec 2018 and is working well. Completed Caregiver Café is now being done virtually due to COVID. Also began offering TRUALTA, an online learning portal that supports caregivers. There is also a “Caretaker Corner” in the monthly newsletter highlighting local caregivers that is powerful and provides hope and valuable insights directly from caregivers.</p> <p>Annual caregiver conference was successfully transitioned to a virtual platform in coordination with CVTC! Took place November 2 - 18, 2020</p> <p>Lisa Wells has conducted several virtual learning and support opportunities for caregivers. GWAAR did a virtual nutr. presentation in May and then we did a virtual, hands-on cooking class twice in Oct. Both were well received.</p> <p>Lisa is well connected with the Eau Claire, Standing in the Light Memory Choir. They went virtual in August due to COVID. Lisa also organized a virtual/phone webinar: Making</p>	<p>X</p>	<p>X</p>	

	Spirits Brighter: Happier Holidays for Families Coping with Dementia. Join Dementia Care Specialists and retired chaplain/author/speaker Moira Kneer on Thursday, November 12th from 10:00 – 11:30. Many other presentations and workshops were held as well in 2020.			
In order to continue offering the Powerful Tools for Caregivers class in the spring and fall of each calendar year, the ADRC will identify and coordinate the training of 2 new leaders by September 1, 2020.	2 new leaders were trained in 2019 and each facilitated a class with the current leader. Fabulous! Dana and Sue are working with WIHA to offer virtually. Goal achieved.	X	X	
In order to increase awareness and support of grandparents and other relatives as parents, the ADRC will assist in creating an online resource such as a local Facebook group page where those that can identify with this caregiving role will be able to obtain support and information at their convenience. This new resource will be available by January 1, 2021.	Currently have a Facebook page in the community and the coordinator works with them to share information with the group. 2021goal	X		
In order to increase utilization of caregiver support programs, the ADRC will implement a caregiver mentoring program pairing former family caregivers with active family caregivers for peer to peer support and encouragement. This will be implemented by December 31, 2021 with a minimum of 5 mentoring pairs established.	Planning is well under way; Implementation in process: GIFT is program name. Lisa Wells will do some dementia specific. Dana will keep in mind potential participants from Powerful Tools classes. Paused and still in planning phase. 2021 goal			
<b>Focus Area 6-D. Services to People with Dementia</b>				
In order to increase awareness of issues, concerns and caregiving for those living with Alzheimer’s disease and other related dementias, the ADRC will produce a quarterly e-newsletter to be sent via email to the Eau Claire Chamber of Commerce and other social network opportunities by December 31, 2019.	E-newsletter is now posted as of Jan 2019, doing 3 times a year. Congrats! Goal completed. Lisa Wells has quarterly dementia newsletter. “Ask a Dementia Caregiver Specialist” call/virtual event held twice a month. Promoted in local newspapers and promoted by ADRC. Beautiful example of working collaboratively with Chippewa, Dunn and Eau Claire Counties! Outstanding!	X		

<p>In order to promote awareness of Alzheimer’s disease and other related dementias, the ADRC will coordinate with the City/County Health Department and the UWEC Nursing Program to develop projects on caregiving, living with dementia, awareness/marketing or brain health. At least one collaborative project will be completed by December 31, 2019.</p>	<p>CME event to be held at SHH 11/20. Dr Przybelski from WAI will be presenting. Also encouraging physicians to be dementia champions at this event. Goal completed.</p>	<p>X</p>		
<p>In order to increase understanding, reduce stigma, and help change the way people think, talk and act about dementia, the ADRC will incorporate the Dementia Friends program in collaboration with the Wisconsin Alzheimer’s Institute by December 31, 2019. There will be a kickoff event with media coverage to highlight the new program.</p>	<p>Four Dementia Friends Champion Trainings have been conducted in 2019, three Dementia Friends Info Sessions in 2019. Goal completed.</p>	<p>X</p>		
<p>As the number of people with Alzheimer’s disease and related dementias grows, so does the need for positive emergency interventions. In order to assist family, first responders and/or law enforcement in the event of a medical or behavioral emergency, the ADRC will implement the Purple Tube Project that consists of a crisis/safety plan including contact people, brief medical history, and power of attorney for health care by December 31, 2020 2021. At least one training &amp;/or media event will be held to explain the project.</p>	<p>Working with EMS/Fire Dept and they are reviewing the forms we created to go in the purple tubes and waiting for edits/changes and will continue to move forward this implementation in 2020. These are on hold due to COVID, in progress. Completion date moved back to 2021.</p>			
<p>Frequently a diagnosis of Alzheimer’s disease or other dementia is not listed on the problem list when individuals present to a hospital or clinic. In order to ensure a diagnosis is recognized, the ADRC will partner with the Eau Claire County Dementia Coalition and the Wisconsin Alzheimer’s Institute to engage and educate health care providers on identifying their patients who have a diagnosis of dementia by encouraging them to use a banner in the electronic health record by December 31, 2021.</p>	<p>Discussion is taking place at SHH – dementia coalition members Ann Sadowska, inpatient physical rehab therapy manager is on the hospital committee that is working on this and still plan on implementing in 2021. These are on hold due to COVID, in progress and should be completed by goal date in 2021..</p>			
<p>New goal: Sacred Heart &amp; St. Joes will be trained as a fully Dementia Friendly Hospital. Goal Date: December 31, 2021.</p>	<p>Conversations in progress in how to implement this throughout the entire hospital. These are on hold due to COVID, in progress.</p>			
<p>Family caregivers of people living with Alzheimer’s disease and related dementia often feel stressed and overwhelmed and deny themselves respite. In order for caregivers to get a much-needed break, the ADRC will</p>	<p>Haven’t started this goal yet, still want to pursue but may be delayed to following Aging Plan cycle. These are on hold due to COVID, in progress.</p>			

<p>establish a respite volunteer program that will provide non-medical companionship so the caregiver can have some time away and provide training to volunteers by December 31, 2021.</p>				
<p>Lisa Wells is investigating starting a PodCast working with Volume One. The goal is to complete 8 Podcasts by 12-31-21.</p>	<p>Outstanding goal. This will cast a wider net to raise awareness and increase knowledge about dementia in the community and the supports available.</p>			
<p><b>Focus Area 6-E. Healthy Aging</b></p>				
<p>To increase interest and participation in evidenced based workshops, the ADRC will conduct a general wellness activity by December 31, 2019. Examples include: “Exercising with Arthritis and How to Safely Begin and Exercise Program”, “Healthy Eating and Your Diabetes Risk”, or “Steps to Prevent Falls” utilizing the CDC’s STEADI toolkit.</p>	<p>Pam emailed copies of non-evidence based, yet effective health promotion activities done by ADRC- Barron, Rusk and Washburn (Creative Journaling, Reeling in the Memories and In the Garden Play) follow up with the directors at those agencies if you wish.</p> <p>The ADRC utilized and promoted CDC’s STEADI toolkit.</p> <ol style="list-style-type: none"> <li>1) Help Yourself to Better Health presentation on May 7<sup>th</sup>, 2019</li> <li>2) Let’s Talk about Bladder and Bowel Health presentations for medical providers and general public on December 12<sup>th</sup>, 2019</li> <li>3) Living Better Longer and Tools for Healthy Living presentations for Foster Grandparents Program with CESA 10 on Nov 15<sup>th</sup>, 2019 and Feb 21<sup>st</sup>, 2020, respectively – making healthy behavior change and evidence-based programs.</li> </ol>	<p>X</p>	<p>X</p>	

<p>To meet the diverse needs of older adults, the ADRC will implement a new evidenced based program such as Walk with Ease, Mind Over Matter, or Aging Mastery Program by December 31, 2020.</p>	<p>Implemented Walk with Ease and Mind Over Matter programs in 2019, both in-person classes. They are hosting a presentation for physicians-1-hour presentation. Dr. Heidi Brown is coming to do the workshop with MDs. Tremendous! Look forward to hearing how Dr. Brown’s presentation is received and if it increases attendance at the MOM classes. <i>Walk with Ease is on Hold.</i> Conducting four MOM workshops in 2020, three of them are being done virtually due to Covid-19, offered Wednesdays 10/7, 10/21 and 11/4.</p> <p>The ADRC Conducted a four-part Falls Prevention Webinar Series on Tues, Sept 15 - Oct 6, 2020 to address need for falls prevention as Stepping On workshops were cancelled due to Covid-19. A StrongBodies™ information session was held 9/13 and two full StrongBodies™ virtual classes started Oct and will run 10 weeks! Healthy Living with DB and Living Well virtual classes also being offered Oct. -December.</p>	<p>X</p>	<p>X</p>	
<p>To increase knowledge and understanding of aging issues, the ADRC will collaborate with local public libraries to conduct a “Big Read” program with discussion groups by December 31, 2021.</p>	<p><i>Big Read</i> program is in the planning stages to operate in early 2020 working with the library. Will be a smaller scale now.</p> <p>Working with Augusta, Fall Creek, Fairchild &amp; Eau Claire libraries to implement a county-wide Eau Claire County Community Read in early 2020; a library committee selected <i>A Man Called Ove</i> by Fredrik Backman. Fall Creek Library ‘Read’ is in February, discussion on March 2, 2020, hosting a <i>Living Better Longer</i> presentation in April, and a</p>		<p>X</p>	

	<p>new intergenerational pen pal Share Your Story project started in May 2020 in response to COVID to help increase social connectedness. This will be completed in 2021 due to COVID.</p> <p>Augusta 'Read' in March, discussion in April.</p> <p>Fairchild 'Read' in April, discussion on May 26, 2020. Eau Claire 'Read' in January, discussion in February, panel presentation in March, and a program with animals in April 2020.</p> <p>Some of this was completed, smaller platform than initially thought. Due to COVID this was partially completed. Most of the book discussions were completed early 2020 before COVID.</p>			
<p><b>Focus Area 6-F. Local Priorities</b></p>				
<p>In order to reduce loneliness for older adults in Eau Claire County, the ADRC will create a Talking Tree or similar communication network to connect those with similar interests. The ADRC will connect at least 10 individuals by December 31, 2020 based on the interests indicated on a survey.</p> <p>Edited April 2020: In order to reduce loneliness for older adults in Eau Claire County, the ADRC will run a purposeful campaign to get older adults connected to already-existing communication networks such as <i>Well Connected</i>. The ADRC will assist with registration and connect at least 10 individuals by December 31, 2020.</p> <p><a href="https://www.co.eau-claire.wi.us/departments/departments-a-k/aging-disability-resource-center/about-us/monthly-newsletter">https://www.co.eau-claire.wi.us/departments/departments-a-k/aging-disability-resource-center/about-us/monthly-newsletter</a></p>	<p>ADRC created an interest form for the Talking Tree for people who are lonely and homebound. They have found a few people who are interested in talking, like phone buddies who have similar interests. Timeline will be pushed back to <b>December 31, 2020</b>. GWAAR is working on a toolkit that can be used to disseminate the program as well. Thank you for sharing your excellent work to date; this will be very helpful as we move forward.</p> <p>Next step to run the interest form by Corp Counsel and get it out to potential participants. The ADRC has run this on Front page of the newsletter and have had some folks but not reached the 10 yet to date. Betsy will add to facebook page to see if that helps increase</p>	<p>X</p>	<p>X</p>	

	<p>utilization of this excellent national, free resource that can be accessed by phone or virtually.</p> <p>Now have a social isolation handout linked on the ADRC Resource page of the website that is part of the Campaign. "Social Impact of Isolation &amp; Exploring Options for GETTING CONNECTED". Excellent resource!</p>			
<p>In order to reduce social isolation among older adults in Eau Claire County, the ADRC will collaborate with a local movie theater in hosting a classic movie viewing or local arts venue such as the Pablo Centre, followed by an organized discussion. The ADRC will coordinate two viewings, with 25 attendees each, in the year 2020.</p>	<p>Was working with Micon Cinema and they stopped responding. Emily was communicating and need to do during the day looking at the one by Festival. Will be having ADRC commercials in the theatre. Consider doing a Senior Dining Pop Up site in addition to the movie. Please let me know if you need help planning the menu; it would be great to pilot this.</p> <p>Conversations with the theatre owners trailed off, will reach out again to see if we can use their main theatre with good parking, not the downtown Budget theatre as they had proposed before.</p> <p>The ADRC met with and successfully planned the first showing was scheduled for June 19, had multiple meetings and had great collaboration, flyers out, look June or May's newsletter. Much legwork has been done and hopefully the theater will survive the stress of COVID and this can be accomplished in 2021. Thank you for your innovation and outside the box thinking!</p>			
<p>In order to increase quality of life for Eau Claire County's older adults, the ADRC will partner with the Eau Claire Humane Association and/or Bob's</p>	<p>Send information about the Banfield Grant</p>			

<p>House for Dogs to connect lonely seniors with visits to these agencies for petting/walking the animals. Transportation will be provided with the ADRC van for scheduled visits 1xmonth. The ADRC will coordinate at least 8 visits December 31, 2021.</p>	<p>Promote via articles for newsletter and social media.... Coordinate a spot light and social media. Research the reason why the dogs come to Bob's House, etc. Help coordinate transportation.  Next Steps:  Will reach out to Humane Association and Bob's House for Dog's to look at feasibility of once/month visits; 3-4 individuals for up to an hour.  Coordinate with Dave, Transportation Coordinator to schedule these if the agencies agree to move forward.  <del>Timeline sped up to December 31, 2020.</del>  In progress but due to COVID moved completion of the goal to 2021.</p>			
<p>New Goal: In order to address social isolation and loneliness, the ADRC will provide education and publicity about the benefits of adopting a pet, considerations for being able to care properly for a pet, and resources such as pet food donations, to help individuals that are interested and able. Complete by 12-31-21.</p>	<p>June is National Adopt a Pet Month. June 2021 will be a month-long awareness campaign about adopting a pet if able. Newsletter articles, social media etc. This is still scheduled for June of 2021. There will be a front-page article in the newsletter, social media posts and several efforts to help with pet food donations, education, plug for local resources in the community.</p>			
<p>In order to increase efficiency and streamline processes, the ADRC will create an online contact us form on the ADRC website specific to outreach. This will allow the ADRC to have a single point of contact for community organizations and individuals to request presentations, events, etc. This will be completed by October 1, 2020.</p>	<p>Completed and is active on the website. Excellent!</p>	X		
<p>In order to engage the community, the ADRC will implement a "Let's Go Live Series" utilizing social media in real time on a monthly basis. This will</p>	<p>Completed in Jan of 2019 and the ADRC continues to have live social media and will ramp up once outreach coordinator hired depending</p>	X		

highlight events, resources and ADRC staff. This will be implemented by January 31, 2019.	on budget. Ongoing. Hope to reach larger audience with these activities.			
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**. Coordination Between Titles III and VI**

If the county includes part or all of a federally recognized tribe or is home to a significant population of tribal members, describe how the County and Tribal aging units will work together to coordinate and ensure the provision of services to tribal elders. Provide a narrative describing collaboration efforts and goals for each year of the plan.

**Progress notes to be completed during self-assessment process.**

Provide goals for each year of the plan.	Progress Notes	2019	2020	2021
N/A				

**2019 Brag**

- Utilized Central Kitchen to cater some county events to bring in additional revenue. Consider adding a boxed salad for purchase by county employees that will be sold at cost to benefit the employees by offering a healthy meal option as well as generating revenue for the central kitchen.
- Had a significant change in leadership in 2019 and regrouping, this will entail some reorganization- will send new org. chart.
- Two hands on Cooking Classes for Caregivers with Dementia completed in September of 2019 in collaboration with CVTC. Outstanding feedback. ~9 people attended. Hope to offer again in 2020.
- Working with GWAAR-In Discussion with Group Health Cooperative for purchasing meals and other ADRC Services.

**2020 Additional Highlights:** (This is not a comprehensive list, the stellar staff at the ADRC are leaders in the state and highly respected. This is a sampling of their outstanding work.)

- During COVID continued 5 days a week hot meal and added frozen meals to assess food security needs, called all HDM and Cong. Extra shelf-stable meal that they worked with Feed My People. Increased meals overall. Fridays are busy with extra frozen meals for the weekend. Doing extra advertising for MOWs on City Buses and in the Senior Review, Facebook and other venues.
- They have done targeting MOWs. Send an ad to LE Phillips SC highlighting MOWs.
- Collaboration efforts, doing meals twice a week for Positive Avenues, drop-in center for people with mental health issues. The contract is for 60-70 meals twice a week. This is part of the emergency management stuff to help the community.
- Highest meal 525 and average 430 and this includes Chippewa Meals. Every Friday has been 500 plus with 3.5 FTE Staff and volunteers (1-2 per day that come help).
- People love the home cooked meals.
- Purchased 2 trikes for LE Phillips SC that will be housed there they can check out to older adults. They have the option of being motorized and non-motorized.
- Completed a 2-day event Virtual Caregiver Cooking in October.
- Lisa is doing several Caregiver WebEx Webinars on a variety of topics
- Lisa Wells is investigating starting a Podcast working with Volume One, 8 topics. Outstanding!
- With the extra CARES funding helping more caregivers with Respite.
- Lisa Wells and Deb Bruning has really pivoted to virtual platform and are working hard so they continue to offer high level programming. ADD classes, and virtual classes will continue in the future after COVID.
- Deb has a gyn and TV screen set up so she can see the participants and is still working with volunteer leaders, seamless during COVID.
- Updated Website and added a lot more resources on the resource page on open enrollment, videos, etc. The updated website is easy to navigate, eye-catching and very informative. Congratulations, clearly a lot of time and effort went into this upgrade. <https://www.co.eau-claire.wi.us/our-government/departments-and-facilities/department-directory/aging-disability-resource-center>
- Salad Rotation continues and is offered from Grab n Go. This is a great way to incorporate choice into the menu, excellent!
- New contract set up for Music Therapy Program thru caregiver programs. (new Oct. 2020)!
- Lisa Wells has developed a quarterly dementia newsletter.

- Spent a lot of staff time making a COVID FAQ and linking it to the Resource page and Website and it was updated very often. 13-page document and quarterly meetings with other agencies, MCO, IRIS and collaborated thru COVID and shared the resource with other agencies to use. Outstanding!
- Trying to get Grandpads purchased and rolled out. Policies developed. The person will purchase and the ADRC will pay for device and internet the first year.
- The ADRC has developed an entire Social Isolation Resource Guide that is posted on the website. They are tracking who utilizes, outstanding!
- Betsy is working with parks and forest department to get all terrain wheel chairs to be used at Coon Forks Park in Augusta. For our all-terrain wheelchairs we were able to pilot a program at Coon Forks to purchase 2 all-terrain wheelchairs. It allows for easier access on the trails, beaches and down to the water. The parks get regular requests for accessibility and this is one way we can make our EC County parks more accessible to the public. We were authorized to purchase the wheelchairs found at this link up to \$10,000, two of them are about \$5,000. <https://custombeachwheelchair.com/> If it goes over well and they are utilized we hope to expand this program to other parks in our county. Using transportation money from 85.21 funds.

**9. Compliance with Federal and State Laws and Regulations**

On behalf of the county, we certify

ADRC of Eau Claire County  
(Give the full name of the county aging unit)

has reviewed the appendix to the county plan entitled Assurances of Compliance with Federal and State Laws and Regulations for 2019-2021. We assure that the activities identified in this plan will be carried out to the best of the ability of the tribe in compliance with the federal and state laws and regulations listed in the Assurances of Compliance with Federal and State Laws and Regulations for 2019-2021.

KATHERINE STANDISH SCHNEIDER

10/19/18

Signature and Title of the Chairperson of the Commission on Aging

Date

Sue Miller

10/23/18

Signature and Title of the Authorized County Board Representative

Date

## 10. Assurances

The applicant certifies compliance with the following regulations:

### **1. Legal Authority of the Applicant**

- The applicant must possess legal authority to apply for the grant.
- A resolution, motion or similar action must be duly adopted or passed as an official act of the applicant's governing body, authorizing the filing of the application, including all understandings and assurances contained therein.
- This resolution, motion or similar action must direct and authorize the person identified as the official representative of the applicant to act in connection with the application and to provide such additional information as may be required.

### **2. Outreach, Training, Coordination, & Public Information**

- The applicant must assure that outreach activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider trains and uses elderly persons and other volunteers and paid personnel as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider coordinates with other service providers, including senior centers and the nutrition program, in the planning and service area as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that public information activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources designated area agency on aging.

### **3. Preference for Older People with Greatest Social and Economic Need**

The applicant must assure that all service providers follow priorities set by the Bureau of Aging and Disability Resources designated area agency on aging for serving older people with greatest social and economic need.

### **4. Advisory Role to Service Providers of Older Persons**

The applicant must assure that each service provider utilizes procedures for obtaining the views of participants about the services they receive.

### **5. Contributions for Services**

- The applicant shall assure that agencies providing services supported with Older Americans Act and state aging funds shall give older adults a free and voluntary

opportunity to contribute to the costs of services consistent with the Older Americans Act regulations.

- Each older recipient shall determine what he/she is able to contribute toward the cost of the service. No older adult shall be denied a service because he/she will not or cannot contribute to the cost of such service.
- The applicant shall provide that the methods of receiving contributions from individuals by the agencies providing services under the county/tribal plan shall be handled in a manner that assures the confidentiality of the individual's contributions.
- The applicant must assure that each service provider establishes appropriate procedures to safeguard and account for all contributions.
- The applicant must assure that each service provider considers and reports the contributions made by older people as program income. All program income must be used to expand the size or scope of the funded program that generated the income. Nutrition service providers must use all contributions to expand the nutrition services. Program income must be spent within the contract period that it is generated.

## **6. Confidentiality**

- The applicant shall ensure that no information about, or obtained from an individual and in possession of an agency providing services to such individual under the county/tribal or area plan, shall be disclosed in a form identifiable with the individual, unless the individual provides his/her written informed consent to such disclosure.
- Lists of older adults compiled in establishing and maintaining information and referral sources shall be used solely for the purpose of providing social services and only with the informed consent of each person on the list.
- In order that the privacy of each participant in aging programs is in no way abridged, the confidentiality of all participant data gathered and maintained by the State Agency, the Area Agency, the county or tribal aging agency, and any other agency, organization, or individual providing services under the State, area, county, or tribal plan, shall be safeguarded by specific policies.
- Each participant from whom personal information is obtained shall be made aware of his or her rights to:
  - (a) Have full access to any information about one's self which is being kept on file;
  - (b) Be informed about the uses made of the information about him or her, including the identity of all persons and agencies involved and any known consequences for providing such data; and,
  - (c) Be able to contest the accuracy, completeness, pertinence, and necessity of information being retained about one's self and be assured that such information, when incorrect, will be corrected or amended on request.

- All information gathered and maintained on participants under the area, county or tribal plan shall be accurate, complete, and timely and shall be legitimately necessary for determining an individual's need and/or eligibility for services and other benefits.
- No information about, or obtained from, an individual participant shall be disclosed in any form identifiable with the individual to any person outside the agency or program involved without the informed consent of the participant or his/her legal representative, except:
  - (a) By court order; or,
  - (b) When securing client-requested services, benefits, or rights.
- The lists of older persons receiving services under any programs funded through the State Agency shall be used solely for the purpose of providing said services, and can only be released with the informed consent of each individual on the list.
- All paid and volunteer staff members providing services or conducting other activities under the area plan shall be informed of and agree to:
  - (a) Their responsibility to maintain the confidentiality of any client-related information learned through the execution of their duties. Such information shall not be discussed except in a professional setting as required for the delivery of service or the conduct of other essential activities under the area plan; and,
  - (b) All policies and procedures adopted by the State and Area Agency to safeguard confidentiality of participant information, including those delineated in these rules.
- Appropriate precautions shall be taken to protect the safety of all files, microfiche, computer tapes and records in any location which contain sensitive information on individuals receiving services under the State or area plan. This includes but is not limited to assuring registration forms containing personal information are stored in a secure, locked drawer when not in use.

## **7. Records and Reports**

- The applicant shall keep records and make reports in such form and requiring such information as may be required by the Bureau of Aging and Disability Resources and in accordance with guidelines issued solely by the Bureau of Aging and Disability Resources and the Administration on Aging.
- The applicant shall maintain accounts and documents which will enable an accurate review to be made at any time of the status of all funds which it has been granted by the Bureau of Aging and Disability Resources through its designated area agency on aging. This includes both the disposition of all monies received and the nature of all charges claimed against such funds.

## **8. Licensure and Standards Requirements**

- The applicant shall assure that where state or local public jurisdiction requires licensure for the provision of services, agencies providing services under the county/tribal or area plan shall be licensed or shall meet the requirements for licensure.
- The applicant is cognizant of and must agree to operate the program fully in conformance with all applicable state and local standards, including the fire, health, safety and sanitation standards, prescribed in law or regulation.

## **9. Civil Rights**

- The applicant shall comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and in accordance with that act, no person shall on the basis of race, color, or national origin, be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination under any program or activity under this plan.
- All grants, sub-grants, contracts or other agents receiving funds under this plan are subject to compliance with the regulation stated in 9 above.
- The applicant shall develop and continue to maintain written procedures which specify how the agency will conduct the activities under its plan to assure compliance with Title VI of the Civil Rights Act.
- The applicant shall comply with Title VI of the Civil Rights Act (42 USC 2000d) prohibiting employment discrimination where (1) the primary purpose of a grant is to provide employment or (2) discriminatory employment practices will result in unequal treatment of persons who are or should be benefiting from the service funded by the grant.
- All recipients of funds through the county/tribal or area plan shall operate each program or activity so that, when viewed in its entirety, the program or activity is accessible to and usable by handicapped adults as required in the Architectural Barriers Act of 1968.

## **10. Uniform Relocation Assistance and Real Property Acquisition Act of 1970**

The applicant shall comply with requirements of the provisions of the Uniform Relocation and Real Property Acquisitions Act of 1970 (P.L. 91-646) which provides for fair and equitable treatment of federal and federally assisted programs.

## **11. Political Activity of Employees**

The applicant shall comply with the provisions of the Hatch Act (5 U.S.C. Sections 7321-7326), which limit the political activity of employees who work in federally funded programs. [Information about the Hatch Act is available from the U.S. Office of Special Counsel at <http://www.osc.gov/>]

## **12. Fair Labor Standards Act**

The applicant shall comply with the minimum wage and maximum hours provisions of the Federal Fair Labor Standards Act (Title 29, United States Code, Section 201-219), as they apply to hospital and educational institution employees of state and local governments.

## **13. Private Gain**

The applicant shall establish safeguards to prohibit employees from using their positions for a purpose that is or appears to be motivated by a desire for private gain for themselves or others (particularly those with whom they have family, business or other ties).

## **14. Assessment and Examination of Records**

- The applicant shall give the Federal agencies, State agencies and the Bureau of Aging and Disability Resources authorized Area Agencies on Aging access to and the right to examine all records, books, papers or documents related to the grant.
- The applicant must agree to cooperate and assist in any efforts undertaken by the grantor agency, or the Administration on aging, to evaluate the effectiveness, feasibility, and costs of the project.
- The applicant must agree to conduct regular on-site assessments of each service provider receiving funds through a contract with the applicant under the county or tribal plan.

## **15. Maintenance of Non-Federal Funding**

- The applicant assures that the aging unit, and each service provider, shall not use Older Americans Act or state aging funds to supplant other federal, state or local funds.
- The applicant must assure that each service provider must continue or initiate efforts to obtain funds from private sources and other public organizations for each service funded under the county or tribal plan.

## **16. Regulations of Grantor Agency**

The applicant shall comply with all requirements imposed by the Department of Health and Family Services, Division of Supportive Living, Bureau of Aging and Disability Resources concerning special requirements of federal and state law, program and fiscal requirements, and other administrative requirements.

## **17. Older Americans Act**

The applicant shall comply with all requirements of the Older Americans Act (PL 89-73).

## **18. Federal Regulations**

The applicant shall comply with all federal regulations (45 CFR 1321) governing Older Americans Act funds and programs.

## **19. Wisconsin Elders Act**

The aging unit must comply with the provisions of the Wisconsin Elders Act.

Wisconsin Statutes Chapter 46.82 Aging unit.

“Aging unit” means an aging unit director and necessary personnel, directed by a county or tribal commission on aging and organized as one of the following:

- (1) An agency of county or tribal government with the primary purpose of administering programs of services for older individuals of the county or tribe.
- (2) A unit, within a county department under s. 46.215, 46.22
- (3) or 46.23, with the primary purpose of administering programs of and services for older individuals of the county
- (4) A private corporation that is organized under ch. 181 and
- (5) that is a nonprofit corporation, as defined in s. 181.0103 (17).

**Aging Unit; Creation.** A county board of supervisors of a county, the county boards of supervisors of 2 or more contiguous counties or an elected tribal governing body of a federally recognized American Indian tribe or band in this state may choose to administer, at the county or tribal level, programs for older individuals that are funded under 42 USC 3001 to 3057n, 42 USC 5001 and 42 USC 5011 (b). If this is done, the county board or boards of supervisors or tribal governing body shall establish by resolution a county or tribal aging unit to provide the services required under this section. If a county board of supervisors or a tribal governing body chooses, or the county boards of supervisors of 2 or more contiguous counties choose, not to administer the programs for older individuals, the department shall direct the area agency on aging that serves the relevant area to contract with a private, nonprofit corporation to provide for the county, tribe or counties the services required under this section.

**Aging Unit; Powers and Duties.** In accordance with state statutes, rules promulgated by the department and relevant provisions of 42 USC 3001 to 3057n and as directed by the county or tribal commission on aging, an aging unit:

(a) **Duties.** Shall do all of the following:

1. Work to ensure that all older individuals, regardless of income, have access to information, services and opportunities available through the county or tribal aging unit and have the opportunity to contribute to the cost of services and that the services and

resources of the county or tribal aging unit are designed to reach those in greatest social and economic need.

2. Plan for, receive and administer federal, state and county, city, town or village funds allocated under the state and area plan on aging to the county or tribal aging unit and any gifts, grants or payments received by the county or tribal aging unit, for the purposes for which allocated or made.
3. Provide a visible and accessible point of contact for individuals to obtain accurate and comprehensive information about public and private resources available in the community which can meet the needs of older individuals.
4. As specified under s. 46.81, provide older individuals with services of benefit specialists or appropriate referrals for assistance.
5. Organize and administer congregate programs, which shall include a nutrition program and may include one or more senior centers or adult day care or respite care programs, that enable older individuals and their families to secure a variety of services, including nutrition, daytime care, educational or volunteer opportunities, job skills preparation and information on health promotion, consumer affairs and civic participation.
6. Work to secure a countywide or tribal transportation system that makes community programs and opportunities accessible to, and meets the basic needs of, older individuals.
7. Work to ensure that programs and services for older individuals are available to homebound, disabled and non-English speaking persons, and to racial, ethnic and religious minorities.
8. Identify and publicize gaps in services needed by older individuals and provide leadership in developing services and programs, including recruitment and training of volunteers, that address those needs.
9. Work cooperatively with other organizations to enable their services to function effectively for older individuals.
10. Actively incorporate and promote the participation of older individuals in the preparation of a county or tribal comprehensive plan for aging resources that identifies needs, goals, activities and county or tribal resources for older individuals.
11. Provide information to the public about the aging experience and about resources for and within the aging population.
12. Assist in representing needs, views and concerns of older individuals in local decision making and assist older individuals in expressing their views to elected officials and providers of services.
13. If designated under s. 46.27 (3) (b) 6., administer the long-term support community options program.
14. If the department is so requested by the county board of supervisors, administer the pilot projects for home and community-based long-term support services under s. 46.271.
15. If designated under s. 46.90 (2), administer the elder abuse reporting system under s. 46.90.
16. If designated under s. 46.87 (3) (c), administer the Alzheimer's disease family and caregiver support program under s. 46.87.

17. If designated by the county or in accordance with a contract with the department, operate the specialized transportation assistance program for a county under s. 85.21.
18. Advocate on behalf of older individuals to assist in enabling them to meet their basic needs.
19. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.283 (1) (a) 1., apply to the department to operate a resource center under s. 46.283 and, if the department contracts with the county under s. 46.283 (2), operate the resource center.
20. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.284 (1) (a) 1., apply to the department to operate a care management organization under s. 46.284 and, if the department contracts with the county under s. 46.284 (2), operate the care management organization and, if appropriate, place funds in a risk reserve.

(b) Powers. May perform any other general functions necessary to administer services for older individuals.

#### (4) Commission On Aging.

##### (a) Appointment.

1. Except as provided under sub. 2., the county board of supervisors in a county that has established a single-county aging unit, the county boards of supervisors in counties that have established a multicounty aging unit or the elected tribal governing body of a federally recognized American Indian tribe or band that has established a tribal aging unit shall, before qualification under this section, appoint a governing and policy-making body to be known as the commission on aging.

2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall appoint, subject to confirmation by the county board of supervisors, the commission on aging. A member of a commission on aging appointed under this subdivision may be removed by the county executive or county administrator for cause.

##### (b) Composition.

A commission on aging, appointed under par. (a) shall be one of the following:

1. For an aging unit that is described in sub. (1) (a) 1. or 2., organized as a committee of the county board of supervisors, composed of supervisors and, beginning January 1, 1993, advised by an advisory committee, appointed by the county board. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.
2. For an aging unit that is described in sub. (1) (a) 1. or 2., composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

3. For an aging unit that is described in sub. (1) (a) 3., the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

(c) Terms.

Members of a county or tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms. Vacancies shall be filled in the same manner as the original appointments. A county or tribal commission on aging member appointed under par. (a) 1. may be removed from office for cause by a two-thirds vote of each county board of supervisors or tribal governing body participating in the appointment, on due notice in writing and hearing of the charges against the member.

(c) Powers and duties.

A county or tribal commission on aging appointed under sub. (4) (a) shall, in addition to any other powers or duties established by state law, plan and develop administrative and program policies, in accordance with state law and within limits established by the department of health and family services, if any, for programs in the county or for the tribe or band that are funded by the federal or state government for administration by the aging unit. Policy decisions not reserved by statute for the department of health and family services may be delegated by the secretary to the county or tribal commission on aging. The county or tribal commission on aging shall direct the aging unit with respect to the powers and duties of the aging unit under sub. (3).

(5) Aging Unit Director; Appointment. A full-time aging unit director shall be appointed on the basis of recognized and demonstrated interest in and knowledge of problems of older individuals, with due regard to training, experience, executive and administrative ability and general qualification and fitness for the performance of his or her duties, by one of the following:

(a) 1. For an aging unit that is described in sub. (1) (a) 1., except as provided in subd. 2., a county or tribal commission on aging shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors or the tribal governing body that participated in the appointment of the county or tribal commission on aging. 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors that participated in the appointment of the county commission on aging.

(b) For an aging unit that is described in sub. (1) (a) 2., the director of the county department under s. 46.215, 46.22 or 46.23 of which the aging unit is a part shall make the appointment, subject to the personnel policies and procedures established by the county board of supervisors.

(d) For an aging unit that is described in sub. (1) (a) 3., the commission on aging under sub. (4) (b) 3. shall make the appointment, subject to ch. 181.

*Sue Miller*

*10/23/18*

**Signature of Authorized Representative**

**Date**

## 11. Appendices

### Public Hearing 1

<b>County or Tribe: Eau Claire</b>	<b>Date of Hearing: 10-1-18</b>
<b>Location: Augusta SC</b>	<b>Number of Attendees: 11</b>
<b>Summary of Comments:</b>  Present: Sue Miller, ADRC Subcommittee Vice Chair called the public hearing to order at 12:15 pm. Brief review on purpose of the public hearing on the Eau Claire County Aging Plan 2019-2022 and the Wisconsin Department of Transportation 2019 Specialized Transportation Grant. Introduction of all in attendance.  Emily Gilbertson, Aging & Disability Resource Center Assistant Director, reviewed Eau Claire County Aging Plan 2019-2022 goals: Advocacy related activity goals; Elder Nutrition Program; Caregiver support; Services to people with Dementia; Healthy Aging; Local Priorities; Combating Loneliness, Marketing & Outreach. Comments on goals. Interest in expanding nutrition meal sites at neighboring community. Offer transportation to meal sites.  Emily Gilbertson, Aging & Disability Resource Center Assistant Director, reviewed 2019 Specialized Transportation Grant. Application required to receive funding for program to older adults and adults with disabilities. Reviewed Paratransit application process, rural transportation accessible van, recent RFP process with contract awarded to Abby Vans. Process and service improvements to program with ride times and pick up times. ADRC contracts with the Eau Claire City Transit and will send out annual information on provider/rider rights.  Comments on Specialist Transportation Grant. Billing to riders not always timely. Provider/rider rights will be a good reminder to use paratransit. Medical community should be notified if patient used paratransit to get to appointment to communicate with Abby Vans for timely pick up if needed.  Emily reviewed next steps. October 10, 2018, 4 pm public hearing for both plans at LE Phillips Senior Center, Eau Claire, then ADRC Board/Subcommittee and County Board for approval. Plans will be implemented in 2019. Please contact the ADRC with any concerns.  Adjourned at 12:57 pm.	

**How was draft plan altered as a result?**

We made one minor edit to one of our loneliness goals.

## Public Hearing 2

<b>County or Tribe: Eau Claire</b>	<b>Date of Hearing: 10-10-18</b>
<b>Location: LE Phillips SC</b>	<b>Number of Attendees: 16</b>
<p><b>Summary of Comments:</b></p> <p>In Accordance with the provisions of Chapter 297, State of Wisconsin, Laws of 1973, notice is hereby given of the following public hearing:</p> <p>Eau Claire County Aging Plan 2019-2021 and Wisconsin Department of Transportation 2019 Specialized Transportation Grant. Wednesday, October 10, 2018, 4:00 pm, LE Phillips Senior Center, 1616 Bellinger Street, Eau Claire WI.</p> <p>Present: Jennifer Speckien, Marlene Rud, Emily Gilbertson, Stella Pagonis, Becky Hinzmann, Ken King, Ruth Adix, Katherine Schneider, Jason Endres, Sue Miller, Barb Baumgartner, Heather Garber, Carl Anton, Sandra McKinney, Kimberly Cronk, Cindy Tate</p> <p>ADRC Board Chair, Schneider call the public hearing to order at 4 pm.</p> <p>Jennifer Speckien, ADRC Director, reviewed Eau Claire County Aging Plan 2019-2021 focus areas for the plan period, marketing &amp; outreach.</p> <p>Eau Claire County Aging Plan 2019-2021 comments. Lots of goals for number of ADRC staff. Goals have been planned carefully. Good job of putting plan together, are plans prioritized if needed. Creative ideas. Will media be given plan? Will plan be discussed in communities? Will goals/events be collaborated with Pablo Center or local theatres? Big Read goal would be appropriate. Is funding available to meet goals.</p> <p>Emily Gilbertson reviewed the 85.21 Specialized Transportation Grant application. Defined service for older adults and adults with disabilities. The recent RFP addressed transportation concerns, paratransit riders were notified of updates to program.</p> <p>85.21 Specialized Transportation Grant comments. Link updates to ADRC web site. Could participate receive program guidelines when sent transportation survey. Clarification on cost, week day/after hours.</p> <p>Are complaints/concerns addressed, issues resolved by provider. Would like semi annual updates on paratransit program and concerns. Pleased that medical appointment pick up times were reviewed. Quick errand drop off pick up not addressed in RFP. Paratransit program for 60+ individuals. Are future transportation needs looked at. Are there eligibility checks in the program. Caregivers can ride with paratransit rider. Can changes be made before RFP comes up to improve the program.</p> <p>Adjourned at 4:44 pm.</p>	

How was draft plan altered as a result?



You're invited to attend a  
**Public Hearing** on the  
Eau Claire County  
**AGING PLAN 2019-2021 &**  
**2019 SPECIALIZED**  
**TRANSPORTATION GRANT**

**Public Hearing Options Include:**

**When:** October 1, 2018 at 12:15pm  
**Where:** Augusta Community and Senior Center, 616 W. Washington Street  
Augusta

**When:** October 10, 2018 at 4pm  
**Where:** LE Phillips Senior Center  
1616 Bellinger Street, Eau Claire

**Aging programs and services play a major role in the health of our community.** The ADRC of Eau Claire County is undergoing a planning process to determine how best to provide the services that keep older people healthy and independent.

**Specialized transportation, or paratransit,** is an essential program for people with disabilities or who are older and unable to use or access the bus or safely drive.

**We need your input!** Please consider attending one of the above public sessions to provide valuable feedback on the draft aging plan.

To review the draft plan, go to [www.eauclaireadrc.org](http://www.eauclaireadrc.org) or stop by our office for a copy!

**Can't attend a public hearing? No problem! Feel free to call with your comments or submit written feedback by 5:00 pm on October 5, 2018.**

715.839.4735 [adrc@co.eau-claire.wi.us](mailto:adrc@co.eau-claire.wi.us)

## December 2020 Events

Senior Dining sites offering Grab 'n Go meals:

- St. John's Apartments, 815 Chapin St, Eau Claire, Monday through Friday, 11:15 am
- Augusta Senior & Community Center, 616 W Washington St, Augusta, Monday through Friday, 11:30am.
- LE Phillips Senior Center, 1616 Bellinger St, Eau Claire, December 8<sup>th</sup> and December 22<sup>nd</sup> 5:00pm.
- Fairchild Community Center, 121 Farmer Street, Fairchild, every Wednesday, 12:00pm.

November Dementia Virtual Support (online webinar and/or conference call):

- Early Stage Memory Loss Support Group. Wednesday, December 30<sup>th</sup>, 1:30–2:30pm. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.
- Middle-Late Stage Alzheimer's/Dementia Caregiver Support Group. Tuesday, November 10, 1:30–2:45pm. To register contact Paula at [paulajwaincott@gmail.com](mailto:paulajwaincott@gmail.com).
- Coffee Group for Men. Wednesdays, December 2<sup>nd</sup> and December 16<sup>th</sup> 11:00am. To register contact Bob at 414-378-2114 or [beevee6610@gmail.com](mailto:beevee6610@gmail.com).
- Virtual Read Aloud Caregiver Book Club. Tuesday's, October 13-December 15. 1:00-2:00. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.
- Chippewa Valley Virtual Memory Café. Tuesday December 8<sup>th</sup>. 10:00-11:00. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.
- Music Therapy Program for People Living with Dementia. For more information, contact the ADRC at 715-839-4735 or [adrc@co.eau-claire.wi.us](mailto:adrc@co.eau-claire.wi.us)
- Virtual Pizza Party. Monday, December 14<sup>th</sup>. 4:00pm-5:30pm. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.
- Soul-Care for Caregivers. Tuesday, December 29<sup>th</sup> 10:30 am – noon. For more information, contact Paula at [paulajwaincott@gmail.com](mailto:paulajwaincott@gmail.com).

Medicare & You

Virtual meeting via Webex. Wednesday December 16<sup>th</sup> 10:00 am. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.

Strong Bodies

Virtual meeting via Webex. Monday and Wednesday, October 5-December 14 at 8:30am, 11:15am or Tuesday and Thursday, October 6-December 15 at 8:30 am. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.

Strong Bodies Information Session.

Virtual meeting via Webex. Thursday December 3<sup>rd</sup>, 10:00 am. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.

Living Well

Virtual Meeting via Webex. Tuesdays, October 27-December 1<sup>st</sup>. 10:00-12:30. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC 715-839-4735.

Brain and Body Fitness Program

Virtual Meeting via Webex. Mondays and Wednesdays September 14- December 2, 10:00-11:00am. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC, 715-839-4735

Eau Claire Caregiver “Virtual” Café

Virtual Meeting via Webex. Tuesday December 1<sup>st</sup> and December 15<sup>th</sup> , 9-10:30am. Register at [www.adrcevents.org](http://www.adrcevents.org) or call the ADRC, 715-839-4735