# Agenda

# Eau Claire County

# Aging & Disability Resource Center Board Thursday, August 10, 2017, 12:00 Noon Courthouse-Rooms 1301/1302, Eau Claire WI 54703

- 1. Call to order
- 2. Introductions
- 3. Public Comment
- 4. Meeting Minutes: July 13, 2017 / Discussion Action Handout #1
- 5. Chair/Vice Chair Report
- 6. Grandparents Caregiver Support Group presentation
- 7. 2018 Budget proposal / Discussion Action Handout #2
- 8. Transportation
- 9. Nutrition
- 10. Upcoming events Handout #3
- 11. Future meeting agenda items: September 14, 2017
- 12. Adjourn

PLEASE NOTE: Upon reasonable notice, efforts will be made to accommodate the needs of individuals with disabilities through sign language, interpreters or other auxiliary aids. For additional information or to request the service, contact the County ADA Coordinator at 715-839-4710, (FAX) 715-839-1669, tty: use Relay (711) or by writing to the ADA Coordinator, Human Resources, Eau Claire County Courthouse, 721 Oxford Avenue, Eau Claire, WI 54703.

# Aging & Disability Resource Center Board Thursday, July 13, 2017, 12:00 Noon Courthouse-Rooms 1301/1302, Eau Claire WI 54703

Members Present: Tom Christopherson, Ruth Adix, Katherine Schneider, Mary Pierce,

David Mortimer, Sandra McKinney, Audrey Nelson, Carl Anton, Kimberly Cronk

Others Present: Jennifer Speckien, Becky Hinzmann, Marlene Rud, Emily Gilbertson,

Leslie Fijaliewicz, Jack Halbleib, Dawn Garcia, Emily Moore, Jennifer Jako,

Mark Peterson, Dawnelle Horvath, Samantha West

Chair Schneider called the meeting to order at 12 Noon.

Introductions of ADRC Board, staff and others in attendance.

Public Comment.

Dawn Garcia- spoke about impact of health care, and job impact.

ADRC Board meeting minutes June 1, 2017. Motion to approve by Mary Pierce, second by Sandra McKinney. Motion carried.

## Chair/Vice Chair Report

Katherine Schneider – attending mental health training as ADRC representative, there will be an ADA upcoming anniversary celebration.

Youth Transition Services. Dawnelle Horvath, ADRC Options Counselor/Youth Transition, works closely with Department of Human Services and also receives referrals from area high schools and families to assist youth transitioning out of high school qualify for benefits and program.

Nutrition Program position requests. Jennifer Speckien reviewed recommended central kitchen model and Fall Creek site. The food source through partnership with Feed My People with some food supplies through other sources. ADRC staff has had conversations with other county programs who operate a central kitchen with food banks. The Barron County ADRC director and the nutrition supervisor discussed the central kitchen operation in Barron County and cost effective, efficient model. Support and assistance through GWAAR and Sustainable Kitchens will help support and get program off the ground. Positions requests for transition are for 1 full time kitchen manager and 2 nutrition program cook positions. Budget proposal for 2018 central kitchen model is around \$2.00/meal, compared to \$3 and \$6 per meal from current providers. Motion by Mary Pierce, second by Tom Christopherson to approve position requests as presented. Board vote; Tom Christopherson-Yea, Ruth Adix-Yea, Katherine Schneider-Yea, Mary Pierce-Yea, Sandra McKinney-Yes, Audrey Nelson-Yea, Kimberly Cronk-Yea, David Mortimer-Nay, Carl Anton-Yea. Motion carried.

Directors Report. Jennifer Speckien reviewed the Food Service Quality Improvement, innovation fund application submitted, MOWAA grant application, 2017 contract amendments/funding and space needs.

2018 Program Ranking. ADRC Board discussed programs and recommended: 1. Information and Counseling; 2. Nutrition; 3. Transportation; 4. Prevention & Health Promotion; 5. Outreach & Public Information; 6. Public Long-Term Care Programs.

Legislative updates. Katherine Schneider discussed Senate Representative Katherine Vinehout's proposal of SB323 creating a regional transit authority.

The August 10, 2017 ADRC Board will meet at regularly scheduled time, 12 Noon.

Future agenda items: August 10, 2017 – living wage, transportation updates, GAP program, 2018 budget.

Motion by David Mortimer, second by Sandra McKinney to adjourn at 1:40 pm.

Respectfully Submitted,

Marlene Rud, Clerk
Aging & Disability Resource Center Board

Chairperson

# **Aging & Disability Resource Center**

## **Department Mission**

To help older people and adults with disabilities secure needed services or benefits, live with dignity and security, and achieve maximum independence and quality of life.

# **Overview of Expenditures and Revenues**

	2016	2017	2017	2018	2018	%
	Actual	Budget	Estimate	Request	Recommended	Change
Expenditures:						
Personnel	\$1,696,021	\$1,752,331	\$1,743,347	\$1,990,552		
Services & Supplies	865,371	869,962	963,278	731,786		
Equipment	26,477	5,000	62,691	0		
Capital Improvement	0	0	114,000	0		
Total Expenditures	\$2,587,869	\$2,627,293	\$2,883,316	\$ 2,722,338	<b>\$</b> -	3.62%
Revenues:						
Federal/State Grants	\$2,106,235	\$2,123,429	\$2,318,387	\$2,222,062		
Charges & Fees	370,061	360,807	366,174	385,882		
Miscellaneous	0	0	24,000	0		
Fund Balance Applied	7,179	38,663	60,361	0		
Property Tax Levy	104,394	114,394	114,394	114,394		
Total Revenues	\$2,587,869	\$2,637,293	\$2,883,316	\$ 2,722,338	\$ -	3.22%

## **Summary of Budget Changes and Highlights**

New permanent position- Dementia Care Specialist- funded 100% by State and Federal sources.

Fiscal Associate position moved from the Finance Department to the ADRC. No change in overall FTE or fiscal impact as the position has historically been funded by the ADRC.

Implementation of a registration fee for repeat participants of the Strong Bones health promotion program.

Program prioritization change. Transportation is now program priority #3 and health promotion is now program priority #4.

The nutrition program will have a new operational structure for 2018 operating an 'in house' kitchen from Fall Creek.

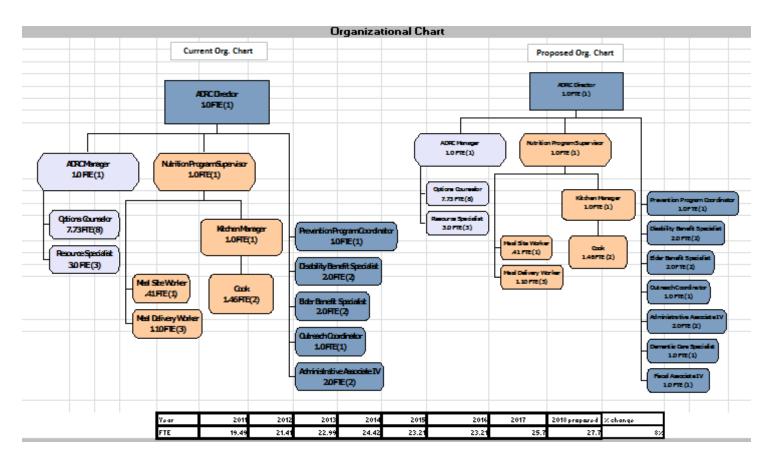
The required minimum levy match for all ADRC grants is \$92,913. The 2018 levy request is equal to the 2017 levy allocation of \$114,394.

The Nutrition Program fund balance is currently \$56,887 as of August 1, 2017. These funds can only be used towards the Meals on Wheels and Congregate Dining programs.

The Transportation Program fund balance is currently \$90,324 as of August 1, 2017. These funds can only be used towards transportation expenses requiring preapproval by DOT.

No funding budgeted for the community agency allocations for the LE Phillips Senior Center and the Augusta Senior Center.

\*2017 miscellaneous revenue listed for \$24,000 is the Innovation Funds awarded by the Committee on Administration.



2018 Requested	Program 1	Program 2	Program 3	Program 4	Program 5	Program 6	
			Transportatio	Prevention & Health	Marketing &	Public Long	
Program/Service	Info & Counseling	Nutrition	n	Promotion	Outreach	Term Care	Totals
Expenditures:							
Personnel	\$979,183	\$341,320	\$23,138	\$203,618	\$172,613	\$270,680	\$1,990,552
Service & Supplies	81,985	322,473	234,586	53,357	37,464	1,921	731,786
Equipment	0	0	0	0	0	0	0
Total Expenditures	\$ 1,061,168	\$ 663,793	\$257,724	\$256,975	\$210,077	\$272,601	\$ 2,722,338
Revenues:							
State & Federal Grants	\$1,032,389	\$270,080	\$214,770	\$242,474	\$191,491	\$270,858	\$2,222,062
Charges & Fees	0	369,432	0	10,500	5,950	0	385,882
Miscellaneous	0	0	0	0	0	0	0
Fund Balance Applied	0	0	0	0	0	0	0
Property Tax Levy	28,779	24,281	42,954	4,001	12,636	1,743	114,394
Total Revenues	\$1,061,168	\$663,793	\$257,724	\$256,975	\$210,077	\$272,601	\$2,722,338
Mandated Service?	Yes	Yes	Yes	Yes	Yes	Yes	·

2017 Approved	Program 1	Program 2	Program 3	Program 4	Program 5	Program 6	
••			Health	Transportati	Marketing	Public Long	
Program/Service	Info & Counseling	Nutrition	Promotion	on	& Outreach	Term Care	Totals
Expenditures:							
Personnel	\$858,549	\$277,080	\$193,717	\$23,955	\$161,112	\$237,918	\$1,752,331
Service & Supplies	100,228	394,899	62,095	258,173	62,361	2,206	879,962
Equipment	5,000	0	0	0	0	0	5,000
Total Expenditures	\$ 963,777	\$ 671,979	\$ 255,812	\$ 282,128	\$ 223,473	\$ 240,124	\$ 2,637,293
Revenues:							
State & Fedearl Grants	\$953,962	\$267,780	\$238,311	\$214,770	\$209,370	\$239,236	\$2,123,429
Charges & Fees	400	352,466	1,086	0	6,855	0	360,807
Miscellaneous	0	0	0	0	0	0	0
Fund Balance Applied	0	19,871	0	18,792	0	0	38,663
Property Tax Levy	9,415	31,862	16,415	48,566	7,248	888	114,394
Total Revenues	\$ 963,777	\$671,979	\$ 255,812	\$ 282,128	\$ 223,473	\$ 240,124	\$2,637,293
Mandated Service?	Yes	Yes	Yes	Yes	Yes	Yes	

		idget Le	evy	FTEs
#1 Information & Counseling	\$1,06	61,168 \$28	8,779	10.80

This program provides a central source of information about a broad range of community resources and benefits of interest to people age 60+ and adults with disabilities of all incomes and their caregivers. ADRC customers are helped to understand the various short and long term care options and benefits available, use their personal resources wisely, and delay or reduce the demand for public funding for services.

for public funding for services.					
	OUTPUTS		•		
	(YTD column = Jan-June results)	<u>2014</u>	<u>2015</u>	<u>2016</u>	YTD 2017
Information & assistance contacts:		10,742	12,294	17,271	8,334
Options Counseling Referrals			1182	1,396	746
Disability Benefit Specialist					
Referrals				326	221
Elder Benefit Specialist Referrals				656	452
Medicare Annual Open Enrollment R	eferrals (October 15 - December 7)	306	313	265	tbd
Nursing Home Resident Contacts		194	205	171	72
Total Number of Volunteers				5	4
Hours Donated by Volunteers		505	399	167	60
Unduplicated number of people recei	ving assistance:	4,149	5,085	5,999	3,227
Contacts for assistance ages 60+ (star	ndard is 1,344):	7,758	8,646	12,858	6,140
Contacts for assistance ages 18-59 (st	andard is 768):	2,984	3,648	4,413	2,151
					YTD
Performance Goal	Outcome Measures	<b>Benchmark</b>	<u>2015</u>	<u>2016</u>	2017
To provide ADRC customers with reliable and objective information so that they can access services and make informed choices about their short and long-term care options.	90% of individuals completing satisfaction survey will report the ADRC met or exceeded their expectations for assistance.	90%		100%	100%
To provide nursing home residents with the information and assistance they need to safely relocate back into the community	We will assist a minimum of 27 nursing home residents in successfully relocating back into the community annually.	27	54	55	<u>-</u> 16
	P	Budget	Levy		FTEs
#2	Nutrition	\$663,793	\$24,281		7.22

This program includes Meals on Wheels delivered throughout the county. Senior dining sites located at the Augusta Senior Center, LE Phillips Senior Center, and St. John's Apartments are included. Additional services that support nutrition are also a part of this program area such as the liquid supplement program and volunteer drivers for Meals on Wheels.

	OUTPUTS				
	(YTD column = Jan-June results)	2014	<u>2015</u>	<u>2016</u>	YTD 2017
Congregate meals served:		7,847	9,200	8,850	4,278
Meals on Wheels delivered:		71,858	69,544	68,785	33,166
People served:		1,354	1,365	1,411	812
Cases of Liquid Supplements distributed:		1,087	1,214	1,384	705
Nutrition Risk Screens completed:		615	688	636	221
Total number of volunteers:				192	203
Hours donated by volunteers:		13,760	13,605	12,934	6,139
Performance Goal	Outcome Measures	<u>Benchmark</u>	<u>2015</u>	<u>2016</u>	<u>YTD</u> <u>2017</u>
To make high quality Nutrition	85% of program participants responding to	85%		96%	tbd

Program services available to eligible individuals, countywide.	semiannual satisfaction surveys will indicate overall program satisfaction as good to excellent.			
W2 TF		Budget	Levy	FTEs
#3 Tra	ansportation	\$257,724	\$42,954	0.08

The county partners with the City of Eau Claire to provide transportation for people age 60+ and adults with disabilities who do not have access to transportation. Rides are provided for medical, nutrition, social, and employment purposes. The program is funded with a WI Department of Transportation grant and levy match.

	OUTPUTS				
	(YTD column = Jan-June results)	2014	<u>2015</u>	<u>2016</u>	YTD 2017
Total number of paratransit trips		21,459	20,365	25,121	10,599
Total number of after-hours trips on	Saturday evening & Sundays	2,697	2,582	3,720	1,539
Total number of out of county trips		263	213	315	62
Total number of rides for people age 60+		8,250	6,969	10,997	6,208
Total number of rides for people with	disabilities	16,169	16,201	17,987	5,992
Total number of volunteers					
Total number of hours donated by vo	lunteers				
Performance Goal	Outcome Measures	<u>Benchmark</u>	<u>2015</u>	<u>2016</u>	YTD 2017
To ensure individuals using Specialized Transportation are satisfied with the service.	90% of users responding to semiannual surveys will indicate they are satisfied to very satisfied with Specialized Transportation services.	90%	90%	94%	92%
		Budget	Levy		FTEs
#4 Prevention	& Health Promotion	\$256,975	\$4,001		2.06

This program includes a variety of prevention and health promotions programs. Evidenced-based prevention classes such as Stepping On, Living Well with Chronic Conditions, Strong Bones, Powerful Tools for Caregivers and Healthy Eating for Successful Living are a part of this program area. Other prevention programs and promotion activities include: in home fall prevention screening and education, memory screening and referral, adaptive equipment loans, respite, and other supportive services such as in-home care or adult day services.

services such as in-home care or adul	t day services.				
	OUTPUTS				
	(YTD column = Jan-June results)	<u>2014</u>	<u>2015</u>	2016	YTD 2017
Total Prevention & Health Promotion	Classes Offered:			35	20
Total Number of Participants in Preven	ention & Health Promotion Classes:	284	370	428	422
Memory Screens Completed:		55	133	44	31
Adaptive Equipment Loans:			237	281	188
Total number of volunteers				16	13
Hours donated by Volunteers		89	491	622	419
Individuals receiving supportive and/	or respite services:	27	61	47	26
1. Older Americans Act funded		7	26	19	9
2. Alzheimer Family Caregiver S	upport Program funded	18	27	14	10
3. Tax Levy Funded		2	8	14	7
Performance Goal	Outcome Measures	<u>Benchmark</u>	<u>2015</u>	<u>2016</u>	<u>YTD</u> 2017
To provide classes, risk screenings,	95% of individuals responding to post class	95%	99%	100%	100%
counseling and education to ADRC	surveys will indicate the information and				
customers in order to promote	education provided met or exceeded their				
healthy practices and increased	expectations.				
quality of life.					

	90% of memory screens indicating risk will be referred to the participant's physician.  95% of adaptive equipment loans will be returned within 90 days.	90% 95%		80%	86% 95%
		D., J.,4	T		ETE-
#5 Outreach	& Public Education	Budget \$210,077	Levy \$12,636		FTEs 2.50

This program promotes awareness of ADRC programs and issues relating to aging and disability including: staff presentations, website, Facebook page, newsletter, resource directory, posters, ads, mailings, news releases, health fairs, and a wide variety of other educational activities. It also includes education presentations such as Medicare & You, Owning Your Future, Final Affairs, The Caregiver Townhall Meeting and more.

	OUTPUTS				
	(YTD column = Jan-June results)	<u>2014</u>	<u>2015</u>	<u>2016</u>	YTD 2017
Staff presentations and educational or	itreach:	134	184	194	98
Number of people attending presentations:		5,143	9,557	6,585	8,507
Newsletters distributed:		24,319	26,151	28,690	14,925
ADRC website hits:		57,089	26,030	27,657	16,540
ADRC Facebook page likes:		252	336	423	428
Total number of volunteers				20	5
Total number of hours donated by volunteers				191	90
Performance Goal	Outcome Measures	<u>Benchmark</u>	<u>2015</u>	<u>2016</u>	YTD 2017
To provide a variety of educational opportunities and informational materials to ADRC customers and professionals who work with ADRC customers.	95% of all scheduled presentations and events will not be canceled due to low participation.	95%	99%	99%	100%

This program includes administering the Adult Long Term Care Functional Screen for people age 65+ and adults with physical and developmental disabilities to determine their functional eligibility for publicly funded long-term care programs: Include, Respect, I Self Direct (IRIS) and Family Care.

#6 Public Long-Term Care Programs

Budget

\$272,601

Levy

\$1,743

**FTEs** 

3.05

	OUTPUTS				
	(YTD column= Jan- June results)	2014	<u>2015</u>	<u>2016</u>	YTD 2017
Total Family Care Enrollments		147	172	248	86
1. Community Link		147	172	170	63
2. Care Wisconsin		N/A	N/A	32	23
Total IRIS Enrollments		37	44	46	30
Medical Assistance Applications the	ADRC Assisted With	191	155	202	87
Performance Goal	Outcome Measures	<u>Benchmark</u>	2015	<u>2016</u>	<u>YTD</u> 2017
To provide functional eligibility determination in an accurate and timely manner.	100% of ADRC staff certified to conduct the functional screen will successfully complete Continued Skills Testing to maintain their certification.	100%	100%	100%	100%
		Budget	Levy		FTEs
	Totals	\$2,722,338	\$114,394		25.71

# **Summary of Requested Addbacks**

	Department	Administrator	F & B Committee
Description	Requested	Recommendation	Recommendation
No addback requested			
Total	\$0	\$0	\$0

Two public listening sessions regarding the 2018 county budget

Thursday, July 27, 2017 • 6:00 pm Village of Fall Creek, 122 E. Lincoln Avenue, Fall Creek

Thursday, August 10, 2017 • 6:30 pm LE Phillips Memorial Public Library, 400 Eau Claire Street (Chippewa Room), Eau Claire

Take the survey www.surveymonkey.com/r/52C3H68

#### Eau Claire Caregiver Café

August 1, 2017, 9:30-11:00 am The French Press Restaurant 2823 London Road, Eau Claire Respite services available. Contact Aging & Disability Resource Center, 715-839-4735

#### Eau Claire Memory Cafe

August 8, 2017, 9:30-11:30 am Chippewa Valley Museum Carson Park, Eau Claire

August 28, 2017, 1:30-3:30 pm St. John's Lutheran Church, Eau Claire

#### Medicare & You

Wednesdays, August 9, 2017, 10 am August 23, 2017, 1 pm Room 1277-Courthouse, Eau Claire. Register at <u>www.adrcevents.org</u> or 715-839-4735

#### Senior Dining Evening Meals

August 8 & 22, 2017, Check in 4:30 pm, dinner at 5:00 pm. LE Phillips Senior Center. Register at 715-839-4735.

#### Friday Facts (last month)

August 11, Technology for Better Brain Health August 25, It's a Wrap!

As of 2012, the Guinness World Record for the tallest sunflower is 27 feet for a sunflower grown in Germany.

#### Medicare.Gov

Tuesday, August 15, 2017, 9:30-11:30 am LE Phillips Senior Center, register at 715-839-4909.

#### Final Affairs

Wednesday, August 23, 2017, 8:00 am – 3:30 pm Dove Healthcare-West Eau Claire. Register by August 16, 2017 at <a href="https://www.adrcevents.org">www.adrcevents.org</a> or 715-839-4735.

#### Living Well with Chronic Conditions

August 16-September 20, 2017, 5:30-8:00 pm, The Wellness Shack, 505 S. Dewey Street, Suite 110, Eau Claire. No charge! Register at www.adrcevents.org or 715-839-4735.

#### Fall Creek Memory Cafe

August 15, 2017, 9:30-11:00 am at Fall Creek Village Hall. Contact Alyson Jones at Fall Creek Library, 715-877-3334.

#### Stand in the Light Community Chorus

Rehearsals begin Thursdays, August 31-November 16, 2017, 9:30-11:00 am. Lutheran Church of the Good Shepherd. Concert Thursday, November 16, 2017, 6:30 pm.

#### NAMI Family-to-Family Class

Wednesdays, September 13—November 22, 2017, 6:00-8:30 pm. Pre-registration is required, 715-450-6484. www.nami.org

#### Stepping On

Tuesdays, September 12-October 24, 2017, 9:00-11:00 am, HSHS Center for Rehab Services, 1109 W. Clairemont Avenue, Eau Claire. Register at www.adrcevents.org or 715-839-4735.



# September 2017

2018 County Budget Survey www.surveymonkey.com/r/52C3H68

#### **2017 Medicare Annual Open Enrollment**

Individual appointments with Aging & Disability Resource Center Benefit Specialist available between October 16—December 6, 2017. Calls accepted beginning September 25, 2017 to set up appointment. Contact the Aging & Disability Resource Center, 715-839-4735.

#### **Senior Dining Evening Meals**

September 5 & 19, 2017, check in 4:30 pm, dinner at 5:00 pm. At LE Phillips Senior Center, register at 715-839-4735.

#### Friday, September 15, 2017

Oakwood Hills, 4316 Oakwood Hills Pkwy, Eau Claire Falls Risk & Balance Screening, 9:30 - 10:30 am Falls Prevention Presentation, 10:30 - 11:30 am

#### Friday, September 22, 2017

Good Shepherd Apartments, 3304 14<sup>th</sup> Street, Eau Claire Falls Prevention Presentation, 1:30 - 2:30 pm Falls Risk & Balance Screening, 2:30 - 3:30 pm

#### Medicare.Gov

Wednesday, September 20, 2017, 9:30-11:30 am LE Phillips Senior Center, register at 715-839-4909.

#### **Augusta Memory Cafe**

September 21, 2017, 9:30-11:00 am at Augusta Fellowship Hall, 218 W. Lincoln, Augusta. Contact Leslie LaRose at Augusta Memorial Public Library, 715-286-2070.

#### **NAMI Family-to-Family Class**

Wednesdays, September 13—November 22, 2017, 6:00-8:30 pm. Pre-registration is required, 715-450-6484. www.nami.org

#### **Powerful Tools for Caregivers**

Thursdays, September 14-October 19, 2107 5:30-7:00 pm, Eau Claire County Courthouse. Rooms 1301/1302. Register by September 8, 2017 at www.adrcevents.org or 715-839-4735.

## **Eau Claire Caregiver Café**

September 5, 2017, 9:30-11:00 am
The French Press Restaurant, 2823 London Road,
Eau Claire. Respite services available. Contact
Aging & Disability Resource Center, 715-839-4735

#### **Eau Claire Memory Cafes**

September 12, 2017, 9:30-11:30 am, Chippewa Valley Museum Carson Park, Eau Claire September 18, 1:30-3:30 pm St. John's Lutheran Church, Eau Claire

#### Medicare & You

Fridays, September 8, 2017, 10 am and September 22, 2017, 1 pm Room 1277-Courthouse, Eau Claire. Register at www.adrcevents.org or 715-839-4735

# **Planning and Preparing for Future Care Needs**

September 28, 2017, 12 Noon – 2 pm Augusta Senior and Community Center. Register at <u>www.adrcevents.or</u> or 715-839-4735.

Special event in honor of Grandparents and Others as Parent Sunday, September 17, 2017, Noon-5 pm at the Children's Museum, 220 South Barstow Street, Eau Claire. FREE Admission to the Children's Museum.

# **Grandparents and Others as Parents (GAP)**

Monthly meeting, September 19, 2017, 6-7 pm. Contact Rae Tipler, 715-225-0404 rae.tipler @yhahoo.com

#### **Stepping On**

Tuesdays, September 12-October 14, 2017, 9:00-11:00 am. Also –Booster Session for any past participant, Thursday, September 7, 2017.